

SUBMITTED BY: Daritza Villalobos, Grants/CMO Project Coordinator

MANAGEMENT TEAM REVIEW: Ana Urquijo, City Manager/ Luis Pedroza, Deputy City Manager/City Treasurer

FOCUS AREA: Other / NA

**ORGANIZATIONAL
IMPROVEMENTS:**

SUBJECT: **RESOLUTION NO. 23-1563**, a Resolution of the Mayor and Council of the City of Douglas, Cochise County, Arizona, **AUTHORIZING** to **ADOPT** and **ALLOCATE FUNDS** for an **OUTDOOR FITNESS COURT** as part of the 2024 **NATIONAL FITNESS CAMPAIGN**.

EXECUTIVE SUMMARY:

The National Fitness Campaign (NFC) is dedicated to building healthy communities to increase pedestrian movement and make world-class fitness free. This organization is dedicated to building healthy infrastructure to encourage people to spend more time outdoors and to become more active.

BACKGROUND:

The City of Douglas recognizes the importance of health and wellness as a significant factor in achieving a good quality of life. Considering this, the City of Douglas has been searching for avenues to promote health and wellness within the community. This search led staff to the discovery of the NFC and the work they do to make communities healthier, create engagement, and bring sustainable solutions to their challenges.

The NFC is an outdoor fitness court that allows users to exercise using their own bodyweight. The court consists of seven stations that are each designed to work a different body part while being low impact. This court is accessible to adults of all ages and abilities and is designed to create a welcoming space for multiple users at a time.

DISCUSSION:

Staff recommends approval.

FISCAL IMPACT:

None.

Fiscal Year: 2023/2024

Amount Requested: n/a

Budgeted: n/a

Account (s):

“...I MOVE THAT THE MAYOR AND COUNCIL APPROVE RESOLUTION 23-1563.”