

SUBMITTED BY: Daritza Villalobos, Grants Coordinator

MANAGEMENT TEAM REVIEW: Ana Urquijo, city Manager/ Luis Pedroza, Deputy City Manager/City Treasurer

FOCUS AREA: Other / NA

**ORGANIZATIONAL
IMPROVEMENTS:**

SUBJECT: **AUTHORIZING the GRANT ACCEPTANCE in the amount of \$2,500, from the LEGACY FOUNDATION of SOUTHERN ARIZONA to fund the HEALTHY CHOICES AT YOUR LIBRARY, A STEAM BASED HEALTH LITERACY PROGRAM.**

EXECUTIVE SUMMARY:

The City of Douglas Public Library applied to the Legacy Foundation of Southern Arizona for a grant to fund the Healthy Choices at Your Library, a STEAM-based nutrition literacy program. The city was awarded \$2,500 to fund the activities of this program.

BACKGROUND:

The City of Douglas Public Library is committed to providing access to resources to support research, learning and improving the lives of community members. The Healthy Choices at Your Library nutrition literacy program is composed of four tracks designed to educate children and families on the importance of nutrition. The nutrition track features a presenter who reads a book and discusses the importance of nutrition and maintaining health. The second track is called "Recipe for Success" and "Cooking Matters" and are monthly hands-on programs that are part of the STEAM Club and Story Hour activities. The third track focuses on holiday cooking and is taught in the "Native Plants/Kitchen Garden Patio." The fourth and final track focuses on providing healthy snacks to the many children who visit the library after school.

The program is meant to provide children and families with the education they need to make healthier choices when it comes to their nutrition. They are taught the importance of nutrition, how to prepare nutritious recipes, how to alter holiday recipes, and examples of what healthy snacks are. Teaching children to cook and providing them with healthy afterschool snacks communicates, in a fun way, such vital information as nutritional content, food preparation, and calorie information. The program targets newborns to 17-year-old and their families. County data shows concerning levels of diabetes and obesity in these age ranges- two conditions that are directly related to diet and nutrition.

DISCUSSION:

Staff recommends approval.

FISCAL IMPACT:

None.

Fiscal Year: 2023/2024

Amount Requested: n/a

Budgeted: n/a

Account (s):

“...I MOVE THAT THE MAYOR AND COUNCIL APPROVE THE GRANT ACCEPTANCE FROM THE LEGACY FOUNDATION OF SOUTHERN ARIZONA IN THE AMOUNT OF \$2,500 TO FUND THE HEALTHY CHOICES AT YOUR LIBRARY, A STEAM BASED HEALTH LITERACY PROGRAM.”