

# 1<sup>st</sup> & 2<sup>nd</sup> Grade Dyersville Soccer League

## 1. RULES OF PLAY

- A. Number of players: The maximum number of players on the field at any one time is **Seven**. A team may start with or play down to five players without forfeiture of the game. One of these players is the goalie; he will wear a different colored shirt.
- B. Duration of game: The game will consist of four (4) 10-minute periods with two- minute breaks between the first and second periods and the third and fourth periods. There will also be a five-minute half-time break.
- C. Field size: The field will be rectangular, its length 60 yards by a width of 30 yards.
- D. Goal size: 8.5' x 18'
- E. Ball size: The game ball used shall be a No.4 sized ball.
- F. Offside: No Offside
- G. Throw-ins: Conform to Iowa High School rules except that a second throw-in will be allowed if the player makes an improper throw-in (i.e. lifts one foot, etc). If the second attempt is improper, the opposing team will receive the ball for the throw- in play. Both feet must be behind the line. **Note: no second chance is given during Tournament Play.**
- H. Corner kicks: Conform to Iowa High School rules rule except that opponents must be eight (8) yards off the ball.
- I. Goal kicks: Conform to Iowa High School rules. The ball is live as soon as it is played, the ball does not need to clear the penalty area.
- J. Free kicks: Conform to Iowa High School rules except the Penalty line shall be marked at 10 yards in front of each goal.
- K. Penalty kicks: Conform to Iowa High School rules except the Penalty line shall be marked at 10 yards in front of each goal.
- L. Red and Yellow cards are not issued in this league. Any intentional fouls like Kicking, Pushing, Holding, Jumping, Charging, Tripping, Obstruction, Dangerous play (i.e. High kicks, rough or violent play) unsportsmanlike conduct (i.e. Spitting, Profanity, Taunting) are not tolerated.
- M. **Heading: Children of this age should be discouraged from heading the ball.**
- N. One coach per team is allowed on the field; however they may not enter the penalty box area or obstruct play.

## 2. SUBSTITUTION RULES

- A. Player substitution: Substitutions can be made at any time during the game but is best to do it during time outs or at the start of each quarter or if a player is injured.
- B. Playing time: ***Each player should be playing at least half of the game.*** In this age group you may have a player who does not want to play, please advise the player parent and opposing coach of the situation.
- C. Maximizing playing opportunity: Player participation should be maximized. It is a goal of the Dyersville Soccer League that playing time is maximized for ALL players, not just the very skilled. The free substitutions rule is an aid to assist the coaches to achieve this goal.
- E. Line up cards: Line up cards are not used in the Dyersville Soccer League

### **III. PLAYERS' EQUIPMENT**

- A. Footwear: Shall conform to Iowa High School rules with the following exceptions:  
Footwear shall include tennis shoes or soft cleat soccer shoes.
- B. Shin Guards: All players are encouraged to play with shin-guards and they must be covered by at least one layer of a sock.
- C. Jewelry: There shall be NO jewelry worn by any participants. Children should refrain from having their ears pierced during the season.
- D. Uniform: All players must wear their official team shirt issued for that season. Shirt is the property of the player and they are encouraged to wear them during leisure and practice times.
- E. Casts: Casts may be worn if they are safely padded, the player has to have a licensed physician's approval to play with a cast, and it's not dangerous to him/herself or anyone else.
- F. Hats cannot be worn during the game. Stocking caps and ear protection during cold weather is acceptable.

### **IV. REFEREES**

- A. Referees: Dyersville Soccer Leagues Officials will assign referees to each game. As a general rule, our officials in the younger grades are just getting started and need your support and cooperation. If you have a complaint or notice an obvious deficiency in the official knowledge or understanding of the rules of soccer, please notify Dyersville Soccer League Official Organizer, President or Parks Director.
- B. B. Please do not repeatedly confront the official. Any spectator that is confronting an official will be asked to leave the field and play will be stopped until the spectator is no longer present. Any spectator or coach that has been removed from a game is not allowed to attend their teams next game. Any team that has multiple spectators / coaches removed during the same game will result in a forfeit of the game.