The class schedule below indicates a sample of current class operations, which have been moved to the Chicago Heights Park District building at 1400 Chicago Road, Chicago Heights, IL 60411.

The applicant wishes to move classes back to Epiq Nutrition at 18111 Dixie Highway. The applicant has confirmed that no more than one class per week is proposed at the 18111 Dixie Highway location, though class offerings at the Chicago Heights location currently includes access to two classes.

