

United Way Dickinson/SWMCCC Treatment policy and procedure

Program Purpose

United Way Dickinson, in partnership with **Southwest Multi-County Correction Center (SWMCCC)**, provides a full continuum of Drug and Alcohol Treatment Services. This program includes **inpatient residential treatment**, outpatient care, aftercare, and recovery support. Operated by SWMCCC, the program is designed to support long-term recovery through person-centered, evidence-based practices and accountability measures tailored for individuals with substance use disorders.

Service Eligibility

- Individuals 18 years or older
 - Diagnosed with a substance use disorder or referred for evaluation
 - Willing to engage in a structured treatment and recovery plan
 - May be self-referred, referred by court, probation/parole, shelter program, or medical provider
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Program Components

1. Screening and Assessment

- Initial intake and ASAM assessment conducted by a Licensed Addiction Counselor (LAC)
- Individualized treatment planning based on assessed level of care

2. Inpatient Residential Treatment (Operated by SWMCCC)

- Short-term stabilization and structured residential support for individuals with acute treatment needs
- 24/7 supervision, therapeutic programming, and recovery planning
- Daily clinical services including group therapy, individual counseling, and educational workshops

3. Outpatient Treatment Services

- Level I Outpatient: 6–9 hours/week of group and individual counseling
- Individual Therapy: One-on-one counseling with LAC or mental health provider
- Group Therapy
- Family Education and Support (when applicable)

4. Aftercare Services

- Step-down services following primary treatment completion
- Weekly recovery groups and check-ins
- Continued support from Care Coordinators and Peer Support Specialists

5. Medication-Assisted Treatment (MAT) Coordination

- Partnership with local MAT providers
- Treatment plans integrate MAT support and monitoring

Client Responsibilities

- Attend all scheduled treatment sessions and assessments
- Abstain from drug and alcohol use while in the program
- Submit to random drug and alcohol testing
- Participate in assigned recovery activities (e.g., AA/NA, peer support)
- Adhere to individualized treatment and recovery plan goals

Staff Roles and Credentials

- **Licensed Addiction Counselors (LACs):** Provide all clinical services, assessments, and therapy
- **Peer Support Specialists:** Offer recovery coaching and lived-experience mentoring
- **Care Coordinators:** Help clients access resources and coordinate wraparound services

- **Clinical Supervisor (SWMCCC):** Oversees treatment compliance, ethics, and quality assurance
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Training and Certification Requirements

All staff are required to maintain the following:

- LAC licensure (ND DHS Behavioral Health Division)
 - Certification in Trauma-Informed Care, Crisis De-escalation, and Harm Reduction
 - CPR/First Aid and Naloxone Administration
 - HIPAA and confidentiality training
 - Peer Support and Care Coordination certification (if applicable)
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Confidentiality Policy

- All client information is protected under HIPAA and 42 CFR Part 2
 - Information will not be disclosed without written consent or legal obligation
 - Staff must complete annual confidentiality and ethics training
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Discharge and Completion Criteria

- Successful discharge includes meeting treatment goals, sustained sobriety, and aftercare plan in place
 - Unsuccessful discharge may occur due to non-compliance, continued substance use without engagement, or safety violations
 - Discharge includes referral to other appropriate services or levels of care
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Program Goals

- Provide accessible and effective treatment for substance use disorders through SWMCCC-led services
- Support long-term recovery through ongoing engagement and education

- Promote harm reduction, wellness, and community reintegration
- Reduce relapse and recidivism through comprehensive recovery planning