

December 1, 2024

City of Independence  
704 13<sup>th</sup> Ave.  
Independence, IA, 50644

Dear Mayor Brad Bleichner,

I am reaching out to you on behalf of the Buchanan County Senior Citizen Center, a vital community resource located in Independence. Our center serves all residents of Buchanan County and plays a pivotal role in enriching the lives of our senior citizens through various daily programs and social activities.

The Buchanan County Council on Aging diligently oversees the internal maintenance and operational costs of our center, while NEI 3A provides the meals and manages the kitchen under a contractual agreement. Last year, we undertook several essential maintenance projects, including installing a new hot water heater, clearing bathroom blockages, upgrading fluorescent tubes to LEDs, and other repairs such as door latches, furnace filters, and a new refrigerator. Additionally, we addressed several structural needs, such as replacing dirty ceiling tiles, repairing doors, and fixing parking lot security lights, which alone cost us \$638. Now, we urgently need to replace the center's sign.

To support these efforts, we organized four fundraisers this year: cookouts hosted by the Pork Producers and the Cattlemen Association, a bake sale, and an ice cream social. While these events have provided valuable funds for our daily maintenance needs, the revenue generated is not sufficient to cover all our ongoing expenses.

We are therefore seeking additional funding to ensure the continued operation and maintenance of the center. Your support would enable us to sustain and enhance our services, allowing us to continue providing a welcoming and functional space for our senior citizens to enjoy their daily programs. Enclosed is an activity sheet that details the type of programs and menus offered.

We sincerely hope you will consider supporting the Buchanan County Senior Citizen Center with a financial contribution of \$1,000. Your assistance would make a significant difference in the lives of many of our county's senior residents.

Thank you for your time and consideration. We look forward to your positive response. Please reach out to me at [dshonka@gmail.com](mailto:dshonka@gmail.com) or my cell at 319-361-4541 with any questions or concerns.

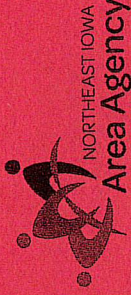
Warm regards,  
Buchanan Country Council on Aging Executive Board  
Don Shonka, President  
Dawn Vogel, Vice President  
Bob Hughes, Secretary Treasurer  
400 5<sup>th</sup> Ave. N.E., Independence, IA 50644

December 2024

Call 319-334-7011  
for reservations!


| SUN | MON   | TUE  | WED  | THU  | FRI  | SAT |
|-----|---|--|--|--|--|-----|
| 1.  | 2.<br>Black Bean Soup,<br>1 Garlic Toast,<br>1/2c Fruit                                       | 3.<br>Saiisburf Beef, 3<br>oz, 1/2c. Mashed<br>Potatoes, 2oz Gravy<br>1/2c Veggie, 1/2c,<br>Fruit, Dinner Roll | 4. 3oz,<br>Roasted Pork Loin,<br>1/2 c. Wild Rice,<br>1/2 c. Fruited Jello,<br>1/2 c. Veggie, 2 oz.<br>Gravy | 5.<br>1 Sausage, 2oz<br>Sauerkraut, Mashed<br>Potatoes, 1/2c, 1/2c<br>Fruit, 1/2c. Veggie<br>1 Dinner Roll | 6. Chicken and<br>Stuffing, 1/2 c. Veggie,<br>1/2 c. Fruit, 1 Dinner<br>Roll, 2 oz. Gravy          | 7.  |
| 8.  | 9.<br>Chili, w/ crackers<br>Cinnamon Rolls,<br>1/2 c. Veggie, 1/2 c.<br>Fruit                 | 10.<br>1 3oz Brat Patty,<br>Hashbrowns 1/2c<br>1/2c. Veggie, 1/2c.<br>Apple Dessert                            | 11.<br>1c. Sloppy Joes 1<br>WW Bun, 1/2 Veggie<br>1/2 c. Hot Fruit,<br>1/2c. Tater Coins                     | 12.<br>Ham & Pasta<br>Hotdish, 1c. 1/2c<br>Fruit, 1/2c. Veggie<br>1 Dinner Roll                            | 13. 1c. Pasta with<br>Meatsauce 3oz.<br>1/2c. Veggie, 3 oz.<br>Peach Dessert                       | 14. |
| 15  | 16. 3 oz.<br>Tater Tot Casserole<br>1 medium Fruit<br>1/2 c veg<br>2 oz dinner<br>roll/butter | 17.<br>Creamy Turkey 1/2c<br>1/2c. Fruit, 1/2c.<br>Veggie, 1/2c.<br>Mashed Potatoes                            | 18. 3oz.<br>Meatloaf, w/ Gravy,<br>Mashed Potatoes,<br>Fruit, 1/2 c Veggie, 2 oz<br>Gravy, 1 Dinner Roll     | 19.<br>Chicken Alfredo 1/2<br>c. 1/2c Fruit, 1/2c.<br>Veggie, 1 Bread<br>stick                             | 20. 3 oz. Baked Fish<br>1/2 c. Fruit, 1/2c<br>Veggie, 1 L. WW<br>Dinner Roll, 1/2c.<br>Baby Bakers | 21. |
| 22. | 23.<br>BBQ Pork Loin,<br>Augratin Potatoes,<br>1/2c. Veggie, 1/2 c.<br>Fruit, 1 Dinner Roll   | 24.<br>Merry Christmas<br>No Meal Service  | 25.<br>Merry Christmas<br>No Meal Service  | 26.<br>Goulash<br>frosted<br>cake<br>1/2 veggie<br>dinner roll   | 27. Chicken Rice Soup<br>4 oz. 1/2c. Veggie,<br>6 Crackers, 1/2c.<br>Fruit,                        | 28. |
| 29. | 30.. 3oz. Chicken and<br>1/2 c Noodles, 1/2 c.<br>Veggie, 1/2 c. Fruit, 1<br>Dinner Roll      | 31.<br>3oz. Beef Stroganoff<br>1/2c Fruit, 1/2c,<br>Veggie, 1 Dinner<br>Roll                                   |  |  |  |     |





# 2024

# DECEMBER

| Sunday   | Monday  | Tuesday                                      | Wednesday  | Thursday   | Friday                                | Saturday  |
|--|---|--|--|--|---------------------------------------|---|
| Senior Center<br> | 2<br>Bingo 12:30  | 3<br>Bingo 12:30                             | 4<br>Potter's Hearing-<br>8:30-10<br>Bingo 12:30 | 5<br>Bingo 12:30   | 6<br>NE Iowa Food Bank<br>Bingo 12:30 | 7   |
| 8  | 9<br>CV Hospice Grief &<br>Loss Group-11 am<br>Bingo 12:30  | 10<br>On site hearing-9:00<br>Bingo 12:30    | 11<br>Bingo 12:30                                | 12<br>Women's<br>Connection<br>Bake Sale 9 am -<br>1 pm<br>Bingo 12:30 | 13<br>Bingo 12:30                     | 14  |
| 15   | 16<br>Health & Wellness<br>365 w/ Kara-11:00<br>Bingo 12:30 | 17<br>Bingo 12:30                            | 18<br>Bingo 12:30                                | 19<br>Christmas Party-11<br>am<br>Bingo 12:30                          | 20<br>Bingo 12:30                     | 21  |
| 22   | 23<br>Bingo 12:30   | 24<br>Christmas Eve-<br>Closed               | 25<br>Merry Christmas-<br>Closed                 | 26<br>Bingo 12:30  | 27<br>Bingo 12:30                     | 28  |
| 29   | 30<br>Bingo 12:30   | 31<br>New Year's Eve-<br>Open<br>Bingo 12:30 | 1<br>Happy New Year-<br>Closed                   |  |                                       | If you have any<br>ideas for more<br>activities please let<br>Missy know!!<br><b>(OVER)</b> |



|   |  |  |  |                           |                |   |
|---|--|--|--|---------------------------|----------------|---|
| 400 5 <sup>th</sup> Ave. NE<br>Meals-12 Mon-Fri |  | Mon-Fri 8 am Men's<br>coffee/treats & play<br>pool |  | Card bingo Thurs-<br>1:30 | 500-Fri's-1:30 | Or you have any<br>ideas for<br>presentations |
|---|--|--|--|---------------------------|----------------|---|

# BUCHANAN COUNTY SENIOR CENTER ACTIVITIES

**Center Address**  
400 5<sup>th</sup> Ave. NE  
Independence  
Meal-12 pm Mon-Fri  
Bingo-12:30 pm Mon-Fri

Call 319-334-7011 for Meal  
Reservations/or with questions! ☎