

# COLUMBIA HEIGHTS

## PROCLAMATION

### National School Breakfast Week: March 2-6, 2026

The School Breakfast Program has served our nation admirably since it was permanently established in 1975.

The School Breakfast Program is dedicated to the health and well-being of our nation's children and plays a vital role in supporting academic success and lifelong healthy habits.

The School Breakfast Program joins and has been joined through the years by many other excellent child nutrition programs; and recent research shows students are receiving their healthiest meals at school.

Public schools serving the City of Columbia Heights actively participate in the School Breakfast Program, helping ensure that students begin each school day nourished and ready to learn.

There is evidence of the continuation of the need for nutrition education and awareness of the value of school nutrition programs

**Now, Therefore**, be it resolved that I, Amáda Márquez Simula, Mayor of Columbia Heights, do hereby proclaim the week of March 2-6, 2026, as **National School Breakfast Week** and I encourage all residents to become aware of the benefits of the School Breakfast Program that support good nutrition habits for their children, and the children of our community.

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Amáda Márquez Simula, Mayor  
February 23, 2026