



BOARD OF COMMISSIONERS

AGENDA REQUEST & STAFF REPORT

MEETING DATE: September 10, 2025

SUBJECT: Approval to accept a grant from the Oregon Health Authority for Generation Parent Management Training

RECOMMENDED MOTION:

Move approval of Document No. 2025-847, an intergovernmental agreement with Oregon Health Authority to accept a grant for Generation Parent Management Training.

BACKGROUND AND POLICY IMPLICATIONS:

Intergovernmental Agreement (IGA) #PO-44300-00049629 provides funding for Behavioral Health Clinicians to attend and be certified in Generation Parent Management Training – Oregon Model (GenPMTO). The IGA provides funding of \$100,000 for the period of July 1, 2025 through June 30, 2027.

GenPMTO is a family-based intervention program with over 50 years of research demonstrating its effectiveness for families with children aged 2-17 who are experiencing significant social, emotional, or behavioral problems. GenPMTO recognizes the vital role parents play as the primary change agents with their families. GenPMTO offers interventions, which may include in-home services, individual family services and group interventions, to meet specific family needs.

GenPMTO training instructs in the development of knowledge and tools to assist families with social, emotional and behavioral regulation as well as mental health and wellness. Research has demonstrated additional benefits such as improved academic functioning and reduction of barriers to parental employment. Goals and objectives of the program are to:

- Facilitate positive child, youth and family outcomes to reduce negative child/youth externalizing behaviors and increase positive family communication.
- Demonstrate improvements in parent-adolescent relationships to prevent and reduce social, emotional, and behavioral problems including depression, anxiety, academic difficulties, alcohol and drug abuse, delinquency and poor social skills.
- Build GenPMTO and Parenting Through Change (PTC) training infrastructure to ensure sustainability of the model in Oregon.

Funding from this grant will be used as follows:

- 50% for personnel costs
- 10% for supplies
- 25% for training expenses
- 15% for indirect costs

BUDGET IMPACTS:

\$100,000 funding to be expended between July 1, 2025 and June 30, 2027.

ATTENDANCE:

Christina De Benedetti, Interim Behavioral Health Program Manager

Shannon Brister, Interim Behavioral Health Director