## Fuel to Learn!

Join Area Agency on Aging Registered Dietitian Melissa Powell to learn more about meal planning for kids. We will review kid-friendly meals, snacks, and beverages.

Time: 1-2 p.m.

Date: Wednesday, Aug. 30, 2023

Where: 2920 Lakeview Ave., St. Joseph, MI

How much: FREE

Registration: Call Meg at 269-983-7058 or

scan the QR code below.



## Discover the perfect eating equation for learning!

