

Proclamation

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, everyone experiences times of stress and struggles in their lives; and

WHEREAS, 1 in 5 adults experience mental illness and 1 in 20 adults experience serious mental illness each year; and

WHEREAS, 1 in 6 youth aged 6-17 experience a mental health disorder each year, 50% of all lifetime mental illness begins by age 14 and suicide is the 2nd leading cause of death among people aged 10-14; and

WHEREAS, 60 percent of adults and 50 percent of youth do not receive the treatment necessary for their mental health needs due to limited or no knowledge of the need, barriers to care, or fear and shame, and;

WHEREAS, community understanding and available supports and services can greatly impact a person's ability to handle their stress and struggle and move forward; and

WHEREAS, promoting mental health and wellness leads to higher overall productivity, better educational outcomes, lower crime rates, stronger economies, lower health care costs, improved family life, improved quality of life and increased lifespan; and

WHEREAS, each business, school, government agency, healthcare provider, faith-based organization, non-profit agency and citizen shares accountability for the community's mental health needs and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, the City Council of the City of Green Cove Springs recognizes the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success.

NOW, THEREFORE, BE IT PROCLAIMED BY THE CITY COUNCIL OF THE CITY OF GREEN COVE SPRINGS, FLORIDA, AS FOLLOWS:

Section 1. The month of May is proclaimed as **"MENTAL HEALTH AWARENESS MONTH"**.

Section 2. A true copy of this Proclamation shall be spread upon the Official Minutes of the City Council of the City of Green Cove Springs.

DONE AND PROCLAIMED BY THE CITY COUNCIL OF THE CITY OF GREEN COVE SPRINGS, FLORIDA, IN REGULAR SESSION THIS 16TH DAY OF MAY, 2023.

CITY OF GREEN COVE SPRINGS, FLORIDA



Daniel M. Johnson, Mayor

ATTEST:

Erin West, City Clerk