



## REQUEST FOR COUNCIL ACTION

**AGENDA DATE:** January 13, 2025

**AGENDA ITEM:** Consider authorizing the Police Department to enter into contract with service provider Steven E. Breitbarth, M. Div., LMFT.

**PREPARED BY:** Chief Andy Morgan

---

### **BACKGROUND:**

The honorable calling to law enforcement comes with countless rewards but also exposes personnel to considerable repeated, traumatic events that are inherently dangerous and specific to this field. Law enforcement is always the first answer to community's call and often exposed to deal with the worst humanity has to offer. The purpose of this program is to provide a therapeutic, one on one, confidential, at no employee cost session with Therapist Steven E. Breitbarth. GRPD Officer Wellness Program is a positive way an employee can heal from the accumulated stresses of traumatic interactions with society as well as any personal stresses that exist.

Improving officer health and resiliency was a 2022 department goal. GRPD's Officer Wellness Program was well received by staff and recognized as being of value. Staff members are aware that we are committed to continuing to advance the GRPD Officer Wellness Program. We are committed to long-term employee health.

Cost of services will be satisfied by utilizing funds from the recently issued Public Safety Aid

### **REQUESTED COUNCIL ACTION:**

Make a motion to authorizing the Police Department to enter into contract with service provider Steven E. Breitbarth, M. Div., LMFT.