



CITY OF GRAND PRAIRIE RESOLUTION

MEETING DATE: 07/08/2024

PRESENTER: Daniel Scesney, Chief of Police

TITLE: A Resolution ratifying a FY 2025 First Responder Mental Health Program grant application to the Office of the Governor, Victims of Crime Act Formula Grant Program, for the purpose of providing first responder mental health resources not to exceed \$31,964.00 and authorizing the City Manager to accept, reject, alter, or terminate the grant, if awarded

REVIEWING COMMITTEE: (Reviewed by the Public Safety, Health and Environment Committee on 07/08/2024)

PURPOSE OF REQUEST:

First responders are exposed to secondary trauma as a result of the jobs they do. Accessing resources for stress reduction while on shift due to inconsistent break times, busy call loads, and low staffing are examples of barriers they face. Another unique challenge is limited access to health-promoting resources that are open 24/7 to accommodate shifts outside of regular business hours of operation.

The Grand Prairie Police Department Wellness Program's project works to reduce the barriers to accessing resources partnered techniques to help reduce the stigma surrounding mental health. By increasing access to culturally competent providers, health information, and education specifically designed for the unique challenges of first responders this wellness initiative aims to better meet the needs outlined by the department.

Programs included are: traditional counseling with Eye Movement Desensitization and Reprocessing (EMDR), Yearly wellness checks, Yoga, Understanding the Science of Trauma training, First Responder Stress and Trauma training, retirement prep course, spouse/couples retreats, Peer Support and access to Licensed Mental Health Clinicians.

FINANCIAL CONSIDERATION:

This grant does not require a cash match. An in-kind match of \$9,412.80 is required. This is derived from volunteer hours worked to support the program.

BODY

A RESOLUTION RATIFYING THE CITY OF GRAND PRAIRIE, TEXAS, FY 2025 FIRST RESPONDER MENTAL HEALTH PROGRAM GRANT APPLICATION TO THE OFFICE OF THE GOVERNOR, PUBLIC SAFETY OFFICE, VICTIMS OF CRIME ACT FORMULA GRANT PROGRAM FOR THE PURPOSE OF FUNDING FIRST RESPONDER MENTAL HEALTH RESOURCES IN AMOUNT OF \$31,964.00 AND AUTHORIZING THE CITY MANAGER TO ACCEPT, REJECT, ALTER, OR TERMINATE THE GRANT, IF AWARDED

WHEREAS, the City is eligible to receive a grant for the First Responder Mental Health Program grant application of the Office of the Governor, Victims of Crime Act Formula Grant Program in the amount of \$31,964.00: and

WHEREAS, if the grant is awarded, the City will have limited time to accept the grant; and

WHEREAS, the grant requires grant funds to be returned in the event of loss or misuse of program funds.

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NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF GRAND PRAIRIE, TEXAS, THAT:

SECTION 1. The City Council of the City of Grand Prairie, Texas hereby supports and ratifies grant application number 4541303 for the First Responder Mental Program grant from the Office of the Governor, Public Safety Office, Victims of Crime Act Formula grant in the amount of \$31,964.00.

SECTION 2. The City Manager of the City of Grand Prairie is empowered to accept, reject, alter, or terminate this grant on behalf of the City Council.

SECTION 3. The funds will be returned to the Office of the Governor, Public Safety Office in the event of loss or misuse of program funds.

SECTION 4. This resolution shall be in full force and effect from and after its passage and approval in accordance with Charter of the City of Grand Prairie and it is accordingly so resolved.

PASSED AND APPROVED BY THE CITY COUNCIL OF THE CITY OF GRAND PRAIRIE, TEXAS, ON THIS THE 6th DAY OF AUGUST 2024.