

The Olympian Fortress Swim Academy



www.theolympianfortress.com

Delicate Mendel (Infant)

A delicate being full of wisdom that we do not always recognize. Babies are wiser than we know with skills unknown. Watch as your baby amazes you as they gain the survival skills needed in a sea surrounded by water.



Introduction to water
Parent and Me
Water Safety+Drown
Proofing

Novice Ares- Video 1 Beginner Swimmer

Bodies of water are large and powerful but so are you. Learn how to use that power to move through the water with confidence.



Transitional Cadmus- Video 2 Intermediate Swimmer

You have transitioned from learning how to navigate through water. Now it is time to increase your mind and skills to be ready to advance to the next level.


Video 1- Youth/Adult Package, swimmers who only want to learn how to swim and check off a skill on their bucket list



Excelled Oceanus- Video 2: Advance Swimmer

You have excelled in your ability to overcome many challenges. You have mastered control over your body within the water. You are ready to increase your endurance, your strokes, and overall skill development.



Taylor Walker . from Orlando, FL, wife and a mother of two. From young I have always been in the water never wanting to leave as it was my form of therapy. My mother took notice of my abilities and encouraged that I try out for the swim team. As I developed as a swimmer, the YMCA Coach noticed my abilities and recruited me as a Lifeguard where my desire to guide others grew. As I became a veteran lifeguard my boss realized that I would make a great swim instructor. I stepped into that training not knowing that my purpose was meeting my passion, where my ultimate goal set the standards of my mindset, that anyone can be taught no matter the limitations.

License & Insured
 Certified by American Red Cross
 Certification for Adult and Pediatric First Aid / CPR / AED
 Water Safety Ambassador
 Safety Training for Swim Coaches
 Pending renewal listed below:
 CPD
 Bloodborne Pathogens
 Training provider for Lifeguards & Swim Instructors

Insured By Hiscox
