



LIFE'S A JOURNEY. FIND YOUR WAY.

March 24, 2026

**BOARD OF DIRECTORS**

**OFFICERS**

President  
Carol Klenow

Vice President  
David DeBrunner

Treasurer  
Richard Lueders

Secretary  
Michele Jackson

**DIRECTORS**

Doug Blatt  
Jana K. Brownell  
Mary Ann Bury  
Lisa Mower Gandelot  
Daniel Megler, M.D.  
JT Mestdagh  
John P. Ottaway  
Jodie Rappe, M.D.  
Randall Tallerico  
Jaime Rae Turnbull  
Lisa Vallee-Smith  
Jeffery Vaughn  
Richard Widgren

President Emeritus  
Cheryl Wesen, M.D.

**EXECUTIVE DIRECTOR**

Krista D. Siddall

The Honorable Art Bryant and Councilperson Vicki Granger,

I would like to formally submit my resignation as The Helm representative on the Grosse Pointe Woods Senior Commission. I have accepted a new position with The Helm Adult Day Program and unfortunately will no longer be able to continue serving on the Commission.

I am truly grateful for the opportunity to have been a part of the Senior Commission as The Helm representative. It has been a meaningful experience working alongside a hardworking and dedicated group and supporting the older adults in your community.

In my new role at The Helm Adult Day Program, I look forward to continuing working with and supporting older adults and caregivers who live in the community.

Best regards,

Heidi Uhlig-Johnstone  
Director of Volunteer Services