



BOARD OF  
COMMISSIONERS

## AGENDA REQUEST & STAFF REPORT

**MEETING DATE:** April 29, 2026

**SUBJECT:** Proclamation: Mental Health Awareness Month

**RECOMMENDED MOTION:**

Approve a proclamation declaring May as Mental Health Awareness Month.

**BACKGROUND AND POLICY IMPLICATIONS:**

Mental Health Awareness Month has been observed in the United States every May since 1949. It was started by Mental Health America (MHA), one of the nation's leading community-based nonprofits focused on mental health. MHA's goal was to increase public understanding of mental health conditions, reduce stigma, and encourage people to seek help early.

**BUDGET IMPACTS:**

None

**ATTENDANCE:**

Holly Harris, Deschutes County Health Services, Director