

PROCLAMATION

WHEREAS, stroke is a leading cause of death and serious long-term disability in Oregon, with thousands of Oregonians suffering a stroke each year; and

WHEREAS, every year, nearly 800,000 Americans experience a stroke, and timely recognition and treatment can significantly reduce the risk of death and disability; and

WHEREAS, public awareness of the urgent need for immediate medical attention at the onset of stroke symptoms can significantly improve outcomes and reduce the impact of stroke; and

WHEREAS, recognizing the signs of stroke can be remembered by the acronym B.E. F.A.S.T.: (Balance, Eye Face drooping, Arm weakness, Speech difficulty, Time to call 911); and

WHEREAS, risk factors for stroke include high blood pressure, heart disease, smoking, diabetes, and high cholesterol, many of which are controllable or treatable; and

WHEREAS, Deschutes County is committed to reducing the incidence and impact of stroke through public education, improved healthcare policy, and community-based initiatives; and

WHEREAS, Stroke Awareness Oregon and numerous local organizations work tirelessly to increase awareness, provide education, and support survivors and their families; and

WHEREAS, the health and safety of all Oregonians is a responsibility shared by both the healthcare community and the public, and it is imperative to raise awareness about stroke prevention, recognition, and response;

WHEREAS, during Stroke Awareness Month, we reaffirm our commitment to promoting healthy lifestyles, supporting stroke survivors and their families, and encouraging everyone to learn the signs of stroke;

NOW, THEREFORE, the Deschutes County Board of Commissioners, do hereby proclaim **May 2026** as

“Stroke Awareness Month”

in Deschutes County and encourages all citizens to familiarize themselves with the signs and symptoms of stroke, to understand the risk factors, and to adopt healthier lifestyles to prevent strokes.

Dated this ____ day of _____ 2026 by the Deschutes County Board of Commissioners.

Phil Chang, Chair

Anthony DeBone, Vice Chair

ATTEST:

Recording Secretary

Patti Adair, Commissioner