

VOLUNTEER APPLICATION

Kristen Glennie

1/7/2026 12:56 PM

Application: **DAB - Disability Advisory Board**

Applicant Information

Birthday: [REDACTED] Gender: Female Education Level: Masters degree

Address: [REDACTED] Phone: [REDACTED] <<

Volunteer Groups Applied For

Disability Advisory Board

Skills & Interests

Additional Skills / Interests: Some Spanish

Job Description

I have read the job description

Questions

I acknowledge and understand it is recommended to apply for no more than (3) Board/Commission volunteer positions in any one recruitment cycle.	YES
If applying for more than (1) board/commission please list all boards in order of preference (the most important board to you should be listed first). Please enter N/A if you have not applied to more than one board/commission.	N/A
Which Council District do you live in? Please refer to the map at: https://gisweb.fcgov.com/HTML5Viewer/Index.html?Viewer=FCMaps&layerTheme=Council%20Districts	1
I acknowledge I am available when the Disability Advisory Board meets: 3rd Monday of each month at 5:30 P.M.	YES
How many hours per month are you willing to put in (including research, work, and meeting time) as a board member?	10
Current Occupation:	See resume
Current Employer:	See resume
Prior work experience (please include dates):	See resume
Volunteer experience (please include dates):	See resume
Have you applied for this board before? If yes, please explain.	No
Are you currently serving on a City board or Commission? If so, which one?	No
What experiences do you have interacting with those with disabilities?	In my current role with the Wyoming Institute for Disabilities (WIND), and as a

public health trainee with the Utah Regional Leadership Education in Neurodevelopmental and Related Disabilities (URLEND) program, I've had countless opportunities to connect with people with disabilities on a very regular basis. Both WIND and URLEND emphasize the importance of inclusion in all aspects of learning, research, policy development, and dissemination. I regularly work with self-advocates and families of people with disabilities to understand what their needs are and how we can develop programs to address these needs. Previously, I was the President of the Best Buddies Chapter at Clark University, and had the opportunity to attend a Leadership Conference.

What concerns do you have or have seen in our community that needs to be addressed impacting those with disabilities? And, how would you advocate for those with disabilities?

A few ideas/ongoing activities I think we could expand on are improving community access/awareness of home modification services, ensuring public transportation is accessible, ensuring public announcements and policy are available in plain language formats. Given that I don't identify as having a disability, I believe it is so SO important and valuable to to engage people with lived experience to directly learn more about their experiences. Generally, I really enjoy talking and connecting with people. Additionally, through my work with WIND and the URLEND program, believe I have gotten better at engaging with people who have vastly different experiences than my own.

Why do you want to become a member of this particular board or commission?

I strongly believe that as a society, we are at our best when everybody has a seat at the table. I want to help promote this ideology at a city-level, and work to create a space where everybody has the opportunity to participate in all of the wonderful things Fort Collins has to offer.

Specify any activities which might create a serious conflict of interest if you are appointed:

No

Have you ever been the subject of a code of conduct or ethics complaint? If yes, please explain.

No

Have you ever been found in violation of the code of conduct or ethics rule? If yes, please explain.

No

Are you willing to complete the required training if appointed?

YES

How did you learn of a vacancy on this board or commission?

Website

Kristen Glennie

My goal is to contribute to the development of an equitable healthcare system that prioritizes health literacy, provides essential resources and education, and empowers all individuals to lead healthier lives.

Skills

Project Management, Data Management, Data Analysis and Interpretation, R, Excel, Power BI, MaxQDA, GraphPad Prism, SAS, RedCap, Data Reporting/Presentation, Technical and Collaborative Writing, Literature Review, Community Needs Assessment, Survey Design, Research Methodologies, Community Outreach, Meeting Facilitation, Constant Contact, WordPress, Google Applications.

Relevant Experience

Senior Project Coordinator

Wyoming Institute for Disabilities, University of Wyoming, Laramie, WY

January 2025-Present

- 2025-26 Utah Regional Leadership Education in Neurodevelopmental and Related Disabilities (URLEND) Public Health trainee.
 - Graduate-level didactic and clinical coursework that educates trainees on the importance of culturally competent, person-first program development. The goal is to improve health outcomes for people with neurodevelopmental and related disabilities.
 - Developing a training platform to educate healthcare providers on pediatric-to-adult transitional healthcare services, specifically for people with intellectual and developmental disorders.
- Managing the PATHS project, which aims to launch telehealth access points in public spaces. Currently 2 booths have been launched, with two more planned for early 2026.
 - Perform outreach to entities in and around the telehealth booth locations to ensure providers and the public are aware of the resource.
 - Work with librarians to develop marketing materials, a reservation system, and to train them on basic IT/troubleshooting protocols.
 - Presented usage and reporting data from the libraries to WyTN Leadership, on a Webinar, and to Adult Protective Services (steering committee and statewide).
 - Grant management/tracking
- Developed a database using Excel to organize and track Wyoming Telehealth Network(WyTN) provided Zoom license usage.
 - Interpreted areas of focus for telehealth expansion in WY, developed an outreach/education action plan to meet these goals.
 - Presented the report to WyTN leadership and the Wyoming Telehealth Consortium.
 - Working to develop a more sustainable and streamlined database using Access.
- Researched, developed, and distributed a survey to assess telehealth utilization among providers in Wyoming.
 - Survey utilizes both response data and a qualitative follow-up interview
- Facilitate monthly Special Interest Group and Committee meetings, and quarterly Wyoming Telehealth Consortium meetings to engage stakeholders and expand telehealth practice.
 - Initiated a Hospital Special interest Group to expand collaboration and information sharing.
 - Currently 2/3rds of WY Hospitals are represented on our calls.
- Working with our Research and Evaluation team to conduct interviews for the Wyoming Institute for Disabilities 5 Year Needs Assessment and grant proposal.

Freelance Consulting

Remote

July 2024 – Present

- Collaborated with colleagues from University of Wyoming, USC Leonard Davis School of Gerontology, and Weill Cornell Medical College to create an educational symposium on home modification and accessibility.
 - Our work focuses on utilizing large data sets to advance home modification service delivery.
 - Developed our presentation and educational handouts for the GSA audience.
 - Collaborative literature review and manuscript writing.
- Identifying and applying to grants and funding streams for a local pediatric occupational therapy clinic and children's learning/play center.

Graduate Teaching Assistantship

Department of Health and Exercise Science, Colorado State University, Fort Collins, CO

August 2022 – August 2024

- Independently led 5 undergraduate lab courses.
 - Intro to Physiology of Exercise, Advanced Exercise Physiology, Exercise Prescription, Neuromuscular Aspects of Movement, Neurophysiology and Biomechanics, and Sports Medicine Capstone.
- Developed and delivered several full length guest lectures to undergraduate students.
 - Neuroanatomy: The Basics; Somatosensation and Movement; Bioenergetics; Nutrition.
- Supported over 400 total students through group and individual instruction, office hours, grading/feedback.

Short-term Research Consultant

Commune Health, Remote

May – June 2023

- Developed 10 training modules for an online supplemental nutrition education course.
 - Reviewed literature to summarize current clinical applications, opinions, and common uses of nutritional supplements.
 - Created a presentation that summarized key points and overall take-aways for a lay and hybrid audience.

AmeriCorps VISTA - Community Outreach with a Focus on Aging

Aging Division, Wyoming Department of Health, Cheyenne, WY

June 2021 - June 2022

- My service goal was to improve current resource accessibility, and expand services for older adults across Wyoming, with a specific focus on rural and frontier centers.
 - Home Modifications
 - Co-founded the Wyoming Home Modification Action Coalition which partners with state and national organizations/stakeholders to increase access to home modification resources, and promote independent living/aging-in-place among older adults throughout the state.
 - Delivered 4 presentations to lay and hybrid audiences discussing the importance of home-modification to healthful aging-in-place.
 - Created website materials, social media updates, and various brochures and flyers to engage with broad audiences across Wyoming.
 - Social Isolation
 - Conducted a state-wide needs assessment spanning 24 rural/frontier senior centers to assess concerns and best practices regarding social isolation, loneliness, and other mental health topics.
 - Collaborated with researchers nationally, at the state level, and at the University of Wyoming to identify opportunities to address the gaps identified by the needs assessment.

Education

Master of Science in Health and Exercise Science

August 2022 - August 2024

Translational Research on Aging and Chronic Disease (TRACD) lab, Colorado State University, Fort Collins, CO

- Thesis: The Dunkin Hartley Guinea Pig: Characterization of a Novel Model for Neurodegeneration.

Bachelor of Arts in Biology, Concentration in Public Health

August 2014 - May 2018

Clark University, Worcester, MA

Continued Education

- Certificate in Evidence Based Public Health (course), Rocky Mountain Public Health Training Center. Fall 2025.
- Utah Regional Leadership Education in Neurodevelopmental Disabilities 2025-2026
- Evidence Based Public Health (course), Rocky Mountain Public Health Training Center, Fall 2025
- Professional Development (course) , The Institute for Learning and Teaching - Colorado State University, Winter 2022.
- DEI training (course), Colorado State University, Fall 2022.
- Physiology of Exercise (course), Colorado State University, Spring 2022.
- Topics in Public Health- Rural Health (course), University of Southern Maine, Fall 2021.
- The Basic Science of Public Health and Epidemiology (course), Coursera, Spring 2021.

Publications and Presentations

- "Advancing Home Modification Service Delivery Through Synthesizing Data and Evidence". Gerontological Society Annual Meeting 2024. **Symposium**. November 2024.
- "The Hartley Guinea Pig - A Novel Model for Neurodegeneration". Gerontological Society Annual Meeting 2024. **Poster presentation**. November 2024.
- "Identifying the directional relationship between home modification & daily function in older adults". **Manuscript in progress**.
- Gerontological Society Annual Meeting 2024. **Accepted Abstract. Poster presentation**. November 2024.

- "Characterization of the Dunkin Hartley Guinea Pig as a Non-Transgenic and Multimorbid Model of Brain Aging". Department of Health and Exercise Science. **Powerpoint presentation**. May 2024.
- College of Health and Human Science Research Days. **Poster presentation**. March 2024.
- Colorado State University Graduate Student Showcase. **Poster presentation**. October 2023.
- Front Range Neurobiology Conference. **Poster presentation**. December 2022.
- "Loneliness and Social Isolation Among Older Adults - Perspectives from Senior Center Directors". **Manuscript in progress**.
- "Wyoming State Plan on Aging 2021-2025". Wyoming Department of Health. **Report Published**. October 1, 2021.
- "Home Modifications in Wyoming: Helping People Live Independently". **Powerpoint presentation**. Eppson Center for Seniors. Laramie, Wyoming. October 2021
- "Home Modification to Promote Aging in Place". **Powerpoint presentation**. Wyoming Conference on Aging. Virtual. September 2021
- "Home Modifications – Stay Safe at Home". **Powerpoint presentation**. Age Well Conference. Cheyenne, Wyoming. August 2021