



REQUEST FOR COUNCIL ACTION

AGENDA DATE: February 9, 2026

AGENDA ITEM: Consider authorizing the Police Department to host “Leadership and Wellness” seminar.

PREPARED BY: Chief Andy Morgan

BACKGROUND:

The honorable calling to law enforcement comes with countless rewards but also exposes personnel to considerable repeated, traumatic events that are inherently dangerous and specific to this field. Law enforcement is always the first answer to the community’s call and often exposed to deal with the worst humanity has to offer. Improving officer health and resiliency was a 2022 department goal. GRPD’s Officer Wellness Program has been well received by staff and recognized as part of modern policing.

Messaging of the “Leadership and Wellness” seminar provided by FBI National Academy Instructor Heidi A. Ramsey is well known and respected.

Staff members are aware that we are committed to continuing to advance the GRPD Officer Wellness Program. We are committed to long-term employee health.

Cost of services will not exceed \$2,000 and will be satisfied by utilizing funds from the outside Public Safety Aid.

REQUESTED COUNCIL ACTION:

Make a motion to authorizing the Police Department to host “Leadership and Wellness” seminar.