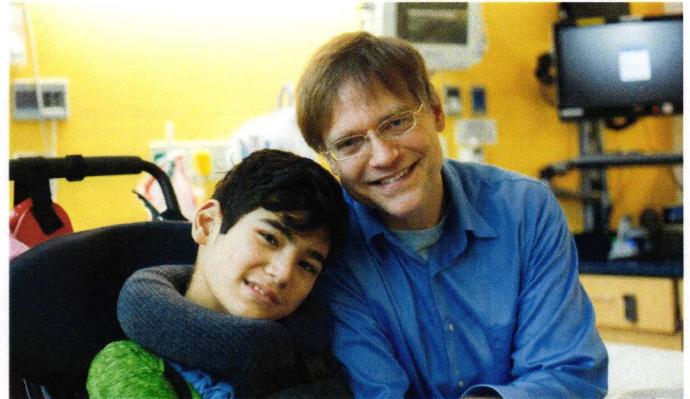




Caregiver

RESOURCE CENTER



Caregivers play a crucial role in caring for loved ones at home. The Caregiver Resource Center is a place where caregivers can go to feel supported and get the help they need to care for themselves and their loved ones.

The Caregiver Resource Center will provide:

- information and resources
- connections to community service providers
- support groups
- social work consultations
- self-care opportunities including Stonehill Wellness Center membership and massages
- the comfort of a listening ear, quiet fellowship, or a hug

Services are offered to non-professional caregivers of any age who help care for loved ones with chronic illness. They are available at little to no cost to the caregiver, and made possible through an endowment fund at the Community Foundation of Greater Dubuque that was started with a generous gift from Jim Theisen, community support, and support from Stonehill Communities.

The Caregiver Resource Center is hosted on the Stonehill Communities campus at 3485 Windsor Avenue, Dubuque, IA 52001 and is open to caregivers throughout the tri-state area.

For questions or more information, please contact:

Caregiver Resource Center Coordinator, Jolene Koopmann
563.690.9679 | caregivercenter@stonehilldbq.com
www.stonehilldbq.com/caregiverresourcecenter



About Stonehill Communities

Stonehill offers more than 40 years of experience and provides a full continuum of health and wellness services including independent and assisted living, assisted living memory care, post-acute rehab, long term care, memory care, inpatient and outpatient therapy, palliative care and hospice care, and a state-of-the-art wellness center open to the public.