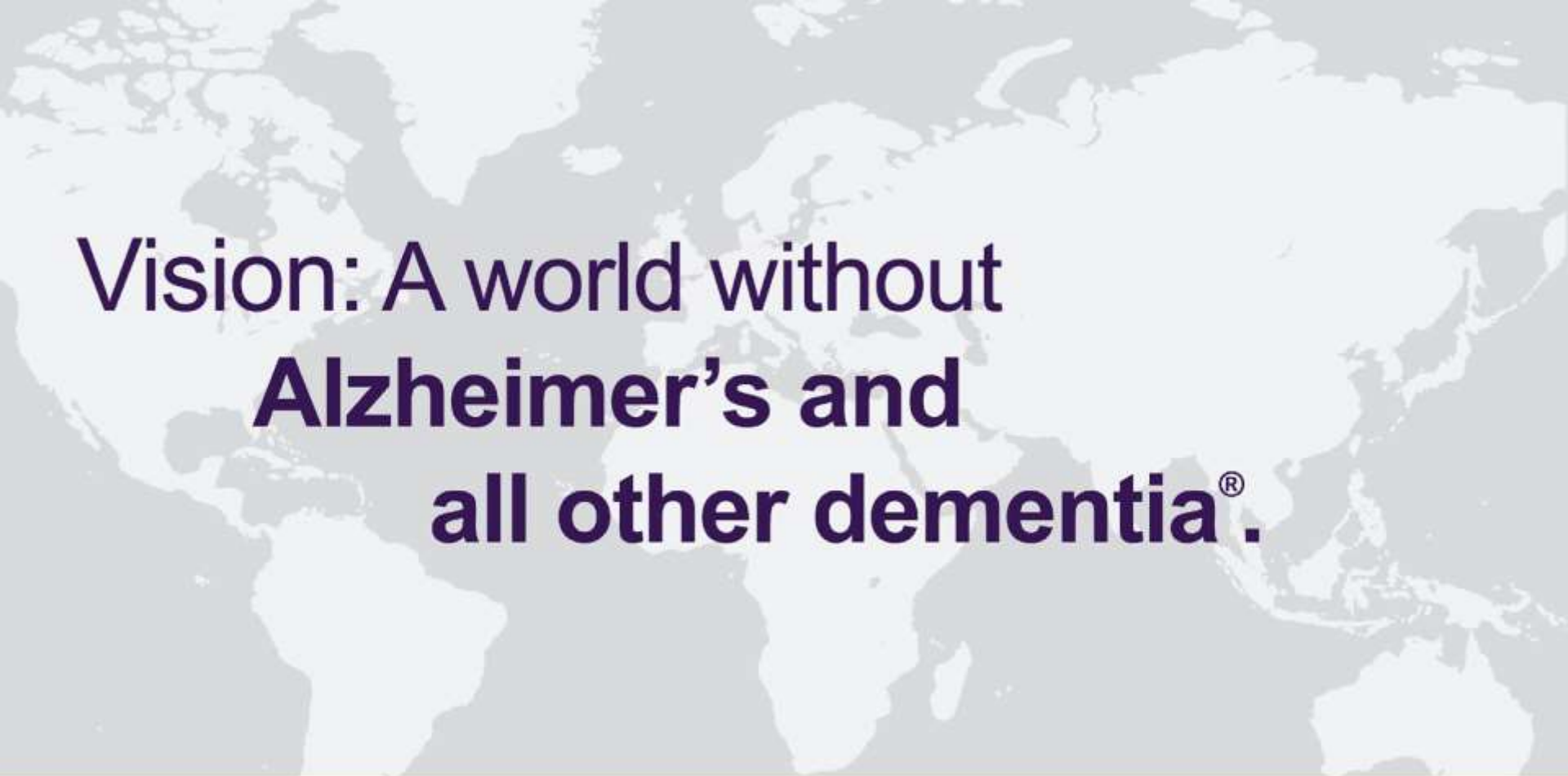




# Concern & Awareness

ALZHEIMER'S  ASSOCIATION®



**Vision: A world without  
Alzheimer's and  
all other dementia®.**

# Mission:

The Alzheimer's Association leads the way to **end Alzheimer's and all other dementia** — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

# 2025 ALZHEIMER'S DISEASE FACTS AND FIGURES



Over  
**7 MILLION**  
Americans are living  
with Alzheimer's

**1 IN 3**  
older adults dies with  
Alzheimer's or another dementia



IT KILLS MORE THAN

breast cancer



prostate cancer

COMBINED

Between 2000  
and 2022  
deaths from  
heart disease  
have decreased

**2.1%**



while deaths  
from  
Alzheimer's  
have increased  
**142%**



**UP TO  
4 IN 5**

Americans feel  
optimistic about  
new Alzheimer's  
treatments in the  
next decade



of Americans  
would want a  
medication to  
slow the  
progression of  
Alzheimer's  
following a  
dianosis

In 2025,  
Alzheimer's and  
other dementias  
will cost the nation  
**\$384 BILLION**



By 2050,  
these costs could  
rise to nearly  
**\$1 TRILLION**

The lifetime  
risk for  
Alzheimer's at  
age 45 is

**1  
IN  
5**

for  
women

**1  
IN  
10**

for  
men



**NEARLY  
12  
MILLION**

Americans provide  
unpaid care for  
people with  
Alzheimer's or other  
dementias

These caregivers  
provided more than  
19 billion hours  
valued at nearly

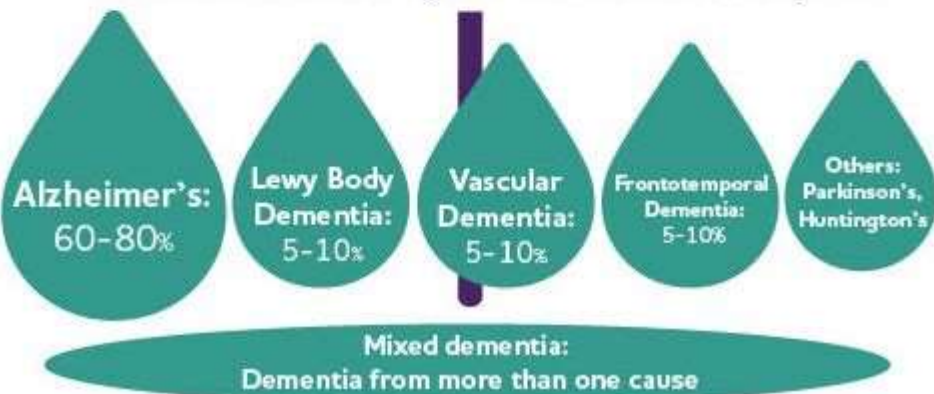
**\$413  
BILLION**





# DEMENTIA

Umbrella term for loss of memory and other thinking abilities severe enough to interfere with daily life.



# What is Alzheimer's?



Alzheimer's is a brain disease that causes problems with **memory, thinking and behavior**. Symptoms eventually grow severe enough to interfere with daily tasks.



Alzheimer's is a progressive disease, where symptoms gradually worsen over a number of years.



In the early stages, memory loss is mild. But as the disease progresses, individuals will need around-the-clock care. The disease is ultimately fatal.

## 10 Warning Signs of Alzheimer's



1

Memory loss that disrupts daily life

2

Challenges in planning or solving problems

3

Difficulty completing familiar tasks

4

Confusion with time or place

5

Trouble understanding visual images and spatial relationships

6

New problems with words in speaking or writing

7

Misplacing things and losing the ability to retrace steps

8

Decreased or poor judgement

9

Withdrawal from work or social activities

10

Changes in mood or personality







## Populations at Higher Risk

Black Americans are about twice as likely as White Americans to have Alzheimer's or another dementia.

Hispanic Americans are one and a half times as likely to have the disease as White Americans.

Almost two-thirds of Americans living with Alzheimer's are women.



# Impact of Alzheimer's on Caregivers



In 2023, over **11 million Americans** provided unpaid care for people with Alzheimer's or other dementias.



Caregivers provided more than 18 billion hours of unpaid care valued at nearly **\$347 billion**.



Caring for someone living with Alzheimer's can take a **physical, emotional, social and financial toll** on family caregivers.



Of the total lifetime cost of caring for someone with dementia, **70% is borne by family caregivers** — either through out-of-pocket expenses or from unpaid caregiving.



59% of family caregivers rated the **emotional stress** of caregiving as high or very high.



Just **4-10 Americans** say they would see a doctor right away if they experienced dementia symptoms.

The majority — **60%** — would wait or not see a doctor at all.

# ALZHEIMER'S IMPACT ON FAMILIES

Alzheimer's is taking a physical, emotional, social and financial toll on people worldwide. Alzheimer's is not an elderly person's issue – **it's a family issue.**



**APPROXIMATELY  
25%**

of caregivers are in the “sandwich generation”, caring for an aging parent and children under the age



**18.5 BILLION HOURS**

of unpaid caregiving is valued at over \$244 billion in 2019



**FINANCIALLY  
DEVASTATING**

Alzheimer's is the most expensive disease in the U.S. By 2050, it could cost the nation as much as \$1.1 trillion



# ALZHEIMER'S IN THE WORKPLACE

## EMPLOYEE - CAREGIVER GROWTH

**1 in 6 employees** provide some level of care for a family member or friend; and the number of employee - caregivers is expected to **grow exponentially** over the coming decade

Employees may be juggling work and caregiving responsibilities leading to **Absenteeism**



**57%**

of employed caregivers had to go in late, call in sick or take time off due to caregiving duties

**25%**

Nearly 1/4 of caregivers are in the "Sandwich generation" caring for an aging parent and a child under the age of 18

**\$34B**

Employee caregivers often neglect their own care leading to increased health care costs resulting in losses to U.S. employers of up to \$34 Billion annually

# DISCRIMINATION

is a barrier to Alzheimer's and dementia care.

These populations reported discrimination when seeking health care:





# Making a Difference in Our Community

ALZHEIMER'S  ASSOCIATION®





# How We Can Help



## 24/7 Helpline

Our 24/7 Helpline ([800.272.3900](tel:800.272.3900)) is available around the clock. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.



## Free Education

Find dementia and aging-related resources that connect individuals facing dementia with local programs and services at [alz.org](https://alz.org).



## Alzheimer's Association & AARP Community Resource Finder

Get easy access to resources, community programs and services in your local community at [communityresourcefinder.org](https://communityresourcefinder.org).

# How You Can Help



## As an Individual

- Share your personal story as an advocate.
- Help your neighbors by providing education or a support group.
- Get involved in clinical trials or a research study.
- Sign up for one of our fundraising programs.



## As an Organization / Group / Business

- Start a team for Walk to End Alzheimer's or another of our fundraising programs.
- Host an educational program or community listening session.
- Share resources with your business associates, neighbors and friends.



## For You and Your Community

- Share our 24/7 Helpline at 800.272.3900
- Get more information and resources at [www.alz.org](http://www.alz.org)
- Find education, support, and caregiving resources at [communityresourcefinder.org](http://communityresourcefinder.org)



Held annually in more than 600 communities nationwide, the **Alzheimer's Association Walk to End Alzheimer's®** is the world's largest fundraiser for Alzheimer's care, support and research.

[alz.org/walk](http://alz.org/walk)



ALZHEIMER'S  ASSOCIATION





**Local Office Palm Desert 760-996-0006**  
**24/7 Helpline 800-232-3900**  
**[www.alz.org/socal](http://www.alz.org/socal)**