



**FRUITA**  
COLORADO

**CITY OF FRUITA  
BOARDS AND COMMISSIONS  
MEMBERSHIP APPLICATION**

BOARD OR COMMISSION: Livability Commission

NAME: Carmen Flores

MAILING ADDRESS: 815 Adams Dr

	City	State	Zip
RESIDENCE ADDRESS:	<u>Fruita</u>	<u>CO</u>	<u>81521</u>

PHONE NUMBER: 970-623-6422

	Home	Work
E-MAIL ADDRESS:	<u>carmensophiaflores@gmail.com</u>	

How long have you been a resident of Fruita? 7 months (Mesa County ~ 24 yrs)

Occupation/Employer: Readiness & Response Coordinator, Northwest Region Healthcare Coalition

List any volunteer and/or work experience:

\*See attached resume for details\*

- Readiness & Response Coordinator Northwest Region Healthcare Coalition, Colorado (June 2022 - Present)
- Community Health Planner and Emergency Preparedness & Response Coordinator for Mesa County Public Health, Grand Junction, CO (Oct 2018 - May 2022)
- Marketing & Communications Intern for SCL Health St. Marys, Grand Junction, CO (May 2018 - Oct 2018)

Are you presently serving on a board or commission? If so, which one(s)?

I am not currently serving on a board or commission.

Why do you want to be a member of this board or commission?

I want to serve as a board member on the Fruita Livability Commission because it offers a unique opportunity to contribute to the well-being of the Fruita community, which aligns with my values both personally and professionally. As a new resident to Fruita, I am excited to help advance the city's quality of life, economic health, and lifestyle by collaborating with fellow Livability Commission and City Council members as representatives of the community.

List any abilities, skills, or interests which are applicable to the board or commission for which you are applying.

Skills that I have professional experience in that I think will be valuable to the Livability Commission include the following: strategic planning, community engagement, cross-functional coordination, project management, public relations, and event planning.

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Are you committed to attending meetings?

Yes

No

Are you committed to serving an entire term?

Yes

No

Please specify any activities which might create serious conflict of interest if you should be appointed to a particular board or commission. (If unsure, please call the City Manager's office at 858-3663)

I do not have any activities that would create conflict of interest.

List any licenses, certificates or other specialized training applicable to the board or commission for which you are applying.

I have 5+ years experience in strategic planning, community engagement, and cross-functional coordination that will benefit the Livability Commission.

Additional information or references you believe may be helpful in considering your application.

Please see my resume for additional information not captured in my application. Thank you for your consideration!

Signature *Carmen Flores* Date 1/17/2024

All applicants are strongly encouraged to attend a regularly scheduled meeting of the board or commission for which they are applying. Frequent non-attendance may result in termination of the appointment.

**ATTACHMENTS TO APPLICATION MUST BE LIMITED TO TWO PAGES**

Please feel free to submit a resume along with this application. Application and any attachments should be returned to the Fruita City Council c/o the City Clerk, 325 E. Aspen, Fruita, CO 81521. Although we have indicated the best time to apply for a particular board, we accept applications for any of the boards year-round. Thank you.

# Carmen S. Flores

Fruita, CO  
(970) 623-6422  
carmensophiaflores@gmail.com

## EXPERIENCE

**Northwest Region Healthcare Coalition, Colorado**—  
JUNE 2022 - PRESENT

### *Readiness & Response Coordinator*

- Enhance regional health and medical preparedness, response, and recovery capabilities through collaboration with hospital, emergency management, public health, EMS, and other health and medical partners throughout our 10-county region.
- Facilitate the planning, training, exercising, operational readiness, evaluation, and ongoing development of the Healthcare Coalition.
- Comply with and follow all requirements established in the CDPHE Statement of Work and grant guidance.
- Manage allocation of Coalition funds, funding requests, and reimbursements according to NWRHCC procedures and in conjunction with the Healthcare Coalition's Fiscal Agent.
- Provide direction to two other Healthcare Coalition staff (Assistant Readiness & Response Coordinator and Clinical Advisor).

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**Mesa County Public Health, Grand Junction, CO** —  
OCTOBER 2018 - MAY 2022

### *Community Health Planner*

AUGUST 2021 - MAY 2022

- Led collaborative community initiatives to achieve large-scale systemic change, specifically addressing youth substance abuse, opioid abuse, child maltreatment, and community mental health system capacity.
- Served as a representative on a variety of community coalitions, including the Mesa County Opioid Response Group, How Are the Children? Advisory Council, Mesa County Mental Health Steering Committee, and Warrior Wellness School-Based Health Center Advisory Council.
- Created and drove execution of five year action plans to shape the work of community coalitions based on areas of needs identified in the Community Health Needs Assessment.
- Ensured timely and accurate completion of grant deliverables as required by community-level grants currently housed at Mesa County Public Health.

### *Regional Emergency Preparedness & Response Specialist*

OCTOBER 2018 - AUGUST 2021

- Led the Regional Operations Branch of the Mesa County COVID-19 Response for 16 months.
- Served as a liaison and subject matter expert to a variety of Emergency

## SUMMARY

Experienced professional with a demonstrated history of working in the emergency preparedness and healthcare industries.

Skilled in relationship building, project management, event planning, program design, employee engagement, and time management.

Trusted and positive team and project leader who is passionate about people.

## EDUCATION

**University of Colorado, Boulder**  
2013 - 2017

- Bachelor of Arts, *Anthropology*
- Minor in *Ethnic Studies*

## TRAININGS & CERTIFICATIONS

- IS-800, 700, 200, 100
- ICS-300
- G-290, G-191, G-775
- Public Health Law
- Tuberculosis for Healthcare Workers
- Advanced Planning Concepts: Developing IAPs
- IMT Public Information Officer Trainee
- Mental Health First Aid
- Introduction to Substance Abuse Prevention
- Foundations & Strategies of Tobacco Control

Preparedness and Response agencies in the Northwest & West regions of Colorado.

- Created a comprehensive and engaging emergency preparedness and response training curriculum, and acted as the lead trainer for emergency preparedness professionals throughout the region.
- Coordinated health and medical emergency planning and response with local hospitals, long-term care facilities, and other providers.
- Facilitated presentations, conference calls and discussions as they related to public health and emergency preparedness and response topics, and supported public health response activities.
- Strategized method for completing contract deliverables, and clearly communicated those methods with ten county health departments. Led meetings with public health departments on a regular basis to complete deliverables, which included updating plans, coordinating trainings, and conducting exercises.

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**SCL Health St. Mary's, Grand Junction, CO —**  
**Marketing & Communications Intern**  
MAY 2018 - OCTOBER 2018

- Assisted in building media campaigns using a number of digital and traditional marketing outlets.
- Planned and coordinated events to help support organizational objectives and goals.
- Managed St. Mary's Medical Center's social media (Facebook, Instagram, Twitter).
- Created and documented marketing content regarding hospital events for social platforms.

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**Tri Delta Fraternity, Dallas, TX —**  
**Development Consultant**  
MARCH 2017 - MAY 2018

- Led a team of eight fellow leaders and collaborated with key stakeholders and volunteers to lead values driven, sustainable membership expansion to ensure organizational growth and membership retention.
- Organized recruitment efforts to accommodate over 1300 prospective members.
- Planned and facilitated workshops and engaging learning opportunities for hundreds of collegiate women.
- Trained people on organizational operations, leadership skills, policies and risk management.
- Oversaw the planning of internal and external social events, and philanthropic events benefiting St. Jude Children's Research Hospital and Children's Hospital Colorado.

**REFERENCES**

Vincent Burkhardt  
*Emergency Management Manager,*  
*Peaks Region*  
Intermountain Healthcare  
[vincent.burkhardt@imail.org](mailto:vincent.burkhardt@imail.org)  
(303) 889 - 9752

Rachel Burmeister  
*Disease Surveillance & Emergency*  
*Response Manager*  
Mesa County Public Health  
[rachel.burmeister@mesacounty.us](mailto:rachel.burmeister@mesacounty.us)  
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Nanci Quintana  
*Retired, previously Emergency*  
*Preparedness & Response Specialist*  
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