

## Mental Health Month

WHEREAS, behavioral health is as important as physical health, with the health of our minds affecting how we think, feel and live; and

WHEREAS, life's challenges can affect people's behavioral health, with more Weld County residents having reported experiences of depression, anxiety, or other mental health conditions than in years past; and

WHEREAS, while one in every four people are affected by mental illness, we know that hospitalizations, incarcerations, childhood trauma, suicides, and substance use disorder can be prevented through early and effective treatment, local collaboration, and community-based prevention; and

WHEREAS, without regard for ability to pay, Greeley residents have had access to critical crisis support services through North Range Behavioral Health, Weld County's community mental health center; and

WHEREAS, Greeley residents can find recovery through a variety of services at numerous North Range residential and outpatient facilities throughout Weld County; and

WHEREAS, Greeley residents are healthier because of North Range's commitment to collaboration with community health centers, school districts, human services, law enforcement, United Way, and many others; and

WHEREAS, National Mental Health Month is observed every May to raise awareness about behavioral health, recovery, and the importance of prevention and mental wellness.

**NOW, THEREFORE, I**, do hereby proclaim May 2022, as *Mental Health Month* in Greeley and call upon the citizens, government agencies, public and private institutions, businesses and schools to recommit our community to increasing awareness and understanding of behavioral health, and the need for appropriate and accessible services for all citizens.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused to be affixed the official seal of the City of Greeley, Colorado, this 17<sup>th</sup> day of May, 2022.

John Gates Mayor