

Youth Advisory Board Recap 2025-2026

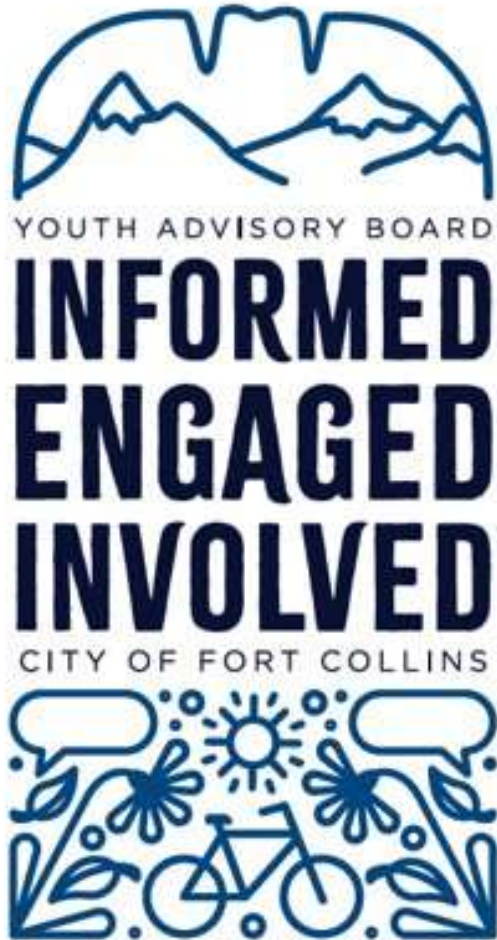
Youth Advisory Board

Sophie Williams – Co-Chair
Charlotte Wond – Secretary
Annalise Chaffee – Board Member
Brooks Fohrman – Board Member
LeAnn Williams – Staff Liaison
Rachel Eich – Staff Liaison



2025-2026 Youth Advisory Board by the Numbers





Stop the Bleed

Mental health education

E-bikes and environmental awareness

Vaping and e-cigarette (Tobacco Free Kids) – *identified for 26-27 work plan*

Stop the Bleed / CPR / AED

- Second year integrating into schools.
- Presented to entire 9th grade class at Fossil Ridge High School.
- Awarded a professional partnership with PFA.
- Presented all four quarters at Rocky Mountain High School.
- 25+ total hours presenting.



- This was a project led by a small team of YAB members (four people).
- This was the first year the mental health project has been done.
- Created a neuroscience/healthy habits program for middle schoolers in Poudre School District using Larimer County Alliance for Suicide Prevention tools.
- Hosted lessons at Blevins Middle School in February.



- **E-bikes**

- Brought attention and advocacy to FC Moves about lack of spin for school-aged kids.
- Spin, Safe Routes to School and FC Moves developed program to lower age limit for renting scooters and bikes to 14.
 - Goes into effect Spring 2027.
 - Safety lessons required for ages 14-16.

- **Environmental Awareness**

- Met with environmental specialist with the City of Fort Collins.



Vaping and E-Cigarettes

- Meeting with Tobacco Free Kids
 - Jody Radke and Kimberly Baker
- 2026-2027 project
- Spreading awareness/education



National League of Cities

- Youth conference
- Breakfast with Senators
- Sightseeing
- Monuments





Thank you!