BEFORE THE BOARD OF COMMISSIONERS OF DESCHUTES COUNTY, OREGON

PROCLAMATION

RECOGNIZING SEPTEMBER AS SUICIDE PREVENTION AWARENESS MONTH

WHEREAS, in the United States, one person dies by suicide every 11 minutes, with over 49,000 deaths every year in our country;

WHEREAS, in Deschutes County, approximately three people dies by suicide each month. In Oregon, for youth ages 5 to 24, suicide is the second leading cause of death. Each person's death by suicide affects at least 135 other people, which translates to at least 50% of the US population has known someone who has lost their life to suicide; friends and family members are forever changed by this loss;

WHEREAS, in Deschutes County, roughly 58% of all suicide deaths are by firearm. For youth, 65% of the suicide deaths of those aged 10-17 is by firearm. Both of these trends are higher than the state and national averages;

WHEREAS, many of the people who have died by suicide never received effective behavioral health services for many reasons including the stigma of using behavioral health treatment and the stigma associated with losing a loved one to suicide;

WHEREAS, far too many Deschutes County residents die by suicide each year;

WHEREAS, Deschutes County is dedicated to partnering with local behavioral health and health care organizations, state and local agencies, military/Veterans organizations, educational institutions, and the community at large, to reduce the frequency of suicide attempts and deaths, and the pain for those affected by suicide deaths, through:

- 1. Recognizing suicide as a significant public health issue in Deschutes County and declaring suicide prevention a countywide priority;
- 2. Supporting accessible behavioral health services for all areas in our county;

- 3. Helping to de-stigmatize help-seeking behaviors;
- 4. Acknowledging that everyone plays a role in helping to prevent suicide; and
- 5. Encouraging initiatives known to be effective at preventing suicide attempts and death.

NOW THEREFORE, BE IT RESOLVED that the Deschutes County Board of Commissioners do hereby designate the month of September, 2024 as "Suicide Prevention Awareness Month" in Deschutes County and urge Deschutes County residents to learn how they can help because *Suicide Prevention Is Everyone's Business*.

Dated this _____ day of September 2024, by the Deschutes County Board of Commissioners.

Patti Adair, Chair

Anthony DeBone, Vice Chair

ATTEST:

Phil Chang, Commissioner

Recording Secretary