

## SENIOR COMMISSION MEETING

JULY 16, 2019

MINUTES OF THE REGULAR SENIOR CITIZENS COMMISSION MEETING OF THE CITY OF GROSSE POINTE WOODS, HELD ON JULY 16, 2019, AT THE GROSSE POINTE WOODS SCHOOLHOUSE.

CALL TO ORDER: Mark Strek called the meeting to order at 7:03pm.

### **ROLL CALL:**

Commission Members: Motschall, Wehrmann, Isett, Beeby , Strek, Roz Peters for Uhlig Johnstone, Witt

Approval of Minutes: Motioned by Motschall, seconded by Witt, to approve the minutes of the Senior Commission meeting held on May 15, 2019. Said motion passed unanimously.

### **CHAIRPERSON REPORT:**

CO-chair/GCR, Witt thanked The Helm for hosting the ice cream social. Senior picnic to be held September 7 at Lakefront Park, 11:00 to 2:00pm. Committee Meeting to follow. Coney Dogs and Potato Salad. Sunrise to sponsor Wally's Ice Cream. Ron asked for a motion to approve \$1000.00 for picnic, Don seconded it.

**COUNCIL REPRESENTATIVE REPORT:** Art Bryant reported in, via phone call.

### **COMMUNITY REPRESENTATIVE REPORT:**

Wehrmann provided an update from the Grosse Pointe Woods Senior Coordinator, Kathleen Norris.

- Lunch and movie events are still on hold until City Hall is done using our rooms. It might not be until late fall...

- The July trip to the Plymouth Art Fair had 22 attendees. The August trip to Motor City Casino is starting to fill, as is the September trip to Dow Gardens.

- The July felt Flower Making had 7 participants, and was well liked. August craft is String Art, and September is a Lighthouse made from clay pots.

### **TREASURER'S REPORT:**

The balance of the Carry-Forward Budget as of April 30, 2019 is \$6,807.47. The balance of the Council Approved General Fund as of April 30, 2019 is \$2,012.12. There has been no activity, so consequently, it is the same amount as before.

\$182.54 expenses for Ice Cream Social – motion to approve: Tom. I. Second: Don Witt

### **THE HELM REPORT:**

Evening Classes:

- Dinner with a Doc in October in conjunction with Ascension St. John Hospital: Discussion about the prevention and treatment of strokes, with the Chief of Neurology at Ascension. Dinner included.
- Wine glass painting – August 14
- Ballroom Dancing
- Euchre

New Daytime Classes:

- Staying Safe Community Event
- Aging Mastery Program --- topics include – September 3-26 – Tuesdays and Thursdays 12:30 – 2:00 (lunch included)
- Sleep
- Healthy Eating
- Exercise
- Financial Fitness
- Advance Planning
- Healthy Relationships
- Medication Management
- Community Engagement
- Falls

### **NEW BUSINESS:**

No new business to report

**OLD BUSINESS:**

- 1) Still need an additional two reps for the Senior Commission
- 2) Brochures – still working on possible brochure. Have a first draft that Tom will share via email or next email.

**ADJOURNMENT:**

Motion made by Isett, seconded by Motschall, that the meeting adjourn at 7:30 pm. Said motion passed unanimously.

Respectfully submitted,

Denise Motschall