

SEPTEMBER 2021



Monday	Tuesday	Wednesday	Thursday	Friday
CELEBRATION GRANDPAREN Check out the a calendar for events all m	cun l	1 Taco Casserole Spanish rice Zucchini Fruit	2 Hearty Chicken and Rice Roll Fruit crisp	3 Sloppy Joe French Fries Veggie Blend Fruit
6 Closed Labor Day	7 Smoked Sausage Cabbage Noodles Roll Fruit	8 Birthday Lunch Meatloaf Potato & gravy Baby carrots Fruit Birthday Cake	9 Cowboy Bean Dish Cornbread Baked apples	10 Chicken Strips Tator Tots Peas & Carrots Pudding Fruit cup
13	14	15	16	17
Swedish Meatballs Potato & Gravy Veggie Blend Fruit	Chicken and Rice Casserole Green Beans Fruit Crisp	Baked ham Au Gratin Potato Broccoli Blend Fruit	Roasted Chicken Baked beans Veggie Blend Fruit	Cheeseburger French Fries Peas Fruit
20 Grilled Chicken Breast Rice Mix Veggie Fruit	21 Hot Beef Sandwich Potato & Gravy Carrots Fruit	22 Chicken Fried Rice Broccoli Fruit Cookie	23 Beef Stroganoff w/noodles Veg medley Roll Fruit	24 Crispy Chicken Sandwich Macaroni Salad Pudding Fruit
27 Sausage Patty Scrambled eggs w/veggies Biscuit Fruit	28 Shepherd's Pie Spinach Bran Muffin Fruit	29 Baked Chicken Roasted Potato Peas Fruit	30 Lasagna Casserole Green Beans Garlic Stick Fruit	

Lunch Served 11:30 a.m. – 12:30 p.m. in Dining Room

Substitutions may be necessary due to shipping shortages, weather, other issues, etc.Age 60 and Over; \$3.00 Suggested DonationUnder age 60 \$6.00

WILLIAM N. PENNINGTON LIFE CENTER 952 SOUTH MAINE ST 775-423-7096