



REQUEST FOR COUNCIL ACTION

AGENDA DATE: January 8, 2024

AGENDA ITEM: Consider authorizing the Police Department to enter into contract with service provider Jean Kummerow, Ph.D., LP.

PREPARED BY: Chief Andy Morgan

BACKGROUND:

The honorable calling to law enforcement comes with countless rewards but also exposes personnel to considerable repeated, traumatic events that are inherently dangerous and specific to this field. Law enforcement is always the first answer to community's call and often exposed to deal with the worst humanity has to offer. The purpose of this added aspect of the GRPD Officer Wellness program is to provide staff members additional insight on natural personality styles, strengths, weaknesses, potential pitfalls, and predictable reactions to stress. It is the hope that the employee can reference these results and decide how to apply such when considering personal / professional growth.

Improving officer health and resiliency was a 2022 department goal. GRPD's Officer Wellness Program was well received by staff and recognized as being of value. Staff members are aware that we are committed to continuing GRPD Officer Wellness Program. We are committed to long-term employee health.

See attached for additional information regarding the MBTI II and the service provider.

Program cost will be satisfied by utilizing recently issued Public Safety Aid.

REQUESTED COUNCIL ACTION:

Make a motion to authorizing the Police Department to enter into contract with service provider Jean Kummerow, Ph.D., LP.