

# **Youth Programs Department Monthly Report**

MEETING DATE: March 18, 2024

FROM: Jowie Mohammed, Director of Youth Programs

SUBJECT: January & February 2024 Department Report

## **PROGRAMMING**

- During the month of January, we provided sixteen (16) days of after-school programming and transportation from five (5) schools within City limits.
- We hosted Winter Camp beginning on Wednesday December 27, 2023 Monday January 8, 2024. Parent fees included three camp t-shirts, field trips, breakfast, and afternoon snacks.
- During the month of February, we provided twenty (20) days of after-school programming and transportation from five (5) schools within City limits.

#### PERFORMANCE MEASURMENTS

PERFORMANCE MEASUREMENT	AVERAGE THIS PERIOD	FY 2023 TO DATE	FY 2023 BUDGET
# of Participants	67	110	150
# of Participants in Sierra Club ICO	0	10	25
# of Licenses Coordinated	1	1	1
# of MOU's Coordinated	1	2	6
# of Part.'s in Teen Advisory Council (TAC)	5	5	7
# of Part's in TOP Program	30	40	15
# of Part.'s in Garden Club	25	19	20
# of Presidential Volunteer Service Hours	1430	1430	8,000

#### FINANCIAL INFORMATION

GRANTS COORDINATED	AVERAGE THIS PERIOD	FY 2023 TO DATE	FY 2023 BUDGET
Early Learning Coalition	\$33,269.58	\$53,353.83	\$316,817
Parent & Registration Fees	\$13,193.00	\$42,417.71	\$185,419
Youth Services Department SEL Grant	\$15,401.20	\$30,802.40	\$77,000
Textile Funds	\$3,595.00	\$3,595.00	\$18,000

#### **C.A.R.E.S REPORT**

- On Saturday January 13<sup>th</sup> the Sierra Club was able to take 10 youth from Red Team (4<sup>th</sup> & 5<sup>th</sup> grade) to a field trip. They went to Lake Worth Lagoon (Bryant Park), and we were able to reel in about a dozen fish (Catch and Release). They also had a Picnic where they were provided sandwiches, fruit, and dessert.
- On Thursday February 22<sup>nd</sup> the CARES Program celebrated Pink Shirt Day whereas we
  hosted various activities centered around raising awareness about bullying. Some of the
  activities featured creating symbolic pink shirts & decorating pink sugar cookies for the
  youth to enjoy. Lastly, we ensured to go over the importance of Pink Shirt Day and spoke
  on some preventive measures against bullying.
- Throughout the months of January and February the CARES Program has maintained their CARES Junior Garden Club where much of the vegetation produces fruits, vegetables, or herbs. Every Friday the Garden is harvested, and various items are sent home with the youth to families.
- Every Wednesday throughout the month of Febuary the CARES program has been in an
  extended learning opportunity offered through Prime Time Green Mouse Academy,
  where the youth will be given opportunities to discover and explore a variety of emergent
  technologies, acquire 21st-century skills, and practice well-being and life skill through the
  use animation, digital art, and design.

### **TEEN PROGRAMS REPORT**

- On January 19th, late at night, we had a guest speaker, Nicole Tarisa, a Professional Development Scholarship and Incentives Specialist from Prime Time PBC. Nicole spoke to students about career pathways in the Out-of-School Time field and incentives and scholarships made available for afterschool professionals in Plam Beach County. Several high school seniors have since expressed interest in working at Youth Programs.
- On January 24th and 25th, Youth Programs employees attended a two-day, six-hour Mental Health First Aid training hosted by the Alpert Jewish Family Service of Palm Beach County. Topics learned included standard signs and symptoms of mental health challenges, common signs and symptoms of substance use challenges, how to interact with a person in crisis, and how to connect a person with help. They expanded content on trauma, substance use, and self-care.
- On Saturday, January 27th Sunday, January 28th, ten (10) high school students had the opportunity to go on a camping trip hosted by the Sierra Club. Students camped overnight at the Collier Seminole State Park in Naples. The trip allowed students to enjoy nature without the disruptions of phones, social media, etc.... Students built their tents and slept in tents with sleeping bags. For many students, this was their first camping experience. Additionally, students went canoeing at a nearby location.

- On Tuesday, February 13th, and Wednesday, February 14th, the Teen Program partnered with the Community Recreation Services Department to decorate the Senior Program room with Valentine's decorations and write Valentine's cards for the Senior. We strive to do Intergenerational events with our Senior Citizens to provide emotional support they may not always receive. In addition, one Senior was brought to tears by a card written by one of our teen participants on Valentine's Day. The card stated, "You are a warrior who has been through many battles, and we appreciate you." The card was chosen randomly by a senior overcoming her battle with cancer and other health concerns—a lesson to our teens about how impactful their words can be on their community.
- On Wednesday, February 28th, Pink Shirt Day, the Teens facilitated different activities
  with the Elementary youth. Pink Shirt Day stems from Nova Scotia, Canada, in 2007,
  when a student went to school one day wearing a pink shirt and was bullied for it. As a
  result, two of his classmates took a stand and organized for classmates to wear pink shirts
  to stand in solidarity. They led them on a shirt decoration activity with the history of Pink
  Shirt Day. They also had them write words of encouragement on hearts, which were then
  conducted in a cookie decoration activity.