



Key Findings Overview

2022 Weld County Community Health Assessment Survey | Johnstown 04/17/2023

Weld County Department of Public Health and Environment





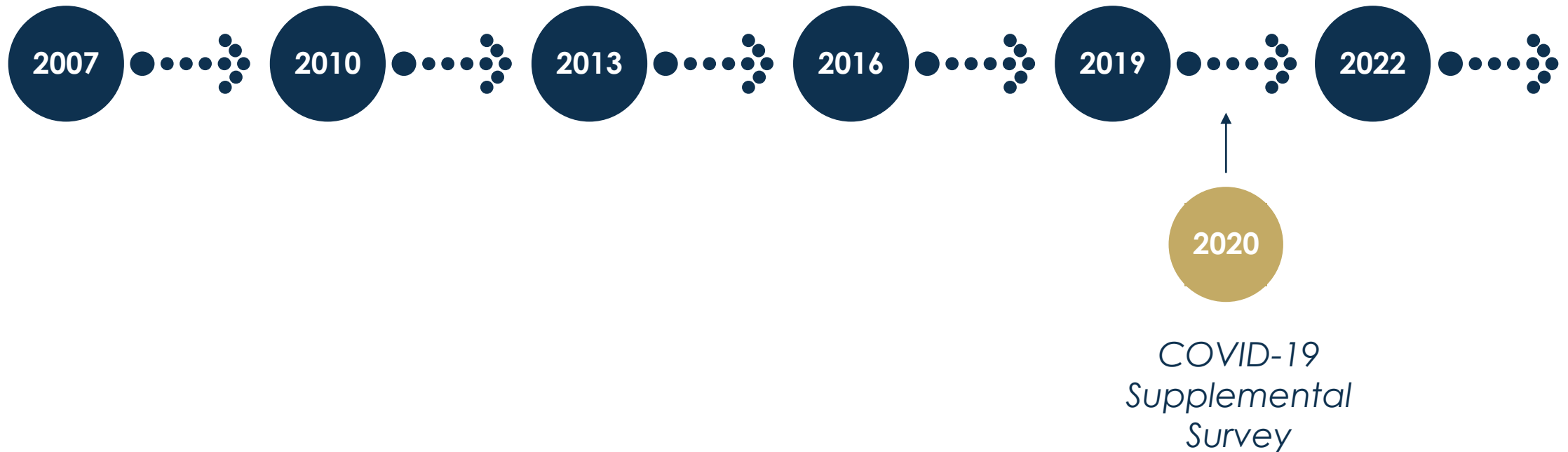
Survey Overview & Methods

What is a Community Health Assessment (CHA)?



- Provides **foundation** to improve the health of a population
- Tells the **community story**
- Identifies **health disparities** among different subpopulations and the factors that contribute to them
- **Supports the community's efforts** to achieve health equity
- Data obtained from a **variety of sources** using various data collection methods

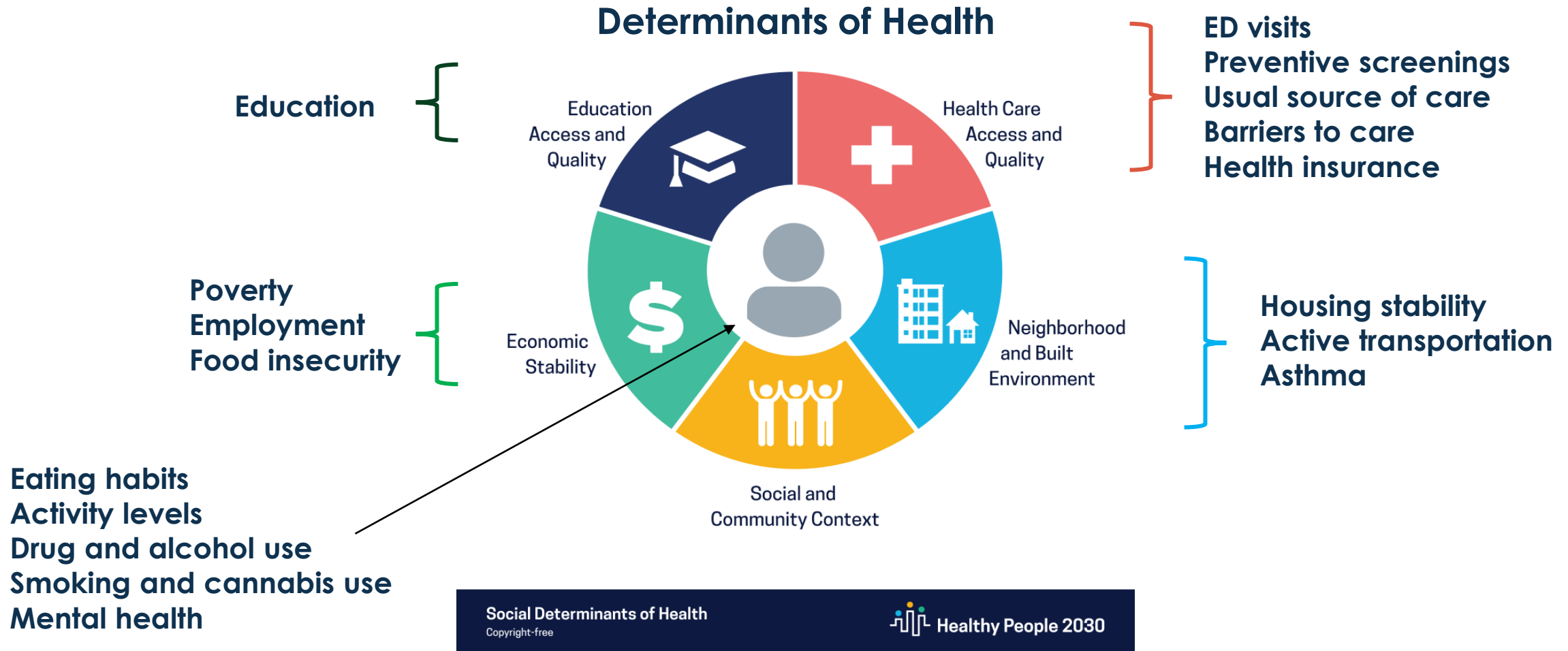
Since 2007, about **15,000** residents have participated in our triennial surveys



All Years - Full Mail Design, Multi-mode



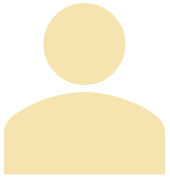
Questionnaire Covers These Areas & More



How is the Weld CHS done?



Randomly selected households



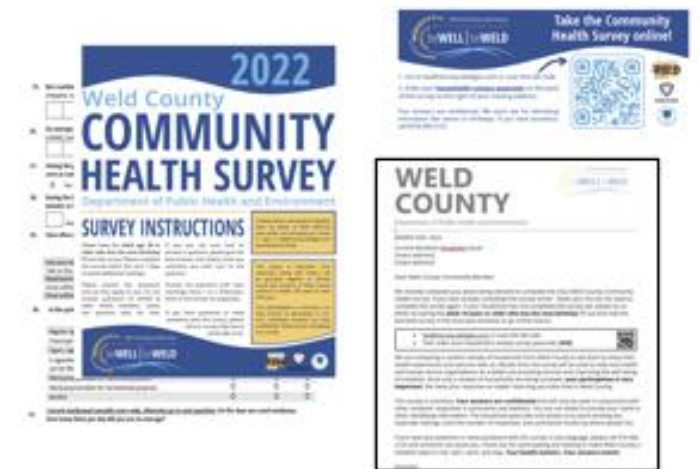
One **adult** (age 18+) per household



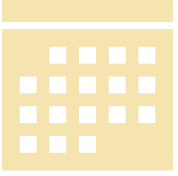
English and **Spanish**



Online and **paper**



How is the Weld CHS done?



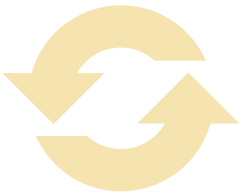
Fielded **May – August** 2022



Tailored responsive mail-based design



Geographic sampling



Repeated mailing waves



Weld CHS Data Collection Method



No incentives used

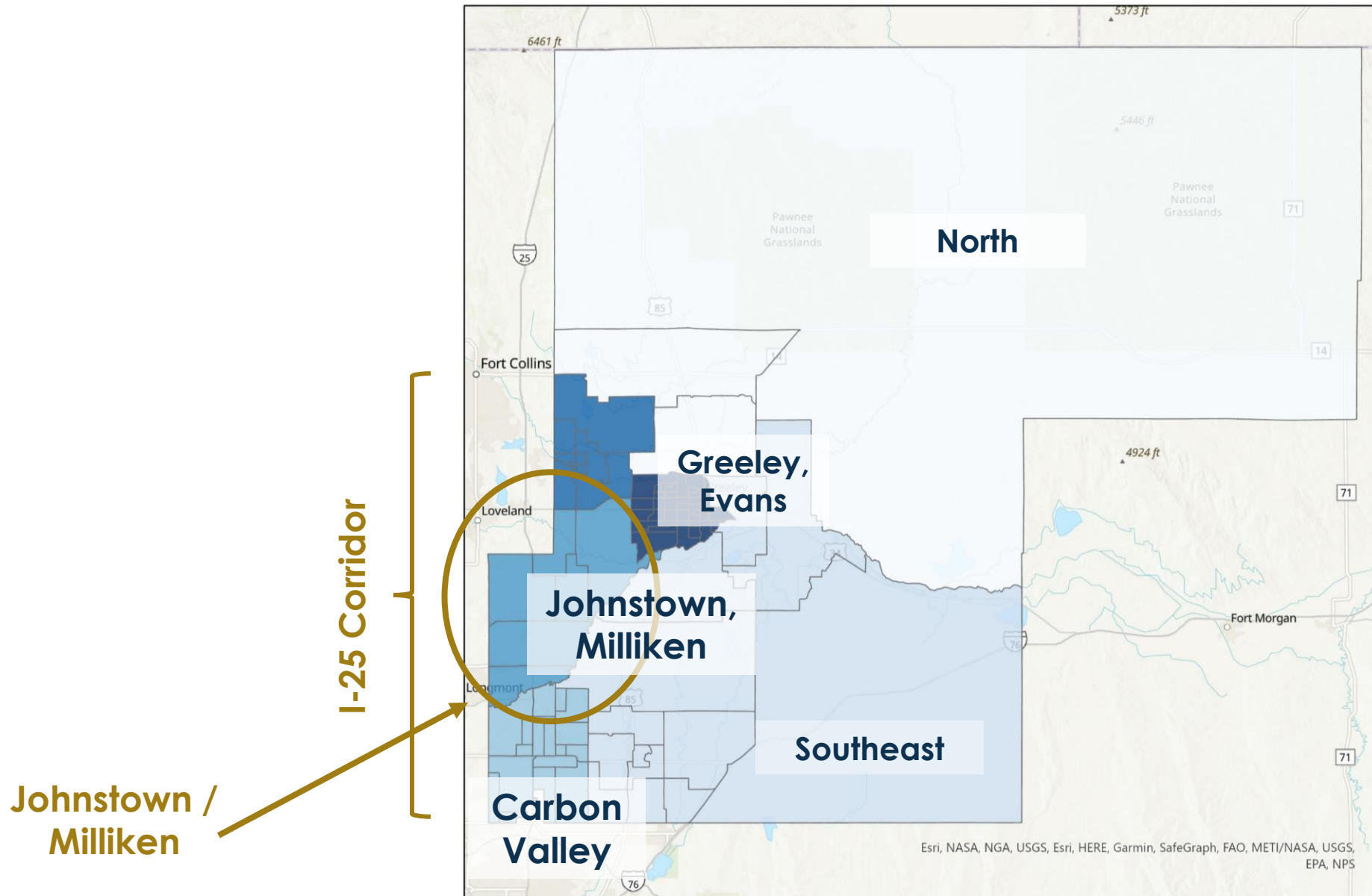


Up to **5** contacts by mail



Overall response rate: **11%**

Region Highlight: **Johnstown/Milliken**





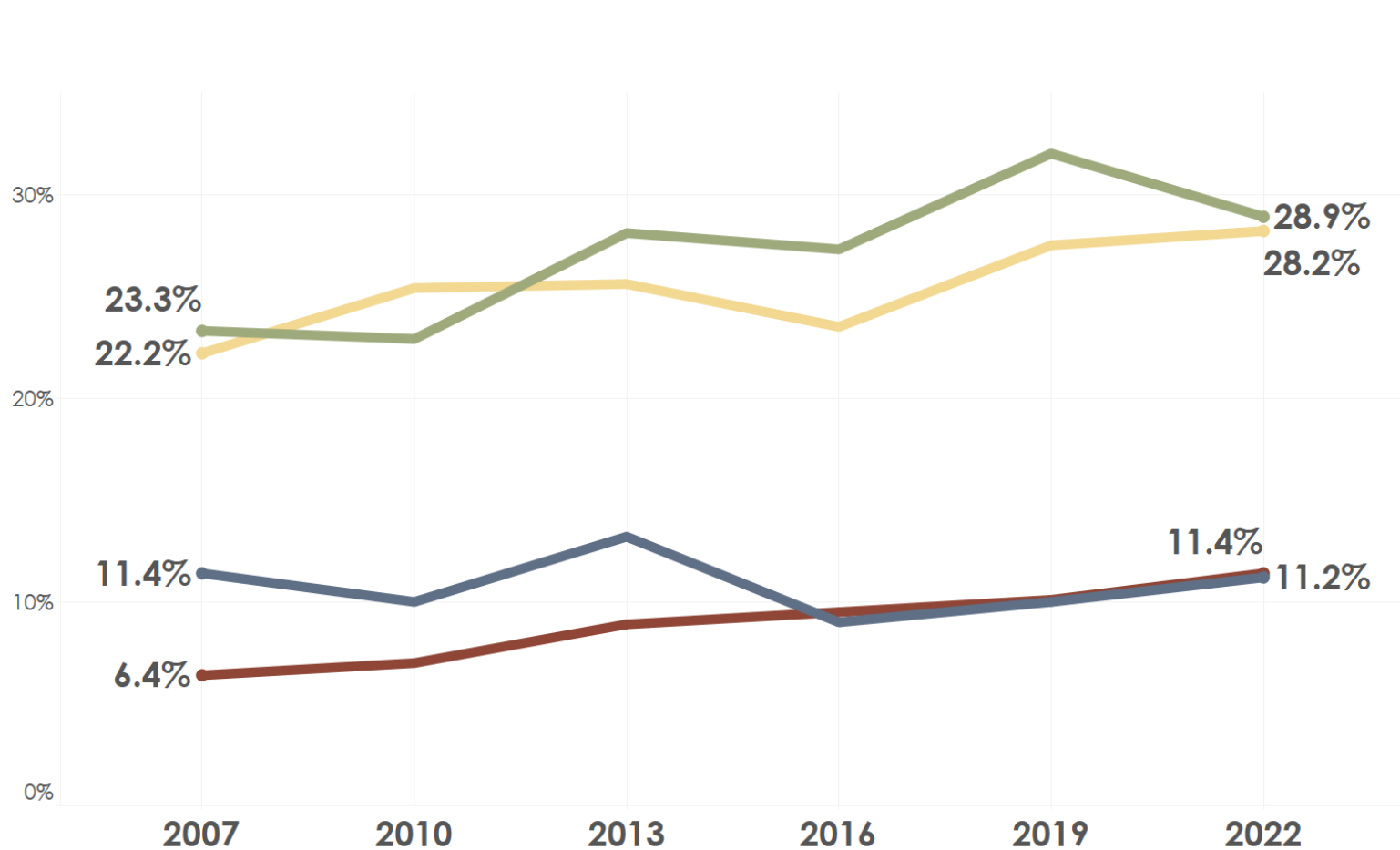
Key Data Findings Preview



Health Status and Conditions

Chronic Conditions & Self-Rated Health

The prevalence of many chronic conditions have increased



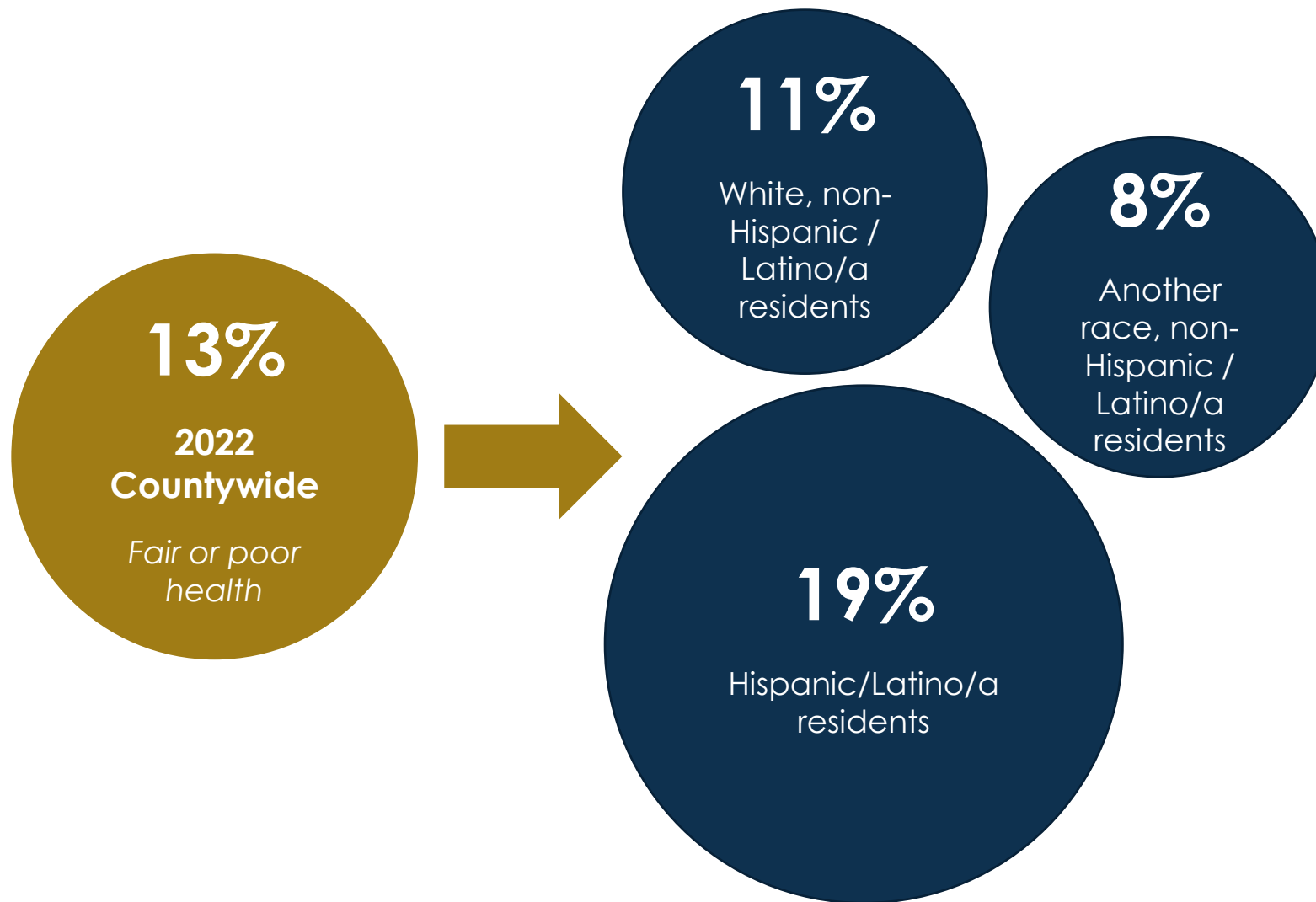
Johnstown/Milliken

23% high blood pressure
24% high cholesterol
13% asthma
4% diabetes

*Not significantly different
from other regions*



Self-rated health has worsened, the gap among Hispanic/Latino/a residents has widened



I-25 Corridor Region*

9% poor or fair self-rated health

*Significantly **better** than Greeley/Evans and rural regions of the county

*No significant difference by Johnstown/Milliken alone; 11%



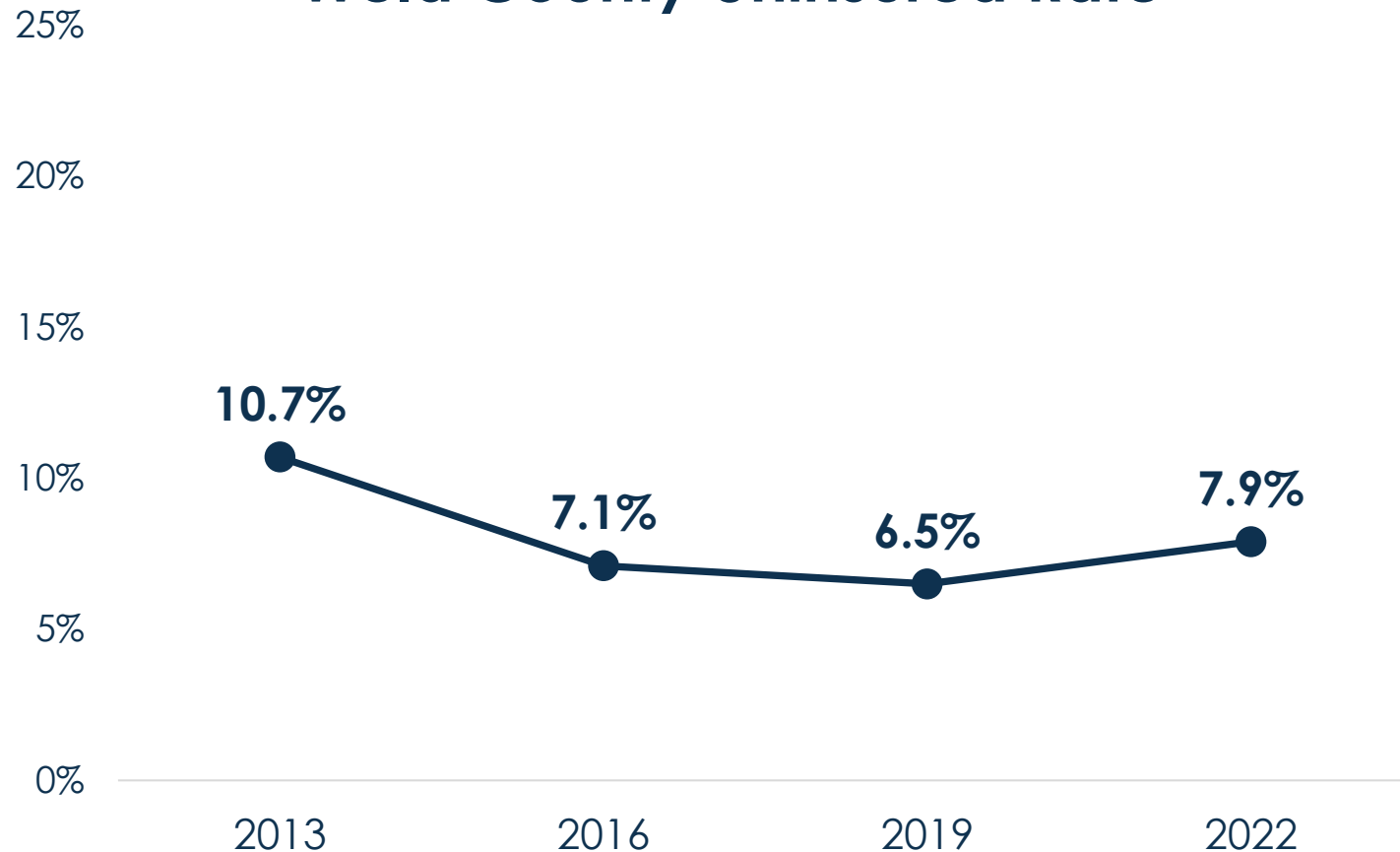


Health Insurance and Use

Health Insurance & Delayed Care

Countywide, 7.9% of adult residents said they did not have health insurance of any kind

Weld County Uninsured Rate



- ↑ 18-34-year-olds (10.7%)
- ↑ Hispanic/Latino/a residents (23.4%)
- ↑ Those with less than a HS diploma/GED (26.7%)

Johnstown/Milliken

6.7% Uninsured

*Not significantly different
from other regions*



Nearly 1 in 3 residents said that they delayed or went without needed health care in the past year

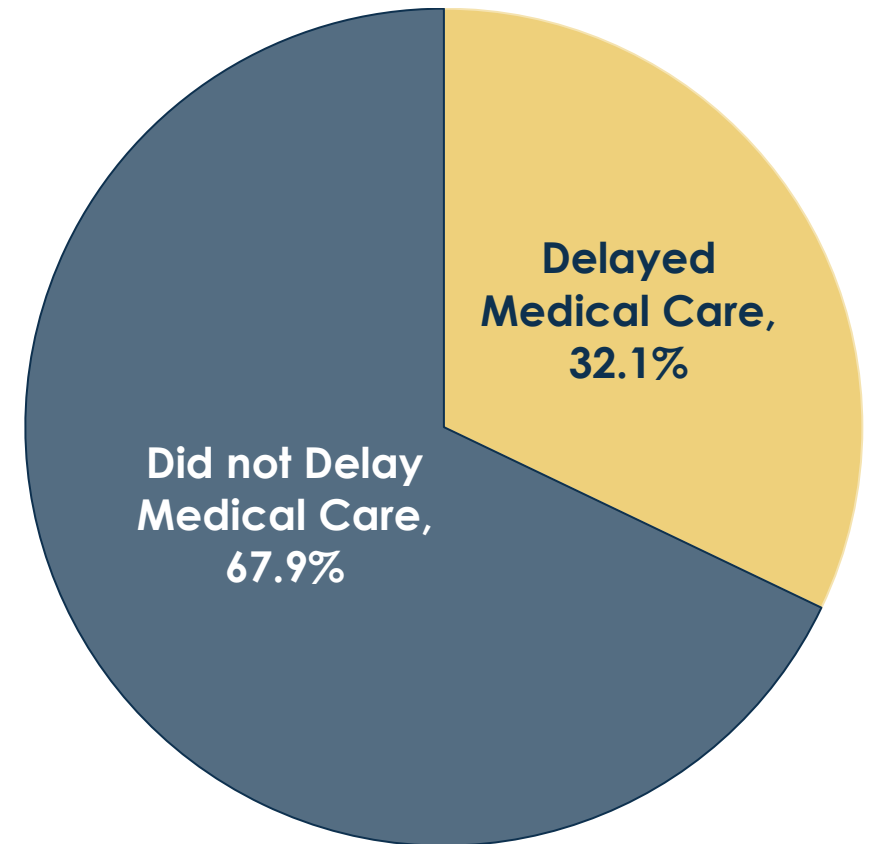
Top reasons for delaying care:

- **Cost** (49.5%)
- **Appointment availability** (36.6%)
- **Time off work** (23.4%)

Johnstown/Milliken

28% delayed or went without needed medical care

Not significantly different from other regions

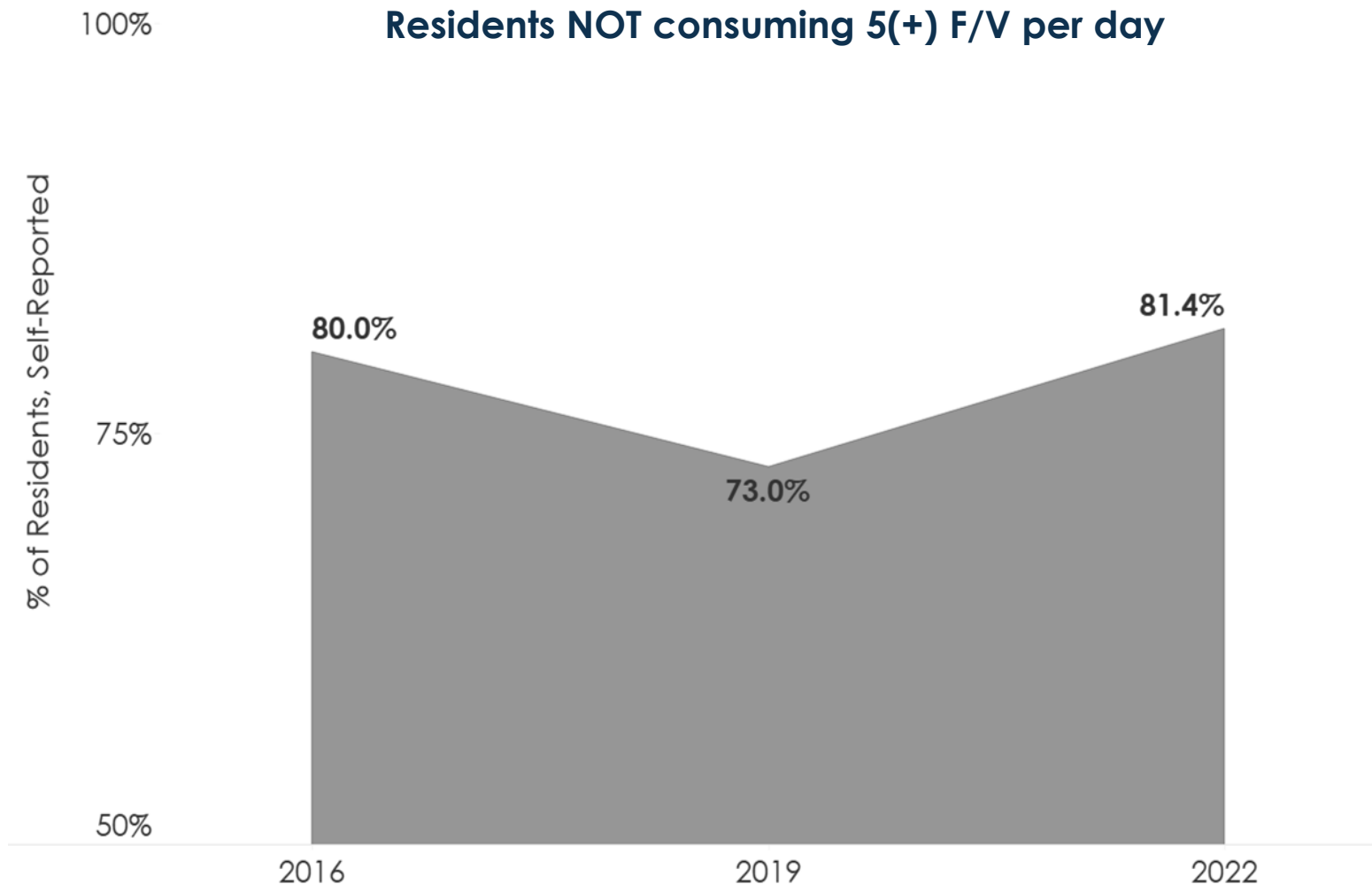




Healthy Lifestyle Behaviors

Fruit/Vegetable Intake, Perception of Walkability

More than 80% of adult residents reported they did NOT eat the recommended number of fruit/vegetable servings per day



Johnstown/Milliken*

87% did NOT meet the 5(+) servings for f/v per day

This was significantly worse than northern region (70%), Carbon Valley region (74%) and Windsor/Severance (75%)

Over **1 in 3** residents reported they were concerned that there aren't enough sidewalks or trails to walk or bike in their community (34%)



Johnstown/Milliken*

40% were concerned that there aren't enough sidewalks or trails to walk or bike in their community

*This was significantly **worse** than northern region (29%) and Windsor/Severance (23%)*



Social-Emotional Wellbeing

Mental Health Treatment, Frequent Mental Health Distress & Resiliency

More residents who reported they needed behavioral health care actually sought treatment

Johnstown/Milliken

61% of those
residents sought
treatment

55%
2019



61%
2022

**Thought they needed care AND
sought treatment**

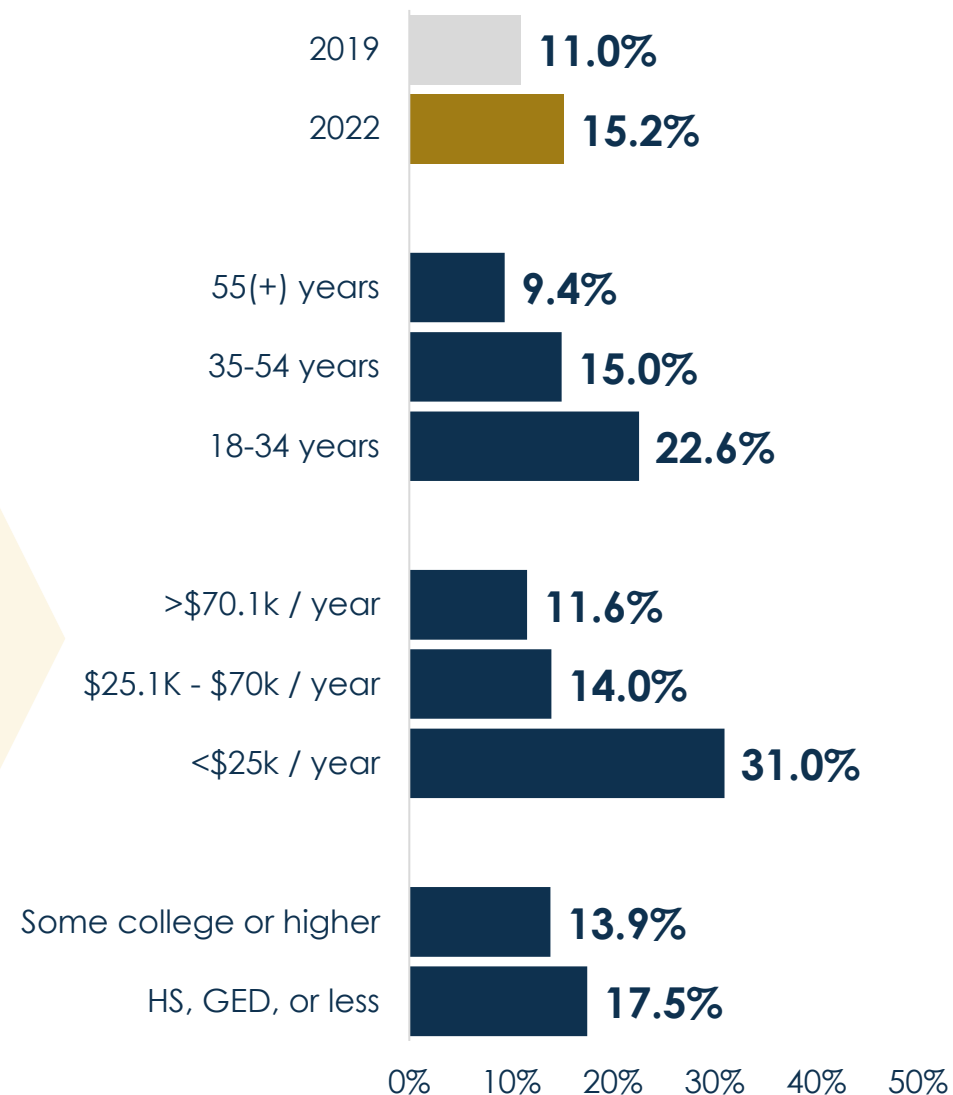


Over 1 in 7 residents (15.2%) reported they had frequent mental health distress

If a resident reported they had 14 or more bad mental health days in the last 30 days → frequent mental health distress

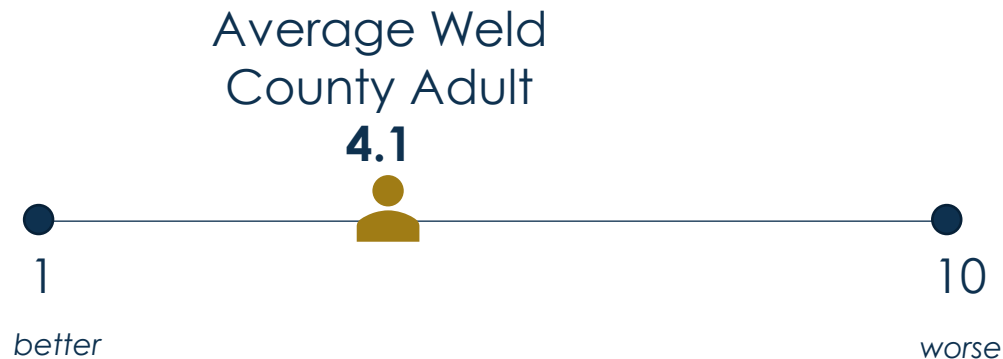
Johnstown/Milliken
18% reported frequent mental health distress

Not significantly different from other regions



Generally, adult residents in Weld County reported they had fair to good levels of resiliency

Stress Resistance

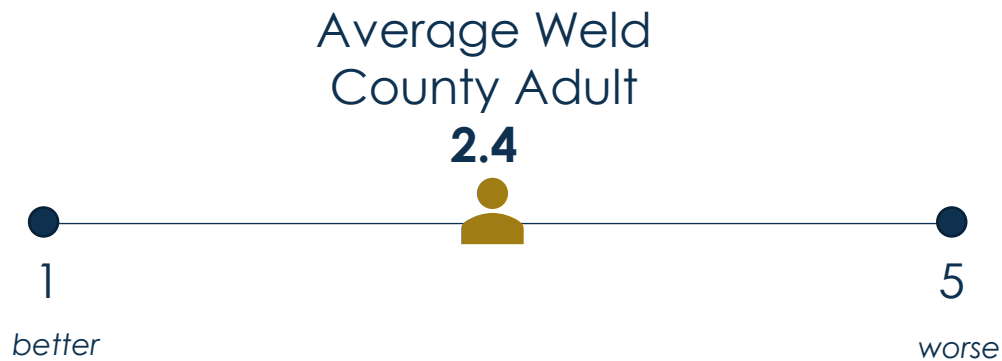


Johnstown/Milliken

3.9 / 10 for stress resistance score

Not significantly different from other regions

Bounce Back



Johnstown/Milliken

2.3 / 5 for bounce back score

Not significantly different from other regions





Risky Lifestyle Behaviors

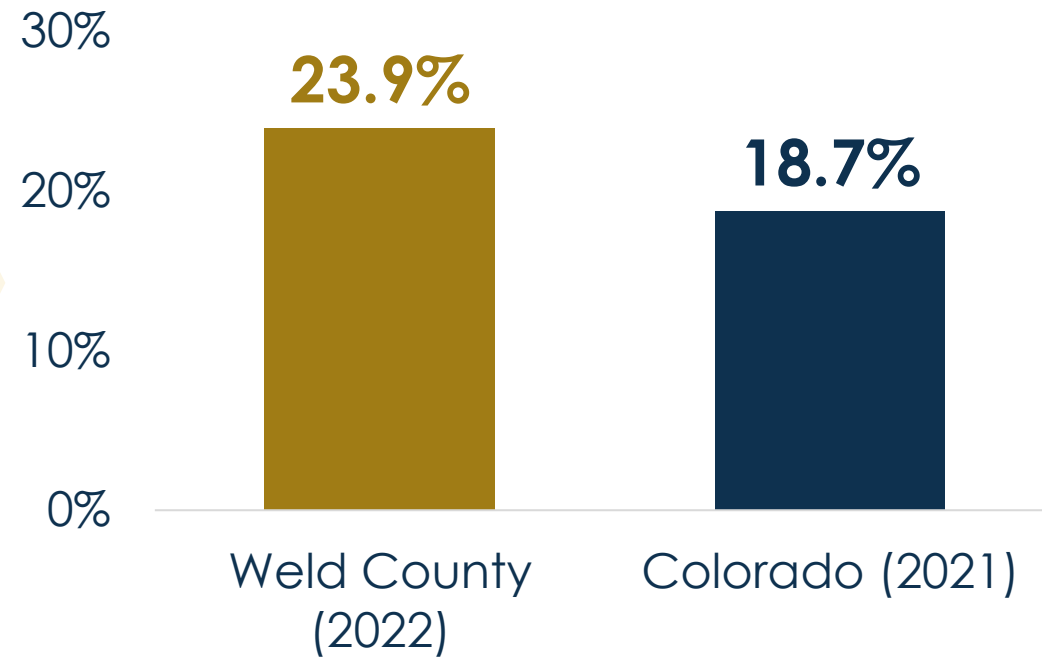
Alcohol & Tobacco Use

Nearly 1 in 4 adults report binge-drinking in the past 30 days, higher than the statewide rate

Johnstown/Milliken
23% reported binge-drinking

Not significantly different from other regions

Adults Reporting Binge-Drinking



About 14% of adults use some form of tobacco and 8% reported cigarette use

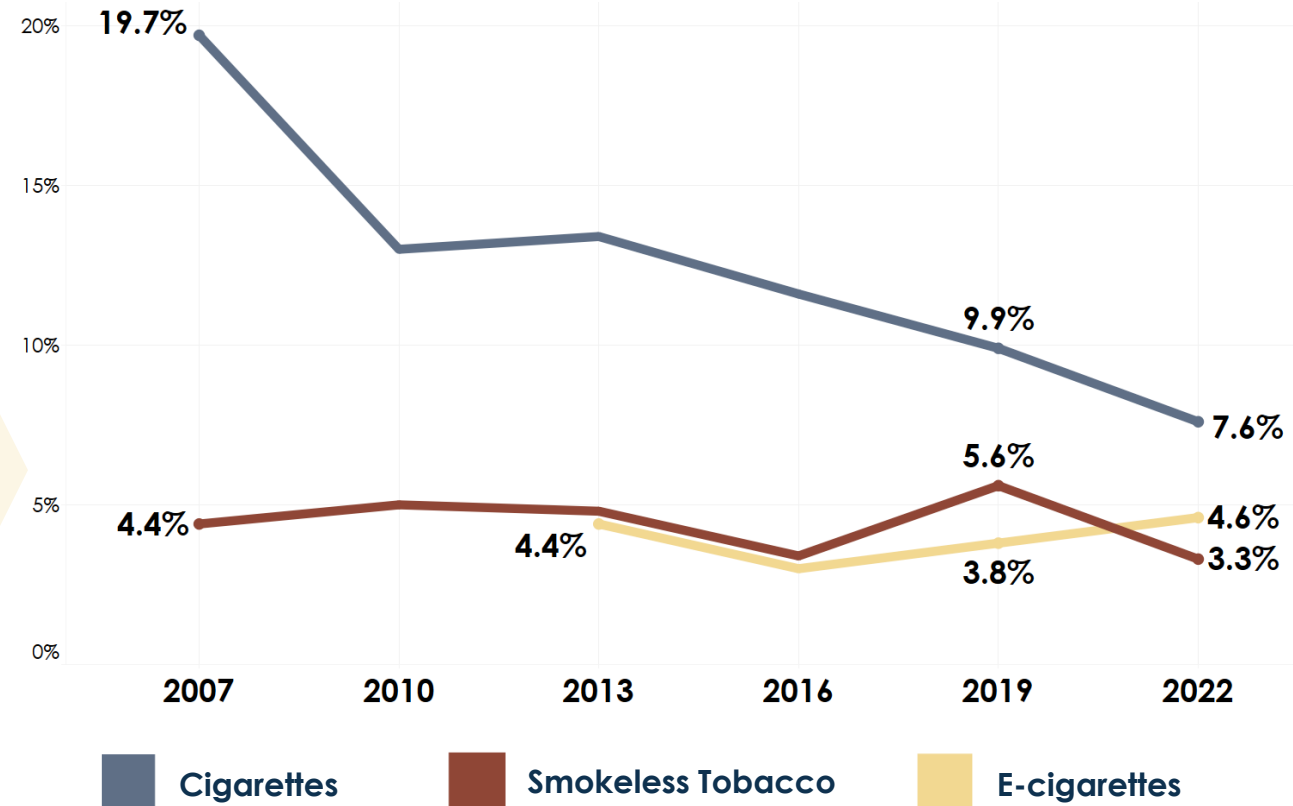
While overall tobacco use has decreased, vaping (e-cigarette) use has increased

Johnstown/Milliken

8% reported cigarette use

Not significantly different from other regions

Trends in Tobacco Product Use

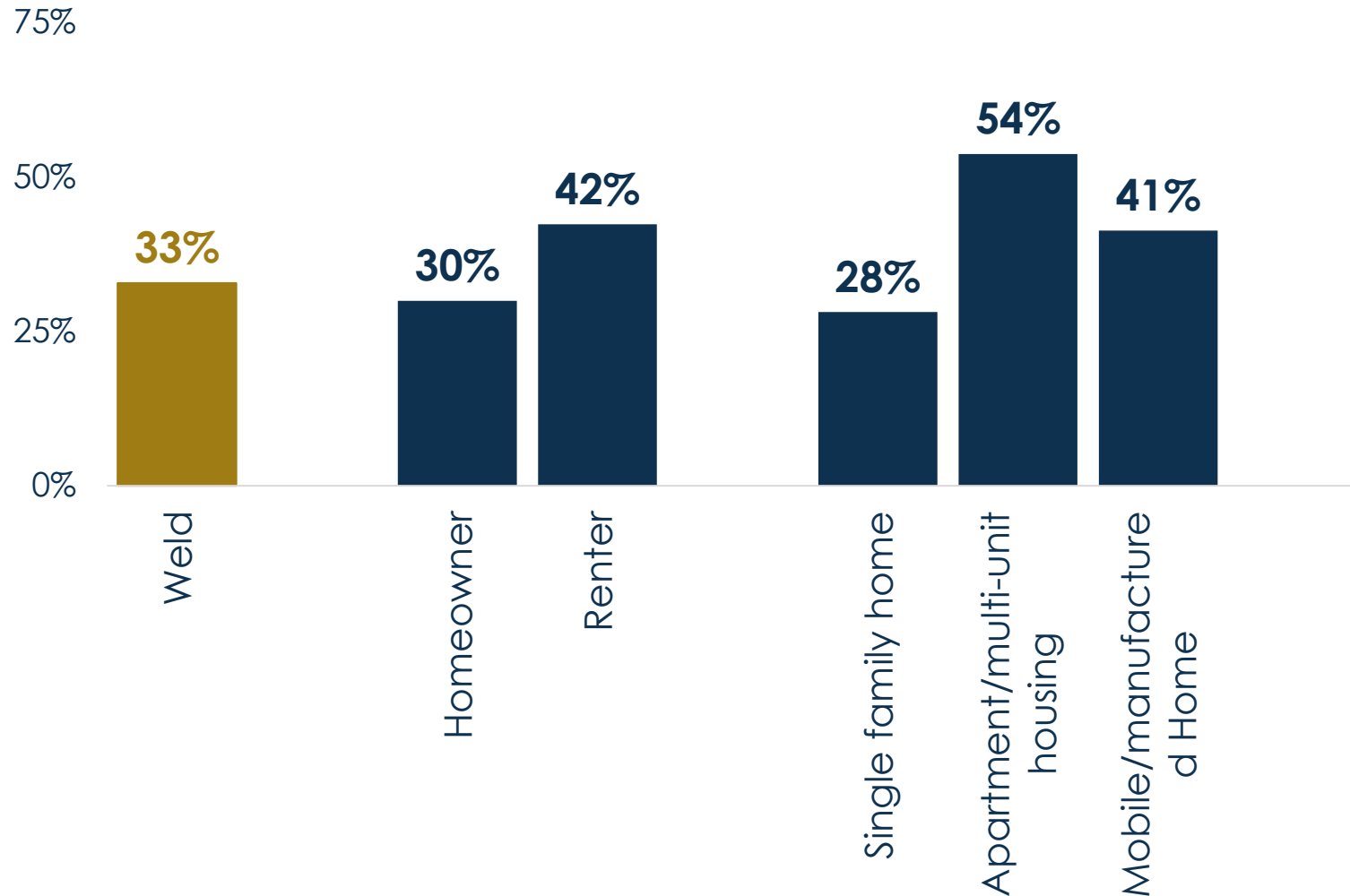




Health and Housing

Housing Instability, Housing Cost Burden

One-third of residents say they spend more than 30% of their income on mortgage or rent and utility payments



Johnstown/Milliken

35% reported housing cost burden

Not significantly different from other regions



I-25 Corridor

38% reported being worried or stressed about paying for housing at least rarely

Not significantly different from other regions



Over **2 in 5** residents were worried about paying rent or mortgage (**44.3%**) at least rarely





Health, Community, and the Environment

Environmental Health Concerns and Air Quality

Weld County Department of Public Health and Environment





Residents' leading environmental concern is **outdoor air quality**

62.2% of Weld County adults are moderately or very concerned

Johnstown/Milliken*

59% reported being worried about the level of outdoor air quality

Significantly **higher than northern region of the count (51%) but lower than Carbon Valley (67%)*



All Environmental Health Concerns Covered in 2022 Survey

Environmental Health-Related Concern	Percent Moderately or Very Concerned
Level of outdoor air quality	62.2%
Pollution from oil and gas operations	51.8%
Disposal of household hazardous waste in landfills	50.7%
Pollution from vehicles	49.0%
Pollution from agricultural operations	40.4%
Exposure to radon in your home	30.9%
Potential rabies exposure for you, your family, pets, or livestock	25.2%

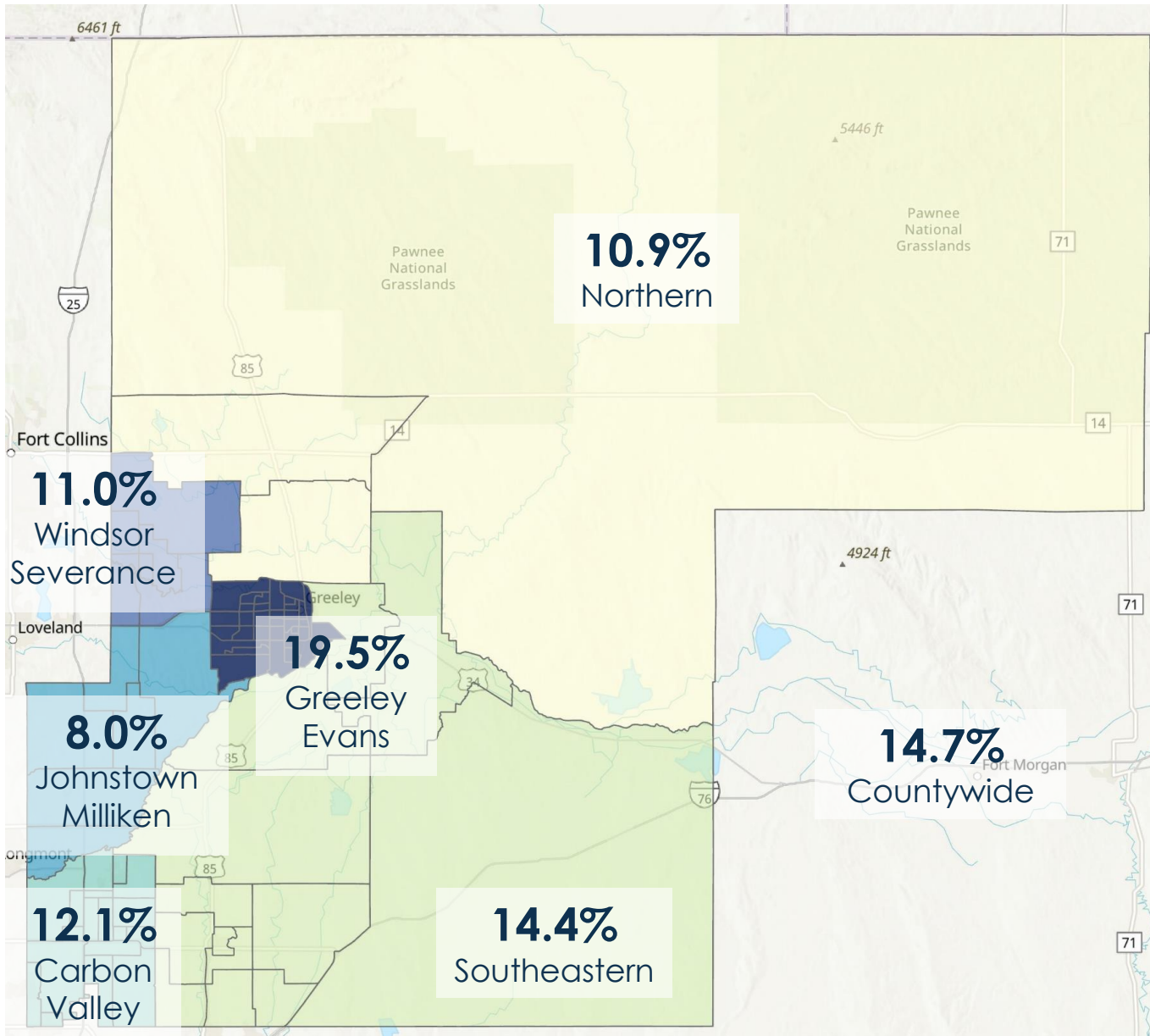


Emergency Preparedness

Need Help in Emergency

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Needing help in an emergency was higher in rural and Greeley/Evans regions of the county; lower in Johnstown/Milliken

Needing help in an emergency included residents who reported they would need help or assistance with evacuation transportation, medical assistance to maintain their health, and/or have medical equipment dependent on electricity



Next Steps & Moving Forward

Next Steps

Key Findings Report

- Report will be available on our website
- Resident comments report
- COVID-19 key findings

Online Data Dashboard

- Filter by topic, question, and see differences by demographic characteristics

Focus Group Findings

- General healthcare access and behavioral healthcare access

Mapping Analyses

- As needed for special analyses





Highlight: Resident Comments

Top Themes

Weld County Department of Public Health and Environment



What are the top three health concerns facing you, your family, and/or your community right now?

1. Healthcare

2. COVID-19

3. Mental health

4. Aging

5. Safety, crime & drugs

6. Air quality

7. Inflation

8. Food



- **WCDPHE website:**
<https://www.weld.gov/Government/Departments/Health-and-Environment>
- **2022 Weld Community Health Survey webpage:**
<https://www.weld.gov/Government/Departments/Health-and-Environment/Data-and-Reports/Community-Health-Surveys/2022-Community-Health-Survey>
- **Leading Health Indicators dashboard:**
<https://www.weld.gov/Government/Departments/Health-and-Environment/Data-and-Reports/Leading-Health-Indicator-Dashboard>



Resources



Thank you!