



Healing Tree of Life®
Aesthetic and Healing
Environments

Virginia Ficarra

Smart Home Moves LLC, BA, LEED

Psychologist © 2011

colorwizard@icloud.com

313.330.9800



LEGEND

- Single Family Detached
- Single Family Attached
- Two Family
- Multiple Family
- Office
- Commercial
- Institutional
- Parks and Recreation
- Parking

Map 4

EXISTING LAND USE

City of Grosse Pointe Woods
Wayne County, Michigan

THE JARBOE LAW FIRM, PLC

Carra Millennium Healing Tree of Life® Non-Disclosure Agreement

Virginia Ficarra, the holder of a United States Registered Trademark and Land-art Earthwork© 2014, for and the owner of the Carra Millennium Healing Tree of Life® concept and design ("Tree"), is in discussions with you regarding a possible transaction in which you may contract to acquire the Tree, or a derivative work, for installation in your community. In the course of the discussions, Ms. Ficarra may provide you with certain non-public Confidential Information relating to the Tree. Such Confidential Information includes all technical data, specifications, drawings, schematics, computer programs, financial data, business plans, strategic marketing plans, suppliers, contributors, or other items pertaining to the Tree as may be necessary or desirable for such discussions and may be presented in written, electronic, or oral form reflecting information concerning the Tree.

You agree that all Confidential Information will be held by you in strict confidence and will not, without the prior consent of the Ms. Ficarra, be disclosed by you, in whole or in part, and will not be used by you other than in connection with your consideration of the Tree for your community. You may disclose Confidential Information to your agents, attorneys, and employees who need to know the Confidential Information for purposes of your considerations. Said persons shall sign this non-disclosure agreement prior to receiving the Confidential Information and such signed agreement shall promptly be delivered to Ms. Ficarra. Upon written request from Ms. Ficarra, originals and copies of the Confidential Information in written or other tangible form, including samples of materials, will be returned by you to her or destroyed or caused to be destroyed by you.

If this agreement is satisfactory to you, please indicate your acceptance by executing below.

Sincerely,

Carra Millennium Healing Tree of Life®

Virginia Ficarra

Agreed:

_____ Date: _____



Mount Vernon

City of Mount Vernon

40 Public Square
Mount Vernon, OH 43050

Phone 740-393-9517
Fax 740-397-6595



City Council

Bruce E. Hawkins
President

Sam Barone
First Ward

John Francis
Second Ward

Nancy R. Vail
Third Ward

John L. Fair
Fourth Ward

Mike Hillier
At Large

Susan Kahrl
At Large

Janis Seavolt
At Large

Administration
Richard K. Mavis

Mayor

David C. Glass

Safety Service Director

P. Robert Broeren, Jr.

Law Director

John Thatcher

Judge

Anton J. (Bud) Krutsch

Treasurer

Terry L. Scott

Auditor

Tanya Newell

Clerk of Council

Dee M. Wood

Assistant Clerk of Council

August 10, 2015

To Whom It May Concern,

RE: Ms. Virginia Ficarra

As Mayor of the City of Mount Vernon, Ohio I was indirectly involved with the development of Ariel-Foundation Park.

However, Project Director Ted Schnormeier kept me up to date during the twenty-four month building process. At one of our meetings he informed me that he had engaged Virginia Ficarra as the designer of a "labyrinth" to be located near the large event center which would be a critical location in the 250 acre park.

I am not sure what my initial expectations were, but the end result was spectacular. The design of the Tree of Life Labyrinth fits the theme of the overall park magnificently. During our July 4th, 2015 Grand Opening Celebration the Ficarra designed labyrinth was a hit with the 10,000 visitors who came to the park on that special day.

Virginia Ficarra's design was exactly what we wanted.

Sincerely,

Richard K. Mavis, Mayor
Mount Vernon

PPG salvage integrated in park plans



By Bill Amick (mailto:bill.amick@mountvernonnews.com), Mount Vernon
News ()
August 5, 2013 8:26 am PDT

MOUNT VERNON — The demise of an architectural workhorse like Mount Vernon's PPG Plant involves more than bringing down walls, floors and ceilings encasing a million square feet of utilitarian space. Removing the plant will allow Ariel-Foundation Park to grow by 59 acres, but first comes demolition. That process is on schedule for completion this year. One of its most important aspects is salvage, and very little will go to waste.

"We'll salvage as close to 100 percent of materials as possible," said Ted Schnormeier, project administrator for the Ariel-Foundation Park Conservancy. "Salvage rights that have been sold include everything down to the foundations, and we control the rest."

Salvage operations at the former PPG site are on a grand scale and include five primary material types: Metals, bricks and mortar, concrete, wood, and everything else.

Copper tops the list in value, and some pipes and wiring have yet to be removed. Representing the most volume are structural steel, plate steel and tin. Close to 50,000 tons, more than enough to build a Titanic replica, are destined for Ohio steel mills. Before delivery, it will be reduced to 4-foot sections by thousands of propane torch cuts.

An Environmental Earthwork of ART, designed by a native Detroiter, well rooted in centuries of history and wisdom reconnects us to the value and quality of life, the awareness of the healing power of nature and the ecosystem of the earth itself.

The unpresented pace of calm and common sense bonds and brands visual sculpture, hand designed and carved into the earth. It carves a 1000-foot-long guiding path that shapes a uniting visual the family tree of life. It reconnects Providing an untapped sustainable and accessible green niche, a place and green space.

Quiet Reflection SOLUTION

Dedicating shuttered industrial ruins, neighborhoods lots, parks and healthcare centers for quiet inner reflection makes a profound public statement as to what is valued in that community.

RESULT

Creativity in art, science and all disciplines rise to the call.

UNIVERSAL VISIONARY GOAL

To enrich the value and quality of life, the awareness of the healing power of nature and the eco system of the earth An Enlightening Global

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building a family tree is the perfect option.

This activity can be a fun creative release for the whole family, but also a captivating trip down memory lane. If you're not sure where to start, take a look at this simple step-by-step guide to creating a family tree.



⚠️ ✕ Making the lawn of your dreams come true! Call today for a free estimate.

[OPEN](#)

News

Labyrinth will reflect value of new park

By Bill Amick

bill.amick@mountvernonnews.com

September 8, 2014 5:00 pm



Bill Amick/News Virginia Ficarra has an 11,000-square-foot blank canvas on which to create The Labyrinth at Ariel-Foundation Park, and transferred her Tree of Life design from paper to earth to guide pavers and landscapers. A serpentine walkway in tranquil surroundings will reflect the values of faith, hope, charity, love and peace. [Buy Now](#)

By Bill Amick , Staff Reporter
Mount Vernon News

MOUNT VERNON — Virginia Ficarra was intrigued when approached about a project at Ariel-Foundation Park, and once the Michigan-based designer heard the concept, she was all in.

“My original guidance was one word: Labyrinth. I immediately loved the concept,” Ficarra said during a recent site visit. “I created three designs, but somehow I always knew the right direction was a Tree of Life.”

The rest of this article is available to *Mount Vernon News* subscribers. To continue reading, please [log in](#) or purchase a subscription. [Login to the e-edition](#). *The article will only be available for thirty (30) days. [Try the demo](#)*

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Pointer brings labyrinth to life



By Beth Newhart

It was a chance meeting with a stranger that led to the discussion. The discussion led to the question, “Can you do it?” Virginia Ficarra replied yes, she could create a labyrinth, even though she’d never made one before.

Last November, the Tree of Life Labyrinth was completed in Mount Vernon, Ohio, and Ficarra has added

of the 120-foot diameter, 1,000 foot-long serpentine path that features five meditation ponds, each with a bench inscribed with a word: faith, hope, charity, love or peace.

“I walked the land and it spoke to me,” she says of the final design. “I thought of combining the labyrinth idea with a tree as if in a family album. There were so many people who worked there for years.”

Her original creation started with a sketch she did on an envelope while she walked. Once the design was accepted, Ficarra laid out a 120-foot by 120-foot grid on the ground. She then fashioned the design using yellow hoses under the strings. Concrete was poured, and before it could set, she added cullet to the top.

What is cullet? Before modern-day recycling and refuse removal, manufacturing facilities were known to bury excess materials on site. PPG was no exception, and hunks of glass, or cullet, were unearthed when the facility was torn down for the park. Ficarra wanted to incorporate part of the history of the land with her creation, and the shining pieces of glass reflect that intent.

Jan Reynolds serves on the board of the Foundation Conservancy. She had suggested a labyrinth be added to the park and along with her husband, Ken,



Cullet from the Pittsburgh Plate Glass plant



Ficarra sprinkling pieces of cullet along the labyrinth's path

another accomplishment to her storied curriculum vitae.

An author, interior designer, television producer and mom, Ficarra was drawn to the project at the new Ariel-Foundation Park, the former site of a Pittsburgh Plate Glass plant built in 1908. She engineered the construction

is funding the endeavor.

“Virginia’s design of the Tree of Life Labyrinth fits within the park’s overall design very well,” she says. “I am very pleased with the outcome of this project.”

As the weather warmed, grass, trees and other landscaping were added to the design and the horseshoe pond surrounding it.

“People go to a park to relax, and this is the serene place in the park,” Ficarra says. “When you have a labyrinth in a park, it brings people together to find reasons for life, for celebration.”

This summer, the people of Mt. Vernon have something great to celebrate. [P](#)



Virginia Ficarra Smart Home Moves® LLC Aesthetic & Healing Environments © 2014
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Sustainable Cities

Health is the Heart of Green Urban Development

Local and international cities are are facing the rising issues of redevelopment and looking for answers to maintain the health and well being of its residents during an epoch time of growth in the history of mankind. By 2050 it is estimated that 71% of the earth will be urban cities. So what can we do now?

The answer was written in the wind, the catalyst for my land- art Earthwork sculpture was a walk on the abandoned 250 acres of the industrial ruins of the largest glass factory in the world, the Pittsburgh Plate Glass Manufacturing Plant, 1908-1975 where the first flat- glass windshields were produced in Mt. Vernon, Ohio and conveniently supplied the Motor City. With the windows. our Motor City.

Instead of a proposed spiral circular restorative path for walking meditation I envisioned a two-dimensional Earthwork sculpture. A small stamp size sketch unfolded into a 120 foot in diameter ecological habitat, a visual family tree of humanity.

Now a historical landmark, tourist attraction and legacy, as the sun sets it becomes an illuminating global beacon of light from the air. A SALUT E TO AMERICICA, OUR ARMED FORCES, FIRST RESPONDERS AND CIVIL SERVICES , ONE STEP AT A TIME. What we can do is up to you, lets made a smart move now.

Carra Millennium Healing Tree of Life® Earthwork, Copyright© 2014
Project Criteria Empowers Social, Environmental and Economic Growth

VISIONARY- Virginia Ficarra, incorporated a carved original 21st century global idea into a sustainable and accessible infrastructure into the earth. An uncomplicated symbolic pathway that silhouettes a registered design of a family tree of humanity to enrich the value and quality of life and heighten the awareness of the healing power of nature in an ecological natural environment, fostering a sense of calm and balance in body, mind, and spirit. It addresses a critical need sought after by local and International Organizations throughout the world. This is an epoch time of growth in the history of mankind with rising issues of health and wellbeing.

- **COMPREHENSIVE-** apply a whole system approach to the factors of the design and development process; aim to simultaneously address multiple goals, requirements and conditions regarding the health and wellbeing of all people of all ages and abilities. It factors in our rich patriotic history; trends and needs to cope with the changes and challenges of a new world.
- **ECOLOGICALLY RESPONSIBLE** – land conservation; reflects nature's underlying principles while preserving the Earth's ecological life support systems and our planet.
- **FEASIBLE** – a cost-effective opportunity for shareholders and a brand for businesses related to the health and wellbeing industries. Hand in hand a cohesive community begins with home and family.
- **VERIFIABLE** – the Earthwork sculpture in Mt. Vernon, Ohio is the prototype and centerpiece on 250 acres of abandoned industrial land, the former Pittsburgh Plate Glass Manufacturing Plant, 1908-1970 world renown, they supplied the first flat-glass windshields to our Motor City. Now the Aerial-Foundation World Class Park's featured centerpiece Healing Tree of Life® provides a space and place for walking and discovery on a path of self-care; one mindful step at a time.

"During our July 4, 2015 Grand Opening Celebration the unique Ficarra designed holistic pathway was a hit with the 10,000 visitors that came to the park that special day." – Mayor Richard K. Mavis, Mayor of Mt. Vernon, Ohio.

- The sustainable and accessible infrastructure withstands the rigorous test of time and verifies an authentic objective for world unity. [See WHO, Urban green space and health. A review of evidence.]
- **REPLICABLE** - able to scale and be adapted to similar conditions elsewhere per size and materials required. Dedicating and implementing abandoned industrial land, neighborhood lots, and parks for inner reflection makes a profound public statement as to what is valued in that community. Our vision is to circle the earth on a green healing path, seeding the Healing Trees of Life® for our children and grandchildren, they are the stewards of tomorrow.
- **HISTORICAL VALUE-** The family tree of humanity is a design well rooted in history, a resilient trunk nurturing a community of branches of faith, hope, charity, love, and peace. During demolition, among other elements found buried, chunks of glass slag, called cullet, over 100 years old was recycled, and repurposed into the 1,000-foot aggregate path and the River of Glass, for posterity.
- **COMMUNITY AND ECONOMIC MISSION** – the Earthwork is a universal symbol, an educational and significant catalyst inviting walking; a cognitive activity that can synchronize the brain to open to new perspectives with a sense of calm and balance in body, mind, and spirit.
- At sunset and to sunrise the sculpture sends a resounding message, a beacon of light from the air. A visual patriotic and historical landmark, legacy and tourist attraction. Overall, a salute to America, our armed forces, first responders, civil workers and our citizens. The Hippocratic Oath reminds us that, "Walking is man's best medicine." As simple as a walk in the park, the natural untapped green living resource is a step forward in releasing mental and physical fatigue, yet empowering a robust economy, more jobs, increased home values and empowering community and global cohesion.



Virginia Ficarra CEO, Smart Home Moves LLC colorwizard@me.com 313-330 9800

Aesthetic and Healing Environments, Design Psychologist®. BA, PID, LEED,

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Click on Ariel-Foundation Park.org and Ariel-Foundation Park: A Birdseye View YouTube

<http://www.midwestliving.com/travel/around-the-region/5-dont-miss-midwest-sculpture-parks/>

A "Wisp in the Wind"

Demolition Sows a Seed of Wellbeing



Individual benefits: The well-defined meandering 1,000-foot path silhouettes the iconic family tree, 120 feet in diameter. One step at a time it allows one to focus on mindful intentions; a respite from tedium schedules, promotes physical exercise and mental adjustment, in a cross-cultural modality. The path grounds one with the earth inspiring a sense of calm in body, mind, and spirit. It is a place where the right hemisphere of the brain can open to new perspectives.

Surround: Design elements such as meditation pods at each branch inspires time to reflect on the virtues of faith, hope, charity, love and peace. Plantings and trees encompass a sense of boundary a safety to relax and experience the space; an emotional separation from the stress, changes and challenges of a modern world in the 21st century, honoring the past, present and generations to cor

Dias: A shaded patio to continue reflective thoughts, and transformation while maintaining a place our hearts for loved ones and gratitude for all our service people.

Virginia Ficarra CEO

Aesthetic and Healing Environments, Psycologist@, BA, PID, LEED,
 rolocred@aol.com 313-330- 9800 Click on <http://ariel-foundationpark.org/>

POINTS OF DISCUSSION The Heart of It All

A vision that became more extensive than the original vision imagined with a message bigger than any one person sharing a positive on going global change
 Revitalizing abandoned industrial sites and neighborhood lots and parks. Creating green places understanding how strong a sense of place is that can influence physical social, emotional and ecological health of individuals and environments across the globe on a green belt around the globe
 Transforming a vibrant comprehensive sustainable visual, creating a sense of ownership and a sense of calm and balance in body, mins, and spirit.
 A place and space of belonging that attracts people. Responding to each community's need to help each citizen to reach their potential

1. An asset that fosters a viable impact of aesthetic value and function
2. A familiar family image
3. Partners who believe in the project
4. Evolve and manage humanitarian and serene activities
5. Path including a memorial garden
6. A connection with nature and people of similar interests
7. Tree meaning grows like a community a nurturing example of self-care, community and global
8. Money not an issue, the infrastructure draws creative people, empowers each person, empowers our circle Economy of recycling
9. adds value to the homes in the area, jobs, and draws creative people to the community

A community springboard to (1) integrate cohesive vision, (2) translate the vision into a plan of us (3) ensure the sustainable implementation of the plan

- A. A hands on Grassroots involvement and approach for improving and maintaining open Ec Place, as the heart of every community
- B. Stretching the connection between people and nature to maximize and enrich the value an quality of life and the ecology of the environment
- C. A sustainable common familiar familial family tree of life as a place for creative patterns of use; a powerful collective vision physical, cultural, and social support; ongoing evolution
- D. Capitalize on local community assets, inspiration of health, happiness and wellbeing
- E. 'Planting' a tree involves city and community planners, disciplines and local agendas
- F. Foster successful social networks and benefit multiple stakeholders and local to global initiatives at once
- G. Planners and developers can provide an eco-place as a brand to imply their sincerity, authenticity, and rooted in public participation and commitment.
- H. The Carra Millennium Healing Tree of Life® is a revolutionary modality, landmark, gateway and legacy for our children and grandchildren. And at sunset seen from the air, a patriotic illuminating, salute for America, its first responder and forces, and with civic pride and un an invitation to tourist worldwide.

**A "Wisp in the Wind "
 Demolition Sows a Seed of Wellbeing**



Tree of Life Labyrinth

Carra Millennium Healing Tree of Life® Eco Habitat ©2014

Brief of Action

Premise: Dedicating abandoned industrial sites, neighborhood lots, vacant land and parks for holistic, restorative, and walking meditation makes a profound public statement as to what is valued in that community. Urban green space is a feasible investment that municipalities can make on behalf of its residents for their health and wellbeing. Great cities can turn liabilities into assets, the green currency of life is nature. This is an epoch time of growth in the history of mankind. The rising issue of global health and well being is at stake. Our 'healing tree' is the green premier linchpin to connect a sustainable modality of health and wellbeing on a green path around the globe, simply by mindful walking.

Benefits: Repurposing spaces and new green urban places with an Eco Habitat© 2014, is essential for city growth. The infrastructure, a historical landmark sends a global visual message of unity on land and from the air. A grand salute goes out to America, our armed forces, first responders, and all civic services, that promote, protect, and preserve our legacy for our children and grandchildren for generations to come.

Contact with nature is an essential component of healthy cities
Urban spaces provide opportunities for active lifestyles and the economy
Community participation assures use and acceptance of urban green spaces

- A. Relevance
- B. Purpose and Structure
- C. Target Audience
- D. Urban Green Space Interventions and Benefits they Provide
- E. How to Approach Planning Urban Green Spaces
- F. How to Design Urban Green Spaces
- G. Ensure Adequate Stakeholders and Community Engagement
- H. How to Promote the Use
- I. How to Monitor and Evaluate
- J. How to Prevent and Manage Challenges and Conflicts



Aesthetic & Healing Environments

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The Columbus Dispatch

Lifestyle

Site of old glass factory transformed into stunning Mount Vernon park

By Steve Stephens, Dispatch

Posted Jun 9, 2016 at 12:01 AM

Updated Jun 12, 2016 at 3:36 PM

MOUNT VERNON - Where the largest plate-glass factory in the world once stood, a beautiful, whimsical 250-acre park has sprung. Ariel-Foundation Park has been open for less than a year on the former site of Pittsburgh Plate Glass Works No. 11. But it has already become a favorite destination for local residents and for bicyclists riding the Heart of Ohio or Kokosing Gap trails, which are legs of the planned Ohio to Erie Trail. And word about the park, created almost entirely with donated funds, is starting to spread.

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The park is named for the Ariel Co., whose owner provided a major donation, and the Community Foundation of Mount Vernon and Knox County, which helped buy much of the land.

Great Plans... Great Results



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Price of earthworks in 2022

Generally, earthworks are billed per m³. But it is not uncommon to have earthwork quotes per m², per hour or per day.

The following average prices excluding tax are given for information only. Indeed, it would be difficult to put forward exact amounts to be attributed to earthworks. Amounts may vary from region to region. In order to have a precise idea of the cost of your work, you must request a professional quote.

- ☑ Complete earthworks (excavation, backfilling, earth removal): 15,000 to 30,000 CFA francs per m³.
You can reach a daily rate of 300,000 to 600,000 CFA francs.
- ☑ Excavation earthwork: 5,000 to 12,000 CFA francs per m³.
- ☑ Backfilling: 4,000 to 10,000 CFA francs per m³.
- ☑ Earth and rubble removal: 3,000 to 8,000 CFA francs per m³. The bill can quickly rise if it is waste removal.
- ☑ Mechanical trench digging: 2,500 to 6,000 CFA francs per m³.
- ☑ Narrow trench digging: 1,500 CFA francs per linear meter.

For manual earthworks, prices will rise because of the increase in the number of working hours and workers.

Don't forget that preparatory work (demolition, stripping, water drainage, etc.) may be necessary before starting the earthworks. In this case, the final cost will certainly no longer be the same. A mechanical stripping operation cost 1,500 CFA francs per m² while a major demolition easily be costed at 50,000 CFA francs per square meter.

