

2023 Year in Review

In 2022, the Senior Center continued to grow and thrive and find a rhythm of a new normal. We continue to provide services to the seniors in our community through these different modules: health, wellness, and educational, social, resources, meals, and transportation.

Attendance: The Senior Center has shown continued growth. We added 370 new members in 2023 and the Daily Average was 114.

Activities: We continue to offer exercise programs, educational programs, games, art, congregate meals, luncheons, social, and music activities.

Health and Wellness and Educational Programs:

- COVID vaccination clinic
- Flu vaccination clinic
- Cooking Demonstrations with Pampered Chef
- Medicare/Medicaid Counseling
- Alzheimer Educational Programs with the National Alzheimer Association
- Caregiver Support
- Foot care appointments with a certified foot care nurse
- Exercise and Yoga Classes
- Outdoor decorations continued to lift the spirits of our members and community.
- Massage Therapy with a certified massage therapist
- Healthy Body Series with Plymouth Physical Therapy Specialists
- Manicures with a certified nail technician
- 2U Vision mobile eye glass store
- Chair Volleyball
- Line Dancing
- Meditation Seminar
- Sign Language
- Wood Carving
- Hamburg Township Police Educational Series (Identity Theft, Gift Card Scams, and Check Washing)
- Educational programming with the National Alzheimer Association
- Tech Help with Kensington Woods Students
- Edward Jones Financial Education Series
- Law Information Presentations
- Elder Abuse Presentation

Social Activities:

- Summer BBQs on the patio
- Monthly Luncheons
- Pickleball
- Birthday Lunches for member and guest
- Senior Center Bus Outings (i.e., Lunch Bunch, Henry Ford, Frankenmuth, Lavendar Farms, and DIA)
- Movies at the Senior Center
- Veterans Luncheon
- Kiwanis Luncheon
- Variety Shows through Hartland Senior Center
- Added an additional charter tour company for trip variety.
- Music Makers
- Dominos
- Rummikub
- Christmas Social and Sing-along with optional Gift Exchange
- Cake Decorating Class
- Book Club
- Puzzle Competition with local senior centers
- Spelling Bee with local senior centers
- Hamburg Trivia
- Hamburg History Bus Tour
- Flying Solo, a Widows Friendship Group

Virtual Activities:

- Zoom Exercise Classes
- Zoom Yoga Classes

Resources:

- With the support of the Livingston County Health Department, the senior center was able to be a resource to seniors in our community through information and free COVID testing kits.
- Appointments with a Resource Advocate.
- Medical supplies were available to loan to our members as well as anyone in the community.
- Members could continue to come into the building to check out books, puzzles, and magazines.

Meals:

- Bi-weekly Summer Barbeques on the patio.
- Congregate Meals through Senior Nutrition Program offered.
- Boomers meals added three times per week.
- Themed monthly lunches (i.e., Margaritaville, County Western, 50's Sock Hop, Kentucky Derby, and Mother's Day Tea.)

Transportation:

- The Senior Center Bus provided by LETS ran five days per week. Transportation was used for medical appointments, grocery shopping, and trips to the Senior Center. The bus had a yearly average of 16 rides per day.

Members:

- Currently 1435 members!!
- The Veterans Wall of Honor continues to grow.
- The Senior Center continues to grow the current volunteer program with members staffing the front desk both am and pm, kitchen staff volunteer, card making volunteers, and volunteers to assist with congregate meal packing.

Newsletter:

- The Senior Center continues to use MailerLite to distribute weekly email updates.
- Emails are sent to 1040 members.
- Full Color Monthly printed newsletter continues to be available at the Senior Center.
- 75 Newsletters are mailed to members.

Building:

- New Flooring installed throughout building.
- New Drinking Fountain/Water Bottle Filling Station installed.
- Two ADA Compliant Automatic Doors to the patio.
- Benches replaced by front door.
- A large pool table removed donated to local family.
- New round rolling tables purchased for activities.
- New 85" TV purchased for movies, presentations, and Bingo.
- Access to new offsite storage facility.
- Third pickleball court construction completed.
- Two new portable wall partitions purchased.
- New arm and armless chairs purchased.
- Men's urinals were replaced with automatic flushing.
- New shelving purchased for puzzle organization.
- Another hand truck for chairs was purchased.

Senior Advisory Board:

- We welcome Larry France as the newest member of our Senior Advisory Board and thank Pat Kolasinski for her years of service to the board.
- The Senior Center By-Laws were changed to increase the number of permanent members and eliminate alternate board members.

Fundraising:

- We held our two fundraisers in 2023. The Rummage Sale and Holiday Bazaar. We raised a total of \$5868 - our highest year yet.

Grants:

- The Senior Center received \$69,000 In ARPA grants funds from Livingston County. The funds were used to replace the flooring, purchase new chairs, install ADA compliant automatic doors to the patio, and purchase new wall partitions for greater program flexibility.
- The Senior Center was awarded a Spring Grant from the Livingston County Consortium on Aging to replace the existing water fountain with a ADA compliant fountain/water bottle filling station.
- The Senior Center was awarded a Fall Grant from the Livingston County Consortium on Aging to replace the existing range.