



March For Meals Month

WHEREAS, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older;

WHEREAS, the Meals On Wheels Association of America established the National March For Meals Campaign in March 2002 to recognize the historic month, the importance of Older Americans Act Senior Nutrition Programs and raise awareness about senior hunger in America;

WHEREAS, the 2023 observance of the March For Meals campaign provides an opportunity to support Senior Nutrition Programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger;

WHEREAS, volunteer drivers for Meals On Wheels programs in Clearlake are the backbone of the program and they not only deliver nutritious meals to homebound seniors and individuals with disabilities, but also caring concern and attention to their welfare; and

WHEREAS, Senior Nutrition Programs provide nutritious meals to seniors throughout the city and help them to avoid premature or unnecessary institutionalization;

WHEREAS, Senior Nutrition Programs also provide a powerful socialization opportunity for millions of seniors to help combat loneliness and isolation;

WHEREAS, Senior Nutrition Programs in Clearlake deserve recognition for the contributions they have made and will continue to make to our local community.

NOW THEREFORE, the City Council of the City of Clearlake does hereby proclaim March 2023 as March For Meals Month and urges every citizen to take time this month to honor our Senior Nutrition Programs, the seniors they serve and the volunteers who care for them. Our recognition and involvement of the national 2023 March For Meals campaign can enrich our entire community and help end senior hunger in America—*so no senior goes hungry*[®].

Dated this 2nd day of March, 2023

Russell Perdock, Mayor