



December 13, 2024

TO: Huerfano Board of County Commissioners
RE: Opioid Settlement Proposal

Honorable Commissioners:

Thank you for the opportunity to contribute to reducing the harms of opioid addiction and Substance Use Disorder (SUD). Two Peaks Fitness feels that minimizing the harmful effects of SUD comes not only from education, but also includes action of those in the community. Research has shown that Narcan does save lives, but CPR greatly increases survival chances.

Our vision, our goal, is a two-part process.

1. To provide CPR training to businesses, organizations, and affected families throughout the county.
2. To provide a harm reduction program as continued outreach.

For the first part of this process, CPR classes will be offered to owners, employees, and volunteers of various organizations in Huerfano County; as well as to interested individuals, particularly those in families affected by opioid addiction. Once completed, Narcan nasal spray will be provided to qualifying brick and mortar businesses and affected families.

The second part, providing a harm reduction program, needs to be a continued outreach. There are many programs with different curriculum that are easily obtained. These programs are geared towards those with SUD, their families, youth, or other members of the community.

The budget for initiating this program is dependent on the number of participants. We suggest we can have 100 people certified in CPR, and doses of Narcan in 50 businesses. The break down for initial costs are estimated as*:

- CPR classes: \$30/person @100 people=\$3000
- Narcan for businesses: approx. \$40/dose @50 businesses =\$2000
- Fentanyl Field Test Strips (200) and other supplies=\$300
- Admin. Costs: including but not limited to: facilitator fees @\$25/hr (approx. \$2000), cost of printing flyers @ \$50, cost of guest speaker = estimated \$1,000

Total: \$8,350

** Note that this is probably a low-cost estimate until we have a better sense of the demand for CPR certification, Narcan and field test strips, and facilitator-required time.*

The proposed project will start immediately after County approval and availability of funds. Initial activities will consist of contacting businesses and families, and signing up participants. CPR classes would be offered at the Huerfano County Community Center. Depending on the CPR instructor's schedule, we hope to start classes this winter, with Narcan doses available shortly after completing CPR training.

We look forward to any questions and input.

Thank you,

Kerrie Meyler
President and Chairman
Two Peaks Fitness, Inc.

Shane Clouse
Facilitator