

Benefits of Flexible Hours

Benefits for Employees include:

- Increased productivity – Employees can choose to work when they are most productive. They can also work more efficiently, which can reduce stress and burnout.
- Improved job satisfaction – Employees can balance their work and personal commitments more effectively, leading to a happier and more motivated workforce.
- Decreased absenteeism – Employees are less likely to arrive late or call in sick.
- Increased empowerment – Employees can set their own schedule and work where they want, improving morale and reducing the risk of burnout.

Benefits for Employers include:

- Higher productivity levels: Employees with more control over their work schedule are more likely to be motivated, engaged, and focused.
- Decreased turnover: Flexible work schedules can benefit employers through lower turnover.
- Reduced absenteeism, as employees are less likely to arrive late or call in sick.