



**Meeting Name:** Town Council Meeting

**Meeting Date:** February 25, 2026

**Prepared By:** C. Copeland-Rodriguez, Town Clerk

**Item Title:** Proclamation – National Eating Disorders Awareness Week

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**BACKGROUND:**

National Eating Disorders Awareness Week is observed annually to raise awareness about eating disorders, promote early intervention, and reduce stigma associated with these conditions. The observance encourages education, understanding, and access to resources that support prevention, treatment, and recovery.

**DISCUSSION:**

Eating disorders affect individuals of all ages, genders, and backgrounds and can have serious physical and mental health consequences if left unaddressed. Recognizing National Eating Disorders Awareness Week provides an opportunity for the Town to demonstrate its commitment to community well-being, public education, and compassion for those impacted by eating disorders and their families.

Issuing a proclamation helps bring attention to the importance of awareness, support services, and open dialogue surrounding mental and physical health challenges within the community.

**RECOMMENDATION:**

It is recommended that the Town Council approve the proclamation recognizing National Eating Disorders Awareness Week in the Town of Juno Beach.