

December 1, 2025

Brad Bleichner
331 1st St. E.
Independence, Iowa 50644

Dear Mayor Bleichner,

I am reaching out to you on behalf of the Buchanan County Senior Citizen Center, a vital community resource located in Independence. Our center serves all residents of Buchanan County and plays a pivotal role in enriching the lives of our senior citizens through various daily programs and social activities.

The Buchanan County Council on Aging diligently oversees the internal maintenance and operational costs of our center, while NEI 3A provides the meals. Last year, the interior of the building was painted, the handicap door was updated and we installed a new drinking fountain as well as general maintenance. The County Supervisors generously replaced three large windows and a door. This year, our goals are to put new shades on two of the new windows and replace some ceiling tile that are in need of updating.

To support these efforts, we organized three fundraisers this year. Cookouts hosted by the Pork Producers and the Cattlemen's Association and a bake sale. While these events have provided valuable funds for our daily maintenance needs, the revenue generated is not sufficient to cover all our ongoing expenses.

We are therefore seeking additional funding to ensure the continued operation and maintenance of the center. Your support would enable us to sustain and enhance our services, allowing us to continue providing a welcoming and functional space for our senior citizens to enjoy their daily programs. Enclosed is an activity sheet that details the type of programs and menus offered.

The senior center volunteers/participants host holiday parties. Presentations offered by NEI3A in 2025 included the Independence Police Department presenting on fraud and scams; Stroked; Fall prevention; Rural Justice Project; Honeybee's w/ Fontana Park; Weather preparedness; Diabetes; Dementia Friends; Senior Life Solutions w/BCHC; Heart health; Lunch & Learn with a representative from Senator Grassley's office.

We sincerely hope you will consider supporting the Buchanan County Senior Citizen Center with a financial contribution of \$1,000. Your assistance would make a significant difference in the lives of many of our county's senior residents.

Thank you for your time and consideration. We look forward to your positive response. Please reach out to me at dlshonka@gmail.com or my cell at 319-361-4541 with any questions or concerns.

Warm regards,
Buchanan County Council on Aging Executive Board
Don Shonka, President

December INDY KITCHEN MENU

For reservations
319-334-7011
2025

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	3oz. Scalloped Potatoes, 2oz. Ham, 1/2c Fruit, 1/2c Veggie, 2oz. Bread	2-3oz. Brat, 2oz. Bun, 1/2c Veggie, 1/2c Fruit, Dessert	3-3oz. Chicken with 2oz. Pasta, 1/2c Fruit 1/2c. Veggie, 2oz. Bread	4-4oz. Goulash, 1/2c Veggie, 1/2c. Fruit, 2oz. Bread, 2oz. Bread	5-3oz. Beef Stroganoff, 1/2c. Veggie, 1/2c Fruit, 2oz. Bread	6.	
7. Menu Subject to Change.	Milk served with all Meals, 8oz. 1%	8. 4oz. Salisbury Beef, 1/2c Mashed Potatoes, 1/2c Fruit	9. 3oz. Ham Loaf 1/2c. Fruit, 1/2c. Veggie, 1/2c Mashed Potatoes, 2oz. Gravy	10. 3oz. BBQ Chicken, 1/2c. Cubed Potatoes, 1/2c Veggie, 1/2c Fruit, 2oz. Bread	11. 3 oz. Pork Loin, 1/2c Fruit, 1/2c. Veggie, 1/2c. Mashed Potatoes, 2oz. Gravy	12. 3oz. Sloppy Joe, 1/2c. Fruit, 1/2c Veggie, 2oz. Bun, 1/2c. Fries	13.
14.	1/2c Veggie, 1/2c. Fruit, 2oz. Dinner Roll	15. 3oz. Spaghetti, 3oz. Meatsauce, 1/2c Veggie, 1/2c. Fruit, 2oz. Dinner Roll	16. 3oz. Meatloaf, 1/2c, Mashed, 1/2c Fruit, 1/2c. Veggie, 1/2c. Veggie, 2oz. Bread	17. 6oz. Hearty Chicken Noodle Soup, 1/2c Veggie, 1/2c Fruit, 2oz. Dinner Roll	18. 3oz. Creamy Turkey, 1/2c. Fruit, 1/2c Veggie, 1/2c. Mashed Potatoes, 2oz. Bread	19. 3oz. Ham Slice 1/2c Veggie, 1/2c Mashed Potatoes, 2oz. Bread, 1/2c Fruit	20.
21.	6 Crackers, 2oz. Brownie,	22. 6oz. Chili, 1/2 Veggie, 1/2c Fruit, 6 Crackers, 2oz.	23. 4oz. Chicken & Stuffing, 2oz. Gravy, 1/2c. Veggie, 1/2c. Fruit, 2oz. Cookie, 2oz. Bread	24. Merry Christmas, No Meal Service	25. Merry Christmas, No Meal Service	26. 6oz Chili, 1/2c Veggie, 1/2c Fruit, 6 Crackers, 2oz. Corn Bread	27.
28.	1/2c. Mashed Potatoes, 2oz. Gravy, 1/2c. Fruit, 1/2c Veggie, 2oz. Dinner Roll	29. 3oz. Meatloaf, Chicken, 1/2c Baked Potatoe, 1/2c Fruit, 1/2c. Veggie, 2oz. Bread, 2oz. Gravy	30. 3oz. Baked Chicken, 1/2c Baked Potatoe, 1/2c Fruit, 1/2c. Veggie, 2oz. Bread, 2oz. Gravy	31. 3oz. Pork Loin, 1/2c Fruit, 1/2c Veggie, 1/2c Mashed Potatoes, 2oz. Gravy, 2oz. Bread			
30.							

DECEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Senior Center 								
	1 Bingo 12:30	2 Pottler's Hearing- 8:30-10 Bingo 12:30	3 Bingo 12:30	4 Bingo 12:30	5 Bingo 12:30	6		
	7 Bingo 12:30	8 On Site Hearing 9 Bingo 12:30	9 Bingo 12:30	10 Women's Connection Bingo 12:30	11 NE Iowa Food Bank Bingo 12:30	12 Bingo 12:30		
	14 Indee PD- scams/fraud-11:00 Bingo 12:30	15 Bingo 12:30	16 Bingo 12:30	17 Bake Sale 9-1:30!! Bingo 12:30	18 Bingo 12:30	19 Bingo 12:30		
	21 Health & Wellness 365 w/ Kara-11:00 Bingo 12:30	22 Christmas party- 11:00-ish!!! Bingo 12:30	23 Closed-Christmas Eve	24 Closed-Merry Christmas Bingo 12:30	25 Bingo 12:30	26 Bingo 12:30		
	28 Bingo 12:30	29 Bingo 12:30	30 Bingo 12:30	31 Card bingo Thur's- 1:30 500-Fri's-1:30	If you have any ideas for more activities please let Missy know!!			
Mon-Fri 8 am Men's coffee/treats & play pool		Or you have any ideas for presentations!?						
Center Address 400 5 th Ave. NE Independence Meal-12 pm Mon-Fri; Bingo-12:30 pm Mon-Fri								

Buchanan Senior Center Activities

Call 319-334-7011
for Meal
Reservations/or with
questions! ☺