



A Community Mental Health / Developmental Disabilities / Addictive Diseases Program

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NEW HORIZONS BEHAVIORAL HEALTH BOARD OF DIRECTORS

August 12, 2019 Conference Room B – 3:30 p.m.

Members Present: David Ranieri, Joseph Williams, Damon Hoyte, Sandra Gill,
Edwina Turner, April Hughes, Karen Johnson, and LaVerne Chaffin

Members Excused: Nancy Schroeder, Sherrell Terry, Ed Harbison, and Linda McElroy

Staff Present: Andrea Winston, Lyn Campbell, Valerie Bowden,
Randall Newberry, Susan Gallagher, Shannon Robertson,
Cheryl Williams, and Molly Jones

CALL TO ORDER: The meeting was called to order at 3:30 p.m. A quorum was not established at that time, but was established later in the meeting.

RECOGNITION OF GUEST(S) ATTENDING TODAY'S MEETING: Mack Moye,
Stewart County Manager.

*** SECRETARY'S MINUTES (Approval of June 10, 2019 minutes):** M/S/P Edwina Turner/Joseph Williams to approve the minutes of June 10, 2019 meeting, Board approved.

FINANCIAL REVIEW/FY19 YEAR END REPORT: New Horizons ended the fiscal year 06/30/19 with a surplus of \$5,241. We did not have any unusual occurrences for the year, but did have one ERS (Employee Retirement System) employee to retire, which between the annual leave payout for the staff and the payment to ERS for forfeited leave time, the total cost of the retirement was \$52,700. Overall, revenues are within 2% of the budget for the year and expenditures are also within 2% of the budget for the year. The current days Cash on Hand as of 06/30/19 was 6.66 days, which is up from the prior year days of 6.34. We continue to review programs to ensure we are operating in the most efficient manner and we also continue to work on increasing staff productivity in order to increase revenue.

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*** FY20 ANNUAL BUDGET:** The FY20 budget was presented for Board review/approval. We have budgeted a surplus of \$84,600 for the FY20 budget. This is a conservative budget as we continue to review all of our programs for any opportunities to enhance revenue or reduce expenditures. We can come back with budget adjustments as we move through the year and find ways to improve the surplus. M/S/P Joseph Williams/Edwina Turner to approve the FY20 Annual Budget, Board approved.

CARF SURVEY – 2019: Though not yet confirmed, tentative dates for the CARF survey are October 23rd, 24th, and 25th. Once confirmed, Board members will be notified of the date and time to report for the Opening Conference and interviews on the morning of the first survey day. The exit interview will be on the 3rd and final day after lunch and Board members are invited to attend that as well.

2016-2019 STRATEGIC PLAN REVIEW/NEW PLAN INPUT: We have finalized the Three Year Plan implemented in July 2016. The plan consisted of 3 areas of strategic goals: 1) Treatment Services, 2) Financial Viability, and 3) Community Awareness. Under Treatment Services, we had 9 goals. While we made good progress on 4 of the goals, one of the goals (goal 1.8) regarding redesigning the outpatient delivery structure is a work in progress and 4 of the goals are not attainable due to changes in our environment that we do not control. Under Financial Viability, we had 6 goals, which are all still a work in progress. Under Community Awareness, there are 6 goals that are continuously worked on as increasing social media exposure and our presence in the community are ongoing.

As we develop a new Strategic Plan, we will go to a one year plan and work on enhancing the goals that will be more in line with our changing environment. Input from staff and Board members for new goals included Andrea's recommendation of excellence in clinical care and answering the question, "Are individuals getting better at New Horizons?" David Ranieri suggested goals focusing on working with a diverse population, emergency disaster response, workplace safety, and increasing community outreach. Once the new plan is developed, a draft will be sent to Board members for review.

PRESENTATION: SHELTER PLUS CARE OVERVIEW: Cheryl Williams reported on the permanent supportive housing program, Shelter Plus Care, that is funded through the United States Department of Housing and Urban Development (HUD) Continuum of Care Homeless Assistance Program. The program is designed to link rental assistance with supportive services for homeless and disabled (primarily serious mental illness, substance abuse, or both, or AIDS/HIV-related disease) persons and their families. The goals of the program are to assist homeless individuals and their families to increase their housing stability, their skills and/or income, and to obtain greater self-sufficiency. Currently these programs are located throughout Muscogee County and Harris County with over 140 individuals housed. All referrals must go through a coordinated entry system with our local continuum disbursing referrals after an assessment has been completed.

The Shelter Plus Care budget consists of 3 funding sources: Medicaid and GIA FFS billing for case management, Federal funds, and the rent collected from individuals. These funding sources are not sufficient to cover the program expenditures incurred to maintain the program. In reviewing the Shelter Plus Care budget over the past three years, the program has operated in a deficit average of (\$150,000) per year. With the large number of individuals housed, support services and case management are needed and other expenses (bed bugs, destruction of property, repairs, etc.) cost the agency money. In our efforts to reach the State mandate of thirty days Cash on Hand, we are taking a closer look at programs that are operating at a deficit. While we are not ready to make a decision, and these are hard decisions to make, it is time to consider our options and the possibility of another agency taking over the program. Other CSBs receive more residential funding allowing them to cover some of the additional costs, while others are trying to determine if they can financially continue to participate in Shelter Plus Care. We recently had a telephone conference with Robert Dorr at DBHDD to discuss supplemental funding for Transportation (another program that is losing money) that could ease some of our financial strain and will update the Board on developments in these areas in the future.

DEVELOPMENT/MARKETING UPDATE: Susan reported that Back to School Outreach events through our Family Connection collaboratives and Community Partners reached over 800 students and families in our eight county area. NEXUS Project Team Members successfully met with Stewart and Harris County School Districts leadership to discuss bringing Substance Abuse Prevention to 9-12 graders beginning August 15th. The SKY Clubhouse program received 2nd place overall for its Recycling, Repurposing, Reusing STEAM Project at the DHS Afterschool Care State Competition in Macon in July. The Excellence Award and creative bottle cap, ocean scene art project were on display in today's meeting for Board members to enjoy. Upcoming community events include: August 24th – QPR Suicide Prevention Training, September 13th – Children's Mental Health Symposium, and October 21 – AMSR (Assessing and Managing Suicide Risk). September 7th is the 4th Annual Run4Recovery at 1100 Bay Avenue. Registration begins at 7:30 am with the timed run/walk starting at 9:00 am. Board members and staff are encouraged to attend this special recovery-focused event.

ANNOUNCEMENTS: The GACSB Board of Directors Strategic Planning Retreat will be held August 26-28 at Brasstown Valley Resort and Spa. Two Board members are registered to attend: Sherrell Terry and Ed Harbison. The GACSB Educational Exchange is October 27-29 at Callaway Gardens Lodge and Spa. A draft of the agenda for the event was included in Board packets and members were encouraged to submit their names soon if interested in attending. Damon Hoyte and Sandra Gill acknowledged they were interested and more information will follow.

Andrea reported that a letter from the DBHDD Commissioner dated July 9, 2019 indicated all contracts between DBHDD and Phoenix Center CSB (Warner Robins, GA) have been terminated and the counties of Crawford, Peach, and Houston are now being served by Middle Flint CSB in Americus, Georgia.

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A brochure from GACSB titled "Georgia's Public Safety Net for Mental Health and Substance Abuse Services" was provided to Board members. With information on services, numbers served, and the CSB network, additional brochures are available to Board members upon request.

PUBLIC COMMENT: Board Member Karen Johnson asked if New Horizons provided services for Autistic individuals. Andrea responded that New Horizons does not provide these services, but Family Support funds may be available for Easter Seals and other support services to assist those with autism.

ADJOURNMENT: There being no further business, M/S/P Joseph Williams/Damon Hoyte to adjourn the meeting at 4:15 p.m., to go into Executive Session, Board approved.

EXECUTIVE SESSION: At 4:20 p.m. M/S/P Edwina Turner/Damon Hoyte to enter into Executive Session to discuss a personnel matter, Board approved. At 4:45 p.m., M/S/P Joseph Williams/Edwina Turner to end the Executive Session, Board approved.



David Ranieri
Chairperson