

Emergency Action Plan (EAP)

Event: Run Away to the Bay 55-Mile Team Relay Race

Date: April 11, 2026

1. Event Overview

The Run Away to the Bay 55-Mile Team Relay Race is a running event in which teams of 2-8 runners complete a 55-mile course. Teams will exchange runners at their own discretion along the designated 55-mile route.

- **Estimated Participants:** 108 teams, 108 runners at a time
- **Race Start & End Time:** With Darboy Park as a reference, teams will be passing through between approximately 9:50am - 11:00am
- **Course Description:**
The course begins at Menominee Park in Oshkosh and ends at Hagemeister Park in Green Bay, passing through the Village of Harrison along Midway road, and Schmidt Rd along the way. The route primarily utilizes sidewalks and trails but does involve running along country roads in certain segments.

2. Event Safety Structure

Race Command Structure

Race Director - Ross McDowell, 920-203-2904, events@runawayshoes.net

Responsible for overall race operations, medical coordination and decision making.

Course Monitor - Claire Rindo, 920-252-3157, events@runawayshoes.net

Responsible for being an on-course contact the day of the event with a presence on the course throughout the duration of the event and volunteer coordinator for course spots. This vehicle travels with a first aid kit.

Course Operations: Follow

We have staff assigned as monitoring back-of-pack runners. This vehicle travels with a first aid kit.

3. Map of Route

Included below is the route through the Village of Harrison.

The map shows a route starting from Plank Rd, heading south through Chestnut St, Midway Rd (marked with a red circle 20), and continuing south through Midway Rd (marked with a red circle 21) and Midway Rd (marked with a red circle 22). The route ends near Darboy Park and Noe Rd. A yellow warning sign with an exclamation mark is placed on Midway Rd with the text: "See & Be Seen: Run on the left side of the road." A yellow box at the bottom of the map contains the text: "Darboy Park Noe Rd. Appleton" with a running icon.

Navigation instructions in a blue box on the right side of the map:

- STRAIGHT onto Plank Rd
- LEFT onto Chestnut Lane
- RIGHT onto Midway
- Continue on Midway

A circular inset image shows a sign that reads: "ENDORPHINS ARE FREE wood boosters 601 601 601 Capital Credit Union".

At the bottom of the map, the Capital Credit Union logo is displayed with the slogan: "We believe in 'Doing the Right Thing' ... one member, one employee, and one situation at a time." The logo includes the text "Capital credit union" and a stylized 'W' symbol.

YOU'RE STRONG ENOUGH!



Continue
Straight

RIGHT onto
Dundas Rd

23

24

25

26

27

28

29

Porta Potty
between 23 & 24



See & Be Seen: Run on the
left side of the road.

LEFT onto
Brant St John
Road

Brant St John

CONQUER THESE MILES!



4. Medical Support

Medical support will be provided through mobile course support. There is a follow vehicle with a first aid kit and a roving staff member on the course with a first aid kit. Teams are given access to the phone numbers of those vehicles if support is needed.

Team vehicles are also identified with a large magnet on the back of their vehicles. Teams are given a booklet with their locations to help identify where they are if a medical emergency takes place.

If a runner experiences a medical emergency, the runner, runner's teammate, nearest volunteer or staff member calls **911** immediately.

5. Severe Weather Plan

The Race Director will monitor weather conditions using National Weather Service alerts, local emergency alerts, and weather radar.

Weather Conditions Monitored

- Lightning
- Severe thunderstorms
- Tornado warnings
- Extreme heat
- High winds

Weather Response Levels

Level 1 – Monitoring: weather conditions are monitored, staff are notified and participants are informed that we are aware and keeping watch and what will happen next if something changes.

Level 2 – Modified Operations: Including but not limited to; decaying race start, pausing teams on the route.

Level 3 – Race Suspension or Cancellation

The Race Director may suspend or cancel the event if conditions become unsafe.

Triggers may include:

- Lightning within 10 miles
- Tornado warnings
- Severe storms approaching
- Hazardous road conditions

Participants will be instructed to seek shelter in vehicles and nearby public facilities.

6. Communication Plan

Communication Channels

Race officials will communicate with each other using mobile phones.

Participant Communication

Participants will receive race updates via:

- Pre-race email notifications
- Race website updates
- Race-day e-mail notifications
- Social media
- Volunteers
- Staff along the course

7. Incident Response

Medical Emergencies

If a runner collapses or requires assistance:

1. Staff, teammates, or other participants call **911** if the situation is serious.
2. Nearby participants or volunteers notify race director

Missing Runner

If a runner is reported missing:

1. Teammates verify the runner's last location.
2. Teams contact course monitors.
3. Authorities are contacted if necessary.

Course Hazards

If hazards occur:

1. Teams contact course monitors.
2. Authorities are contacted if necessary.
3. Runners are diverted if needed.

8. Participant Accountability

- Teams are accountable for their teammates
- Each team will be assigned a bib number
- Each participant will wear their teams bib number
- Race officials know when teams have reached the finish line via timing chip.

9. Public Safety Considerations

To ensure public safety:

- Course signage will be installed along the route.
- Traffic signage will be placed at necessary areas.
- Volunteers and city officials will monitor intersections where needed.
- Participants will be instructed to obey traffic laws and are notified that this is an open course.