



Proclamation

Town of Juno Beach of Palm Beach County, Florida

National Eating Disorders Awareness Week 2026

WHEREAS, eating disorders affect 28.8 million Americans or 9% of the U.S. population during their lifetime; and

WHEREAS, eating disorders, including the specific disorders of anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant/restrictive food intake disorder, and other specified feeding or eating disorders, are complex, biologically based illnesses; and

WHEREAS, eating disorders are associated with serious physical health consequences, including irregular heartbeats, heart disease and heart failure, kidney failure, osteoporosis, gastric rupture, tooth decay, obesity, gallbladder disease, diabetes, and death; and

WHEREAS, at least once every 52 minutes, someone dies as direct result of an eating disorder, resulting in 10,200 deaths per year and anorexia nervosa has the second highest mortality rate among all psychiatric illnesses; and

WHEREAS, eating disorders know no boundaries with respect to genders/gender identity, ages, races, ethnicities, body shapes and weights, abilities, sexual orientations, and socioeconomic statuses; and

WHEREAS, eating disorders have a high prevalence amongst active military services members and veterans; and

WHEREAS, the yearly economic cost of eating disorders is \$64.7 Billion with an additional loss of wellbeing per year of \$326.5 Billion; and

WHEREAS, with early detection and intervention, full recovery from an eating disorder is possible; and

WHEREAS, The Alliance for Eating Disorders Awareness, a 501(c)(3) non-profit organization, is a leading, national eating disorders organization, headquartered in the State of Florida, dedicated to the outreach, education, support, and early intervention for all eating disorders.

NOW, THEREFORE BE IT RESOLVED, the Town of Juno Beach, Florida hereby proclaims February 23, 2026 - March 1, 2026 as National Eating Disorder Awareness Week.

PASSED AND DULY ADOPTED this 25th day of February, 2026.

Attest:

Peggy Wheeler, Mayor

Caitlin E. Copeland-Rodriguez, MMC, Town Clerk