

**MINUTES OF THE
RETIREE HEALTH BENEFITS COMMITTEE
February 15, 2023**

MEMBERS (PRESENT/ABSENT)	P	A	OTHERS ATTENDING	P	A
Peri Johnson, Chairperson	X		Vanessa Stephens, NFP		X
Larry Campbell	X		Tammi Starkey, NFP		X
Tom Barron	X		Todd Hooper, NFP	X	
Mike Massey	X		Sheila Holt, NFP		X
Renee McAneny	X		Cynthia Holliman	X	
Shirley Gaultney, Advisory Member	X		Sheila Risper	X	
Lester Ray Massey, Advisory Member		X	Cheryl Tate	X	
Jack Kinsman, Advisory Member		X			
Saundra Hunter, Advisory Member		X			
Reather Hollowell, Ex-Officio	X				

CALL TO ORDER AND ATTENDANCE REPORT:

Peri Johnson, called the meeting to order.

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AGENDA AND DISCUSSION:

- The minutes of the November 16, 2022, meeting were reviewed and approved by committee members.
- Todd Hooper, NFP – presented a benefits update and a review of United Healthcare HouseCalls, LifeLine, and hearing aid benefits for retirees.
- United Healthcare House Calls program includes one (1) 45 - to 60-minute at-home visit from a healthcare practitioner, each year, a head-to-toe exam, health screenings, and answers to health questions. The program allows for no time spent in waiting rooms, and summaries are provided of retiree House Call visits.
- The LifeLine emergency response system allows retirees to ask for help whenever needed, Features of the LifeLine system include optional AutoAlert fall detection, cellular or landline compatibility, and a waterproof help button.
- Hearing aid services provided by United Healthcare include savings of up to 50-80 percent off.
- Retirees also have access to Medicare fitness programs that include free gym memberships, personalized fitness plans, and access to workout videos via Fitbit Premium.

There being no further business, the meeting was adjourned.

--- (10:49 AM)

Submitted by:

Amaris B. Fryer
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