

EXIT

STUDIO
(YOGA/MEDITATION)

MECHANICAL
CLOSET

BACK
STAIRS

TO LOWER
LEVEL

EXIT

STAIRS

ADA
WASHROOM



EXIT

FREE WEIGHTS

SQUAT CAGES

ABS

STRENGTH TRAINING

UPPER BODY / LOWER BODY

Bikes/Cycles

CABLE MACHINES

STAIRS

TREADMILLS

ELIPSEALS

DUMB

BELLS

PERSONAL TRAINING / TUFF

RECEPTION
AREA

ENTRY

HARWOOD AVE.

LOWER LEVEL