



CITY COUNCIL MEETING

AGENDA SECTION	CONSENT
MEETING DATE	OCTOBER 26, 2026

ITEM:	Authorize Payment to House of Strength Training		
Presenting Item: Aaron Chirpich, City Manager			
DEPARTMENT: Police		BY/DATE: Matt Markham / October 22, 2026	
CORE CITY STRATEGIES: <i>(please indicate areas that apply by adding an "X" in front of the selected text below)</i>			
☐ Community that Grows with Purpose and Equity		☐ Engaged, Effective and Forward-Thinking	
☐ High Quality Public Spaces		☐ Resilient and Prosperous Economy	
☐ Safe, Accessible and Built for Everyone		☐ Inclusive and Connected Community	

BACKGROUND

Custom 3-day Emotional Resilience Training and a 1-day refresher on Culture Building recently took place with Police staff. Participants discussed the building blocks, behaviors and values that drive high-performance teams and participants were able to explore the foundations of resilience. This training included each participant completing two assessments and receiving feedback on both the Emotional Quotient Inventory and the Hardiness Resilience Gauge.

SUMMARY OF CURRENT STATUS

Training took place September 29, 2026 – October 1, 2026, at the Public Safety Building. Invoice CHPD-FALL-26 has been received in the amount of \$26,154.36. This amount exceeds the City Manager expenditure approval of \$25,000. Due to the urgent nature of booking the training in a timeframe suitable for both parties, staff are seeking retroactive approval of payment for the professional services rendered.

STAFF RECOMMENDATION

Staff recommend that the Council approve the payment of \$26,154.36 to House of Strength Training. Funding is accounted for the 2026 CHPD training budget.

RECOMMENDED MOTION(S):
MOTION: Move to approve payment to House of Strength Training in the amount of \$26,154.36.

ATTACHMENT(S)

- Invoice from House of Strength Training
- Emotional Resilience Program Summary