Proclamation

Family Caregivers Month, Hendersonville, North Carolina

THIS NOVEMBER, in the City of Hendersonville, we recognize the 2.1 million family caregivers across our state who are helping their older parents, spouses and other loved ones live independently in their homes and in their communities – where they want to be; and

The City of Hendersonville family caregivers are among millions of Americans recognized this November during National Family Caregivers Month. Family caregivers are the backbone of North Carolina's long-term care system providing 1.79 billion hours of care, worth 33 billion annually. This extraordinary contribution not only sustains families but also saves our state's taxpayers billions; and

But family caregivers are stressed and overwhelmed by balancing the physical, emotional, financial, and often time-consuming demands required to care for their older loved ones. They do it all, help their older loved ones with essential tasks, including medications and medical care, meals, bathing and dressing, chores, finances, grocery shopping, transportation and more; and

Most pay for expensive care out of their own pockets all while facing soaring prices for everyday essentials like groceries, housing, utilities, and health care. Too often, family caregivers stop saving, take on more debt, use up personal short-term savings, leave bills unpaid or pay them late, and borrow money from family and friends to deal with the financial challenges and for the family caregivers who are also juggling jobs, many must reduce work hours or leave the workforce entirely due to caregiving responsibilities; and

Family caregivers deserve our gratitude, but they also need common sense solutions that save them money, time, and provide support.

NOW, THEREFORE, I, Barbara G. Volk, Mayor of the City of Hendersonville, by virtue of the authority vested in me by the City Charter of the City of Hendersonville do hereby proclaim November 2026 as National Family Caregivers Month in the City of Hendersonville. Chances are if you are not a family caregiver right now, you have been, you may be at some point, or you know someone who is, or you will someday need a family caregiver yourself to help you live independently at home. Family caregivers need support, including financial relief. I encourage all citizens to reach out to the family caregivers in their lives, thank them for the incredibly important work they do, and support them if you can.

PROCLAIMED this 1st day of October, 2026.

Barbara G. Volk

Barbara G. Volk, Mayor
City of Hendersonville

Seal



Attest: Jill Murray

Jill Murray, City Clerk