

EXHIBIT D

**Proof of Ownership Letter**

Date: February 11, 2026

To Whom it May Concern,

I, Haitham (Mike) Abuzir, am the legal owner of the property located at:  
2206 Weber Rd. Crest Hill, IL 60403

This letter confirms that I own the above-mentioned property an that:

Melissa Polchlopek currently resides at this address as a tenant.

The tenant began residing at this property on 2/1/2026 and is authorized to occupy the premises under a rental agreement.

If you require any additional information or verification, please feel free to contact me or my general manager at

Mike Abuzir

Jim Manuel (General Manager)

Cell: [REDACTED]

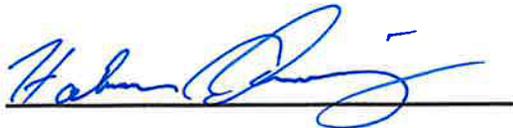
Cell: [REDACTED]

E-mail: [REDACTED]

E-mail: [REDACTED]

or [REDACTED]

Sincerely,

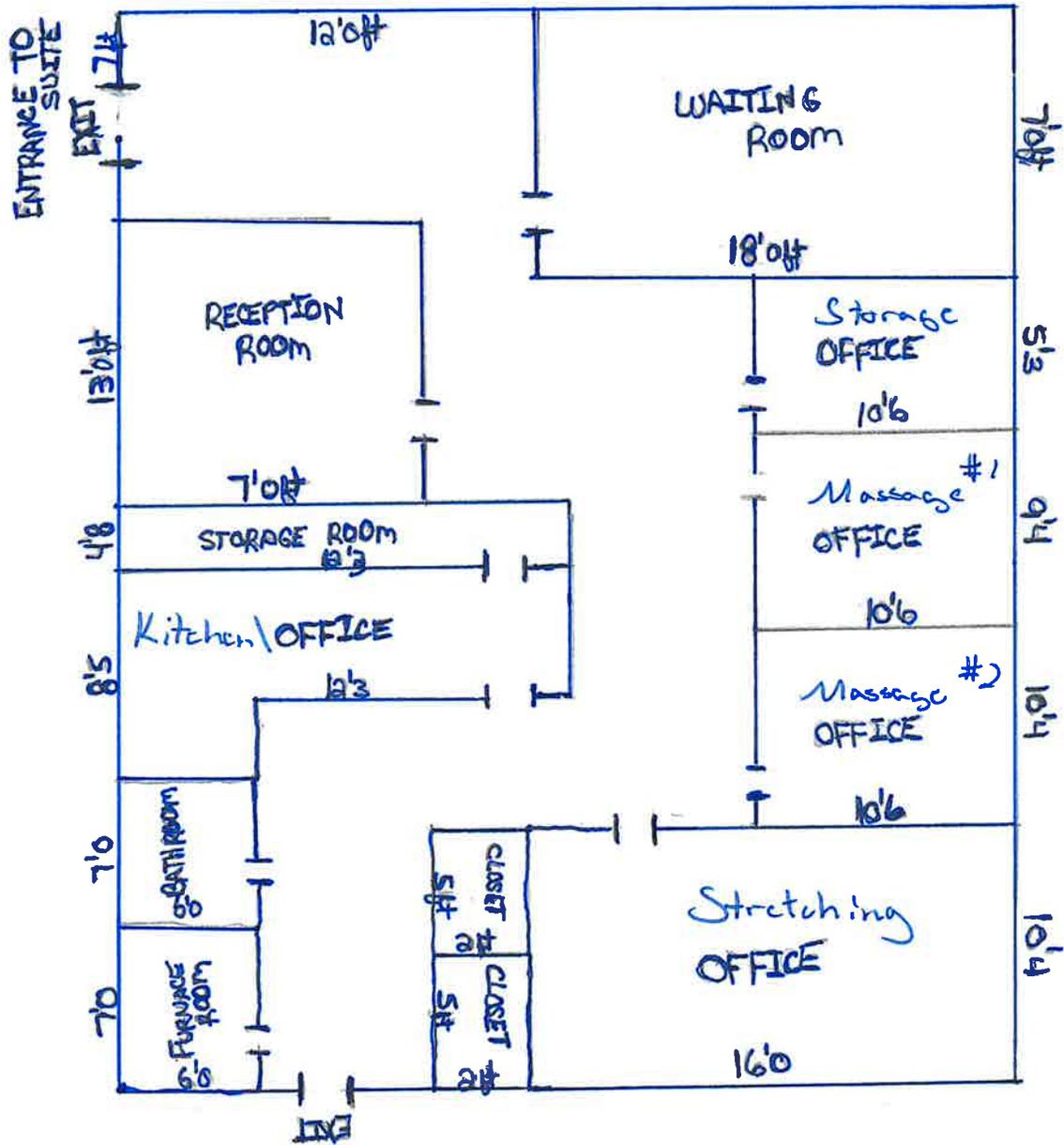


Owners Signature:



Printed Name:

EXHIBIT E - PROPOSED FLOOR PLAN



2206 WEBER RD  
CREST HILL, IL 60403

PROPOSED FLOOR PLAN DIAGRAM

# EXHIBIT F

## Project Narrative

**Muscle Methods LLC/Melissa Polchlopek, LMT**

Solopreneur Licensed Massage Therapist. Founder and owner of

"Muscle Methods LLC"

IL License #



NPI #



### **Company Mission-**

Providing customized, therapeutic massage in the City of Crest Hill to encourage prioritizing overall well-being.

### **Hours of Operation-**

Monday 9am-9pm

Tuesday Closed

Wednesday 9am-9pm

Thursday Closed

Friday 9am-4pm

Saturday 9am-4pm

Sunday Closed

### **Massage Modality Services Offered-**

Swedish- Relaxation

Deep Tissue- Muscle/pain recovery

Myofascial- Fascial Release, chronic pain and range of motion limitations

Lymphatic Drainage- Post operative, Edema

Prenatal- Pregnancy

Stretching- Increase mobility



## **Business Within this Complex by "2206 Weber Rd."**

- AAA Insurance Agency – [locator.acg.aaa.com](http://locator.acg.aaa.com)
- SJM Identogo – No Link
- National Dart Association – [ndadarts.com](http://ndadarts.com)
- Children Road to Success – [childrensroadtosuccess.com](http://childrensroadtosuccess.com)
- Hall of Fame Barber Shop – No Link
- Essence Salon Suites – No Link
- Adil Pediatrics – [doctors.silvercross.org](http://doctors.silvercross.org)
- Shwetha Manjunath – No link

**ATTN: Atefa Ghaznawi**

**2/20/2026**

**RE: Business License Application**

**Muscle Methods LLC**

Melissa Polchlopek LMT

[REDACTED]

[REDACTED]

**Operating Background**

**6/2024- Present**

1000 Essington Rd. Joliet, IL 60435

Lincolnshire Business Center/Regus

Hours of operation:

Monday 9am-9pm, Wednesday 9am-9pm, Friday 9am-4pm, Saturday 9am-4pm

Closed Tuesday, Thursday, Sunday

Services include: customized therapeutic massage modalities ranging from relaxation to chronic pain relief

**7/2019-Present**

Tuesday and Thursday Hours vary

Onsite contractual agreement as "Injury Prevention Therapist" specializing in repetitive motion injury relief techniques on the employees for Maker's Pride/Hearthside Food Solutions

Locations include

720 Center Ave. Carol Stream, IL 60188

Safety Manager: Michael Velarde [REDACTED]

1001 Crossroads Pkwy Romeoville, IL 60446

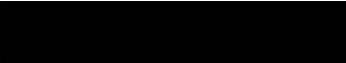
Safety Manager: Susana Acosta [REDACTED]

6/2017

Heidi's Fabulous Fatigue Fighters

Providing Onsite care for traveling professional singers, athletes and performers

Locations per request include: United Center, Tinley Park Amphitheater, Rialto, Chicago Theatre, etc.

Heidi Froehlich, HFFFWW LLC NY, NY 

I thank you for your consideration and am looking forward to the opportunity of expansion in my professional wellness business.

Respectfully, Melissa Polchlopek LMT

# Muscle Methods LLC



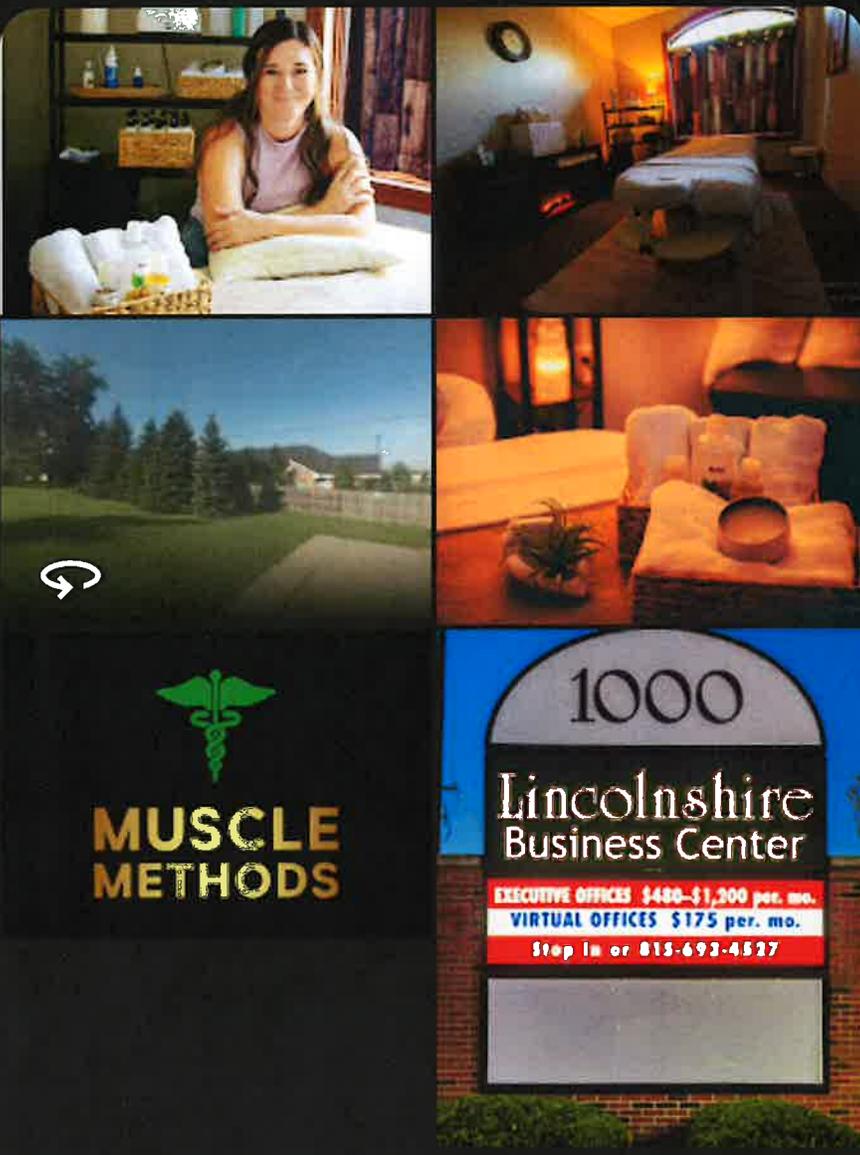
5.0 ★★★★★ (33)

Massage therapist in Joliet, Illinois · [Open](#)

- Overview
- Reviews
- Photos**
- Services
- About

- All**
- By owner
- Street View & 360°

## All



Overview

Reviews

Photos

Services

Abc

### Google review summary



# 5.0



(33)



### Reviews

All

atmosphere 2

expertise 2

message 2

knowledge 2

+2

Sort by

Most relevant

Newest

Highest

Lowest



Lauren Bayci

9 reviews



★★★★★ a year ago

Melissa gave me one of the best deep tissue massages I've ever had. She knows what she is doing. She is friendly and kind and listened very well when I explained the areas I needed work on. I highly recommend her and will be going back.



Andy Grod

2 reviews



★★★★★ a year ago

Overview

Reviews

Photos

Services

Abc



Rachel Szykowny

3 reviews · 1 photo



★★★★★ a year ago

I am extremely satisfied with my full body massage by Melissa. I highly recommend!

Moms! If you need to feel pampered go experience how amazed and relaxed your ... [More](#)

♡ 🙏 1



Muscle Methods LLC (Owner)

a year ago



Joe Olson

Local Guide · 24 reviews · 1 photo



★★★★★ 3 weeks ago **New**

She got me in right away. Professional and clean facilities. Definitely going back.

♡ Press and hold to react



Muscle Methods LLC (Owner)

3 weeks ago

Thank you Joe!



Jennifer

1 review



★★★★★ a year ago

Melissa is the best massage therapist in the area. She listens to your concerns and makes sure to tailor a service to your specific needs. I am someone who

Overview

Reviews

Photos

Services

About



Andy Grod

2 reviews



★★★★★ a year ago

Had a 90 minute massage with Melissa today. I thought she did an amazing job and listened to my needs. The room space was clean and calming. Once my massage was done i immediately scheduled another appointment with her. My body was relaxed ... [More](#)



Muscle Methods LLC (Owner)

a year ago

Thank you Andy!



Katie Baker

4 reviews



★★★★★ a year ago

I've gotten massages from Melissa at Muscle Methods several times now and each time has been a great experience. I have long suffered from shoulder and neck pain that causes frequent migraines. When I moved to IL, I searched a community FB ... [More](#)



Muscle Methods LLC (Owner)

a year ago

Thank you so much Katie!

## ← Muscle Methods LLC Services

### Massage Therapist

#### Swedish-

Relaxation. Benefits can include- Reduced tension, stress, pain. Increased circulation, flexibility, sleep, immune function, posture, mood

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#### Deep Tissue

60 minutes minimum per upper/lower body recommended. Benefits can include- Decreased pain, stress, scar tissue. Improve flexibility, circulation, sleep, immune system, speed recovery due to injury

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#### Myofascial Release

Minimal to no lotion, 30 minutes minimum per upper/lower body recommended. Benefits can include- release of trigger points, increase circulation, range of motion, flexibility, reduce inflammation, pain, risk of injuries, improve posture

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#### Prenatal

Benefits can include- Reduced tension, pain, swelling, stress, anxiety, depression. Regulate hormone balance, boost immune system, sleep, digestion, reduce constipation

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#### Lymphatic Drainage

Promotes the flow of lymph fluid. Benefits can include- Removal of waste products, toxins and excess fluid. Reduced swelling due to lymphedema, injury or surgery. Increase circulation, immune function. Improve skin tone and appearance of cellulite.

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#### Stretching

Benefits can include- Improved flexibility, posture, circulation, joint health, cognitive function, mood, sleep