

March 16, 2026

To: Parks and Rec Committee
From: Julie Eddings
Re: Senior Center Director's Report

February Summary:

February was a productive month at the Senior Center with stronger member participation in programs and events. Highlights included our Valentine's Day Luncheon, Puzzle Competition, and two different educational programs; Healthy Brain and Body from the Alzheimer's Association and Wills and Trusts 101 with Cooper, Riesterer, and Gross. Despite ongoing transportation challenges and temporary staff absences, staff and volunteers worked together to maintain a welcoming and active environment for our seniors.

February Statistics:

	<u>2026</u>
• Monthly Attendance:	2900
• Daily Average:	145
• Number of New Members:	27
• Transportation - Monthly Rides:	170
• Boomers Meals:	139
• Meals on Wheel Congregate:	35
• Vending Machine Revenue:	\$113
• January Email Campaigns:	7,630
• Printed January Newsletters:	285
• Volunteer Hours Contributed:	~321

Programming and Activity Highlights:

- Tie Dye Workshop on February 11 & 24
- Valentine Luncheon on February 13
- Alzheimer Association Healthy Living for Brain and Body on February 17
- Wills and Trusts 101 with Cooper, Riesterer, and Gross on February 19
- Puzzle Competition on February 20

Professional Partnerships:

- Met with a representative from the American Heart Association. She is looking to see if we can qualify as a blood pressure reading hub. If we qualify, we will have a blood pressure reading station complete with literature and a standalone blood pressure reading machine. She is also looking to see if we qualify for a CPR Community Training Kit. The kit would have everything we would need to train volunteers on hands only CPR. It would not be a certification course; it would be for general

knowledge. Any CPR card certified individual could lead the class. We also spoke about leading Healthy Living Lunch and Learns at the Senior Center. Again, all information would be sent to us and a volunteer could lead the program.

- Met with Regency of Whitmore Lake to establish a partnership that will include snacks for an upcoming concert as well as a nutrition class led by the Regency's dietician.

Community Connections:

- Received food donations from Livingston County Conservation Club and Enzo's Catering.
- Received Valentines goody bags from Farley Hill Elementary School.