

## CITY COUNCIL ITEM SUMMARY

MEETING DATE:	November 16, 2023
SUBCATEGORY:	Bid Awards/Purchases
DEPARTMENT NAME:	Administration
AGENDA ITEM TITLE:	Wellness Program for 2024
DEPARTMENT SUMMARY RECOMMENDATION:	For the past five years, city employees, excluding fire personnel, have been required to have a biometric screening done and one follow up visit with a health coach. This service has been provided by Corporate Health Partners (CHP) and for 2024 they have proposed the cost for this same testing to be \$99.00 per employee, plus \$2,500.00 in management fees. For 237 participating employees, plus a management fee, this totals \$25,963.00 which if approved, can be paid from the \$60,000.00 wellness credit given to us by Anthem (BCBS) Insurance. In addition to the annual health screenings, we would like to have CHP provide some nutrition and step challenges to encourage employees to better health. The estimated costs for these programs are \$7,500.00 bringing the potential total cost for all programs from CHP for 2024 to \$33,463.00 and I recommend approval of this agreement.
LEGAL:	N/A