



AGENDA REQUEST & STAFF REPORT

MEETING DATE: February 18th, 2026

SUBJECT: Approval of an amendment to an Intergovernmental Agreement with the Oregon Department of Human Services for the provision of Functional Family Therapy

RECOMMENDED MOTION:

Move approval of Document No. 2026-0075, amending Document No. 2025-667, an Intergovernmental Agreement (IGA) with the Oregon Department of Human Services.

BACKGROUND AND POLICY IMPLICATIONS:

Oregon Department of Human Services (ODHS) has offered Deschutes County additional funding for a limited duration Behavioral Health Specialist, a position which was approved by the Board of County Commissioners on December 17, 2025 (Resolution No. 2025-053). This amendment provides additional funding for the limited duration FTE and extends the funding agreement to June of 2027.

Deschutes County, through its Juvenile Department's Behavioral Health Unit, provides Functional Family Therapy (FFT) for youth and families. Generally, the unit works with youth who have some involvement with Juvenile Community Justice. The Oregon Department of Human Services has been taking steps to make services like FFT available as part of the federal Family First Prevention Services Act (FFPSA). Juvenile Community Justice entered into an IGA with ODHS in July of 2025 to open up more opportunities for youth and families to receive FFT services.

Functional Family Therapy is intended for families with adolescents who have behavioral health needs. Services are usually provided in family homes but can also be provided at community locations or County offices. The service team consists of three Behavioral Health Specialist as well as a Behavioral Health Supervisor and intern who are all trained in FFT and can provide the services and clinical supervision required. The intention is to promote enhanced family stability and support for at-risk children.

BUDGET IMPACTS:

Up to \$900,889.00 in FY 2026 and FY 2027.

ATTENDANCE:

Trevor Stephens, Community Justice Business Manager