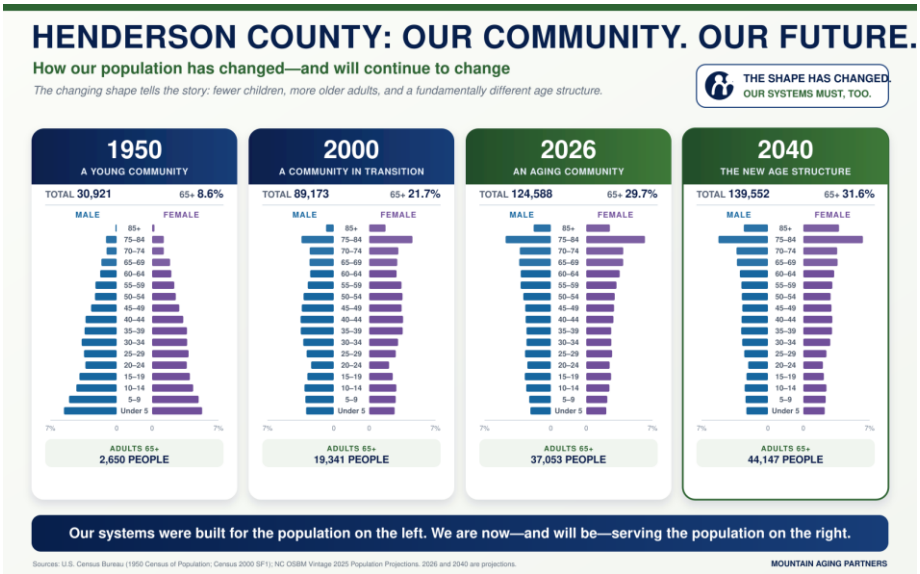
STATE OF AGING IN HENDERSON COUNTY

October 2026

> **Henderson County is already living through a historic demographic shift.**
> The opportunity is to plan for the population we have today - and the population we know is coming.

THE DEMOGRAPHIC SHIFT



Nearly 1 in 3 Henderson County residents is already age 65+.

WHY THIS MATTERS FOR COMMUNITY PLANNING

A different age structure changes what our community needs, where pressure appears, and how decisions are made. Aging touches housing and land use, transportation and mobility, healthcare and public health, workforce and economic development, family caregiving, social connection, community infrastructure, and local government planning.

A COORDINATED COMMUNITY RESPONSE

The Henderson County Aging Coalition (HCAC) brings community partners together to identify needs, strengthen coordination, educate the community, and advance shared priorities. Mountain Aging Partners facilitates HCAC as the convener/backbone organization; the Aging Plan is community-owned.

1 AGE-FRIENDLY COMMUNITIES Healthy aging, connection, mobility and participation	**2 EMPOWERING OLDER ADULTS** Information, planning ahead and easier navigation
3 CAREGIVERS & COMMUNITY SUPPORT NETWORKS Stronger support before a crisis occurs	**4 WORKFORCE, INVESTMENT & LONG-TERM SUSTAINABILITY** Capacity and investment for the years ahead

FROM PLAN TO PROGRESS

Fall 2026	Adopt and present the Henderson County Aging Plan
Beginning 2027	Hold quarterly community forums
2026-2029	Advance planning for a Senior Center & Aging Resource Hub
Fall 2027	Publish second annual State of Aging report

No single organization can prepare Henderson County alone. Coordinated action can.

Mountain Aging Partners | Henderson County Aging Coalition | mapnc.org

Population sources: U.S. Census Bureau, 1950 Census of Population; NC OSBM Vintage 2025 Population Projections.