

# **AGENDA REQUEST & STAFF REPORT**

**MEETING DATE:** May 8, 2024

**SUBJECT:** Cannabis/SUD/Mental Health Presentation

### **RECOMMENDED MOTION:**

Presentation to provide information about emerging medical findings related to heavy cannabis use and the impacts on mental health in Deschutes County.

### **BACKGROUND AND POLICY IMPLICATIONS:**

Deschutes County Behavioral Health and Public Health work together to provide comprehensive, community-based services and prevention support to people with substance use disorders or harmful substance use. This presentation will provide information about emerging medial findings, scientific data and the impacts of increased cannabis use among youth and its association with onset of psychotic symptoms and other issues. The presentation will cover the items listed below:

- Review of research/data on risks and benefits of marijuana use
- Impacts on patients and community
- Interventions with people with mental health disorders
- Prevention efforts that are currently in place
- Support for healthy messaging around risks
- Key take aways for parents and communities

## **BUDGET IMPACTS:**

None

#### **ATTENDANCE:**

Janice Garceau, Deschutes County Health Services, Director Sam Murray, Deschutes County Behavioral Health, Medical Director Anne Linton, Deschutes County Behavioral Health, Psychiatrist Jessica Jacks, Deschutes County Public Health, Prevention Program Manager