



## PROCLAMATION

**WHEREAS**, parks and recreation is an integral part of communities throughout this country, including the City of Fort Collins; and

**WHEREAS**, parks and recreation promotes health and wellness, improving physical and mental health of people who live near parks; and

**WHEREAS**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

**WHEREAS**, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

**WHEREAS**, parks and recreation programming and education activities, such as camps, swimming, youth sports, and school's day out programming are critical to childhood development; and

**WHEREAS**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

**WHEREAS**, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change and is fundamental to the environmental well-being of our community; and

**WHEREAS**, the City of Fort Collins recognizes the benefits derived from parks and recreation resources.

**NOW, THEREFORE**, I, Jeni Arndt, Mayor of the City of Fort Collins, do hereby recognize July 2024, as

### **PARK AND RECREATION MONTH**

**IN WITNESS WHEREOF**, I have hereunto set my hand and the seal of the City of Fort Collins this 2nd day of July, 2024.

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Mayor

ATTEST:

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City Clerk